



Your one-stop-shop for pre-health news and updates!



**Becca and Kyle want to wish each and every one of you a happy, blessed, and safe Thanksgiving holiday!**

## **Are you Taking an Entrance Exam This Year?!**

**MCAT? DAT? GRE? PCAT? OAT?**

If you are taking any entrance exam in the next year please [email Becca](#) and let her know the date you register for and the test you are taking so we can add you to the Pre-Health Testing Calendar! We want to cheer you on as you study and help you find other people who are working towards the same goals to connect with this year. We also want to celebrate with you when you're done - and we don't know when you're taking these tests unless you let us know!

## **Off Campus Highlights**

- **The Summer Health Professions Education Program (SHPEP)** is back! SHPEP is a free six-week summer enrichment program focused on improving access to information and resources for college students interested in the health professions; furthermore, participating students will be awarded a stipend. [The 2021 application is now open!](#)
- **[Paid Caregiver Opportunity](#)** - Part-time opportunity to work one on one with Central Catholic RAM's student who needs assistance with all activities. This would take place at his home in Happy Valley, OR.



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- **Neurotherapeutic Pediatric Therapies**, a non-profit in Portland offering Occupational, Physical and Speech therapies, is looking for [volunteers!](#)
- **[University of Michigan Summer Enrichment Program in Health Management and Policy](#)**  
The goal of this internship is to expose students to populations that experience health disparities and to the responsibilities and activities of health executives who work in organizations that serve low-income populations of color. There is a \$3,000 stipend and free GRE prep course offered!
- **UPREP** offers monthly workshops to underrepresented minority students and other aspiring future applicants who are interested in pursuing a career in medicine (based out of UW in Seattle). Our next session of the year is scheduled on:  
Time: Wednesday, December 2nd, 2020 6-8pm PST  
Location: Zoom! - 553 730 8075 (you will be placed in a waiting room initially)  
[Sign up here to attend!](#)  
**This session's topic will be: The Personal Statement**  
During this session, medical students will be proofreading and editing personal statements, while giving feedback to everyone who joins our session. To accommodate the large number of premeds we expect, we ask that premeds who are interested in receiving feedback on their personal statement (this could be the intro, half a draft, or an entire statement) email us in advance your personal statement [uprepuwsom@gmail.com](mailto:uprepuwsom@gmail.com). These statements will be proofread by medical students prior to the workshop session. We will split participants up into breakout rooms so that medical students can provide feedback to students on their personal statement.
- **The Fred Hutchinson Cancer Research Center (Fred Hutch) hosts a summer internship** that is designed to provide biomedical research experience and mentorship for undergraduate students of rising senior status. The program will run from Monday, June 14 – Friday, August 13, 2021. The application deadline is midnight Pacific Standard Time (PST) on Friday, January 8, 2021.  
[More information can be found on the program's webpage.](#)
- **The Roseman University ASDA Pre-Dental Committee** will be hosting the first-ever [Virtual Pre-Dental Day on December 12th and 13th, 2020](#). This is a great opportunity to learn more about Roseman as well as meet current students and faculty via zoom! Pre-dental students will get the chance to hear advice about admissions directly from the Dean, participate in virtual workshops, learn about Roseman's philosophy, and practice answering mock interview questions.

## Alumni Spotlight

[Erin Faloan](#) is currently an M1 at Creighton University School of Medicine. Like many UP alumni, Erin chose to take a gap year after graduating in 2019. During that time, she spent a year living in Honduras and working with Nuestros Pequeños Hermanos (NPH), an organization that supports the rights of children and people with disabilities. In addition to living on the NPH "ranch" and helping to care for children who live there, she also worked in the community outreach department. Through this position, she had the opportunity to know and serve families living in cities and villages surrounding the ranch. She coordinated a nutrition program for babies 6 months – 3 years, food donations to the Comedor (an NPH sponsored soup kitchen), provided tutoring services at the Comedor, assisted in coordination of scholarship program (meetings, workshops, tutoring, etc), conducted house visits to check in with families in our various programs, and assisted in the development of an under-construction family center. Erin left Honduras in June but will certainly continue to do great things and impact the lives of many more in the future. We wish Erin all the best in medical school and with her future as a physician.



# Test Prep Question of the Day

This week's test prep question comes from the MCAT:

Which of the following characteristics is NOT attributed to antibodies?

- A. Antibodies bind to more than one distinct antigen.
- B. Antibodies label antigens for targeting by other immune cells.
- C. Antibodies can cause agglutination by interaction with antigen.
- D. Antibodies have two heavy chains and two light chains.

*Answer is at the very bottom of the Newsletter!*

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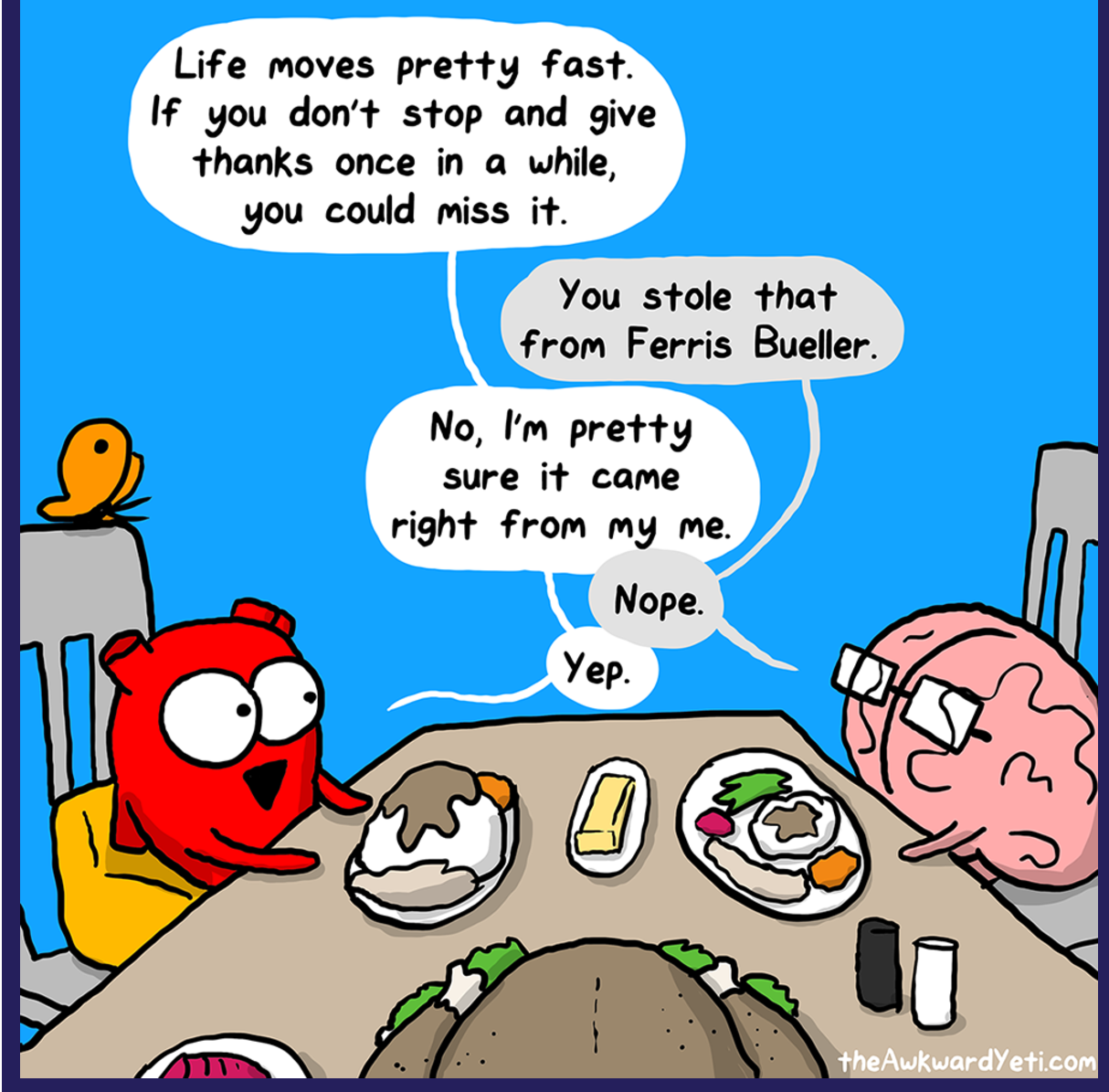
## Questions? Concerns? Need an Advising Appointment? Contact Us!

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MCAT Question Answer: A

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