



Your one-stop-shop for pre-health news and updates!

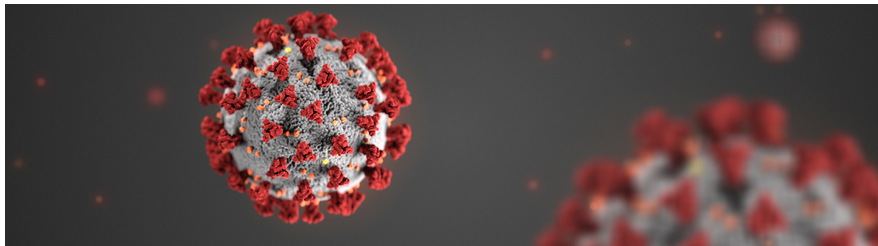


UP Updates

You made it Pre-Health Pilots!!! Thank you for all your patience and grace during this semester with so many transitions. Dr. Flann and Becca want to wish you the very best as you move into summer. We will be around during the summer so feel free to keep reaching out with your pre-health questions! We hope that you and yours are well and safe at this time.

-Becca and Dr. Flann

UP Pre-Health Advisors



[Health Professions COVID-19 Related Links and Information](#)

Please take a moment and look through this page the National Association of Advisors in the Health Professions has put together to **help you easily find the information about how your particular professional program may be affected by COVID-19**. These links are being updated as often as possible so it may be a good idea to bookmark the links that pertain to you for future reference. These links are very important for those of you planning to apply this upcoming cycle to any of these programs.

MCAT UPDATES

Please note that as of today all MCAT tests from March 27th - May 21st have been canceled globally. SOME testing centers have canceled May 29th tests.

MCAT Dates		Score Release	
Jan 12	Jan 18	Jan 12	Jan 18
Jan 19	Jan 25	Jan 19	Jan 25
Jan 26	Feb 1	Jan 26	Feb 1
Feb 2	Feb 8	Feb 2	Feb 8
Feb 9	Feb 15	Feb 9	Feb 15
Feb 16	Feb 22	Feb 16	Feb 22
Feb 23	Feb 29	Feb 23	Feb 29
Mar 2	Mar 9	Mar 2	Mar 9
Mar 10	Mar 16	Mar 10	Mar 16
Mar 17	Mar 24	Mar 17	Mar 24
Mar 25	Mar 31	Mar 25	Mar 31
Mar 31	Apr 7	Mar 31	Apr 7
Apr 8	Apr 14	Apr 8	Apr 14
Apr 15	Apr 21	Apr 15	Apr 21
Apr 22	Apr 28	Apr 22	Apr 28
Apr 29	May 6	Apr 29	May 6
May 7	May 13	May 7	May 13
May 14	May 20	May 14	May 20
May 21	May 27	May 21	May 27
May 28	Jun 4	May 28	Jun 4
May 29	Jun 11	May 29	Jun 11
May 30	Jun 18	May 30	Jun 18
May 31	Jun 25	May 31	Jun 25
Jun 1	Jun 8	Jun 1	Jun 8
Jun 9	Jun 15	Jun 9	Jun 15
Jun 16	Jun 22	Jun 16	Jun 22
Jun 23	Jun 30	Jun 23	Jun 30
Jun 31	Jul 7	Jun 31	Jul 7
Jul 8	Jul 14	Jul 8	Jul 14
Jul 15	Jul 22	Jul 15	Jul 22
Jul 23	Jul 30	Jul 23	Jul 30
Jul 31	Aug 6	Jul 31	Aug 6
Aug 7	Aug 13	Aug 7	Aug 13
Aug 14	Aug 20	Aug 14	Aug 20
Aug 21	Aug 27	Aug 21	Aug 27
Aug 28	Sep 4	Aug 28	Sep 4
Aug 29	Sep 11	Aug 29	Sep 11
Aug 30	Sep 18	Aug 30	Sep 18
Aug 31	Sep 25	Aug 31	Sep 25
Sep 1	Sep 8	Sep 1	Sep 8
Sep 9	Sep 15	Sep 9	Sep 15
Sep 16	Sep 22	Sep 16	Sep 22
Sep 23	Sep 30	Sep 23	Sep 30
Sep 31	Oct 7	Sep 31	Oct 7
Oct 8	Oct 14	Oct 8	Oct 14
Oct 15	Oct 22	Oct 15	Oct 22
Oct 23	Oct 30	Oct 23	Oct 30
Oct 31	Nov 6	Oct 31	Nov 6
Nov 7	Nov 13	Nov 7	Nov 13
Nov 14	Nov 20	Nov 14	Nov 20
Nov 21	Nov 27	Nov 21	Nov 27
Nov 28	Dec 5	Nov 28	Dec 5
Nov 29	Dec 12	Nov 29	Dec 12
Nov 30	Dec 19	Nov 30	Dec 19
Dec 1	Dec 26	Dec 1	Dec 26
Dec 2	Jan 2	Dec 2	Jan 2
Dec 3	Jan 9	Dec 3	Jan 9
Dec 4	Jan 16	Dec 4	Jan 16
Dec 5	Jan 23	Dec 5	Jan 23
Dec 6	Jan 30	Dec 6	Jan 30
Dec 7	Feb 6	Dec 7	Feb 6
Dec 8	Feb 13	Dec 8	Feb 13
Dec 9	Feb 20	Dec 9	Feb 20
Dec 10	Feb 27	Dec 10	Feb 27
Dec 11	Mar 6	Dec 11	Mar 6
Dec 12	Mar 13	Dec 12	Mar 13
Dec 13	Mar 20	Dec 13	Mar 20
Dec 14	Mar 27	Dec 14	Mar 27
Dec 15	Apr 3	Dec 15	Apr 3
Dec 16	Apr 10	Dec 16	Apr 10
Dec 17	Apr 17	Dec 17	Apr 17
Dec 18	Apr 24	Dec 18	Apr 24
Dec 19	May 1	Dec 19	May 1
Dec 20	May 8	Dec 20	May 8
Dec 21	May 15	Dec 21	May 15
Dec 22	May 22	Dec 22	May 22
Dec 23	May 29	Dec 23	May 29
Dec 24	Jun 5	Dec 24	Jun 5
Dec 25	Jun 12	Dec 25	Jun 12
Dec 26	Jun 19	Dec 26	Jun 19
Dec 27	Jun 26	Dec 27	Jun 26
Dec 28	Jul 3	Dec 28	Jul 3
Dec 29	Jul 10	Dec 29	Jul 10
Dec 30	Jul 17	Dec 30	Jul 17
Dec 31	Jul 24	Dec 31	Jul 24

[Registration will open May 7th for the](#)

[updated testing calendar for this cycle.](#)

If your testing date was canceled you will need to log in on May 7th and pick a new date. We recommend you log in as early as possible this day to get your first choice pick for rescheduling.

Also, please note that the AAMC has committed to reducing the processing time for scores from 4 weeks to 2 weeks for this testing cycle.

If you are registered for another type of entrance exam please make sure you are looking for direct communication from the testing company for further instructions during this time.

Are you Taking an Entrance Exam This Year?!

MCAT? DAT? GRE? PCAT? OAT?

If you are taking any entrance exam in the next year please [email Becca](#) and let her know the date you register for and the test you are taking so we can add you to the Pre-Health Testing Calendar! We want to cheer you on as you study and help you find other people who are working towards the same goals to connect with this year. We also want to celebrate with you when you're done - and we don't know when you're taking these tests unless you let us know!

Off Campus Highlights

- [Online Internship - Health Careers Opportunity Program \(HCOP\)](#) - Structured Summer Session 2020 at Creighton University - Health Sciences - Multicultural and Community Affairs
- Interested in DO school? WesternU, PNWU, and ICOM will host a [Multi-COM Information Session on May 8, 2020 from 3-5pm\(PST\) via a Zoom video conference call.](#)
- [See this awesome document that was created cooperatively by members of the National Association of Advisors for the Health Professions with many ideas of things you can be trying during this time](#)
- [You're invited to the 2020 ADEA GoDental Virtual Fair \(#GDVF20\)](#) on Tuesday, May 19 from 11am -6pm PDT!
- [Intern - Access Solutions Patient Journey Guidance and Strategies](#) - apply by 5.1.2020



Alumni Spotlight

While at UP, Katie King worked as a tutor and a swim coach, was involved with neuroscience research, and served in various leadership roles on campus. Katie graduated from UP in 2017 with a BS in Biology with minors in Chemistry and Spanish as well as a BA in Psychology. After graduation, she spent two years scribing in the adult emergency department, pediatric emergency department, adult psychiatric emergency room, pediatric intensive care unit, and outpatient cardiac electrophysiology. She started studying for her MCAT beginning December 2017/January 2018 but says that she “began truly dedicated studying in early March 2018” and then tested in early May 2018. Katie is currently a first-year medical student at OHSU and we wish her all the best & continued success. [Learn more about Katie!](#)



Test Prep Question of the Day

This week's test prep question comes from the MCAT:

Which of the following is true regarding bipolar disorders?

- I. They have little, if any, genetic heritability.
- II. They are associated with increased levels of serotonin in the brain.
- III. They all require at least one depressive episode for diagnosis.

- A. I only
- B. II only
- C. I and III only
- D. II and III only

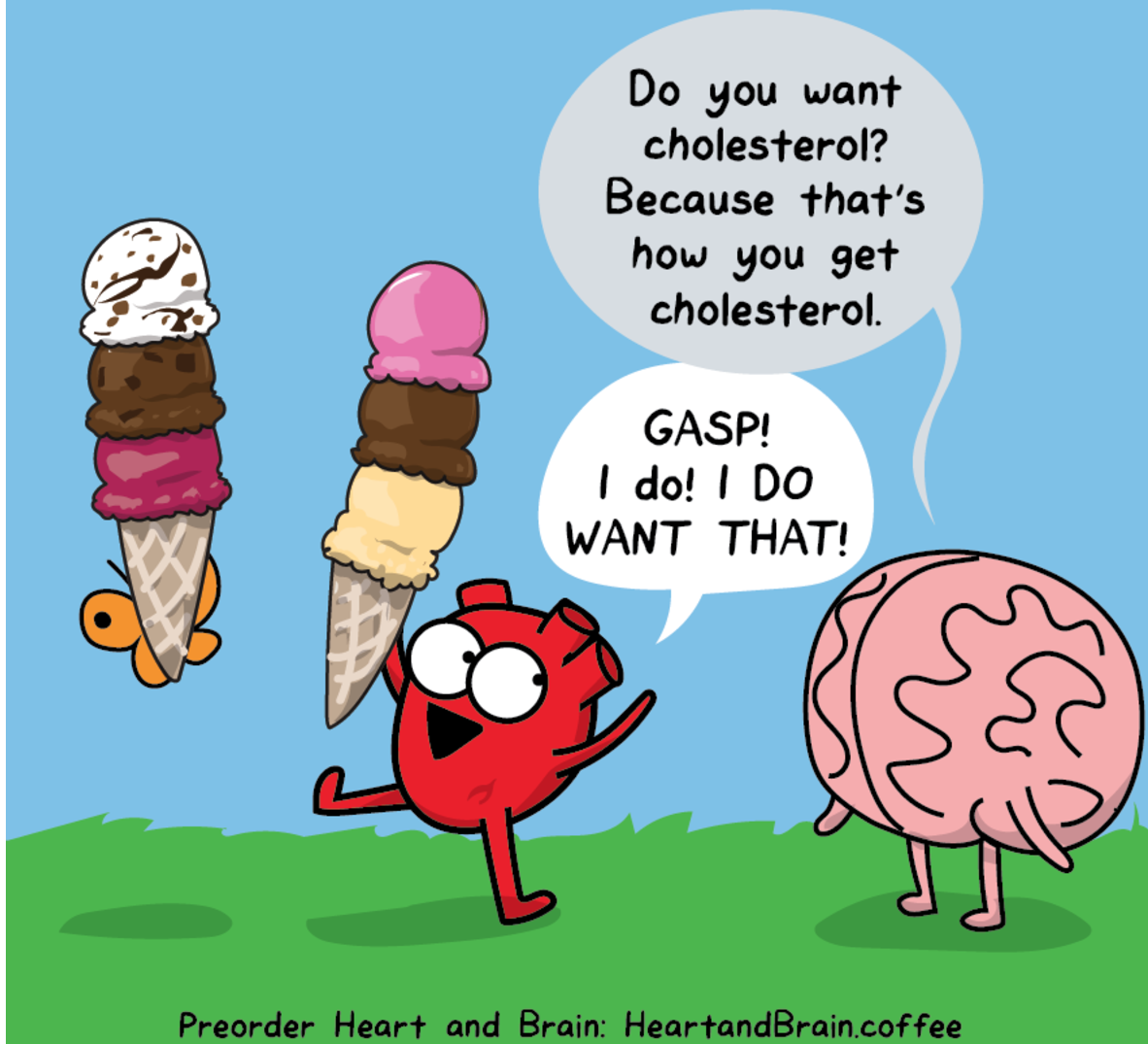
Answer is at the very bottom of the Newsletter!

Questions? Concerns? Need an Advising Appointment? Contact Us!

Becca Henley, Academic Program Counselor CAS, Pre-Health Advisor

Dr. Kyle Flann, Biology Faculty, Pre-Health Advisor

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[MCAT Question Answer: B](#)

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