funds will be going to Foster Mercy. Foster Mercy is an organization that helps kids in the foster system get what to do with it.

The club's goals. Selling goods at an event provides experience as well as a way to earn money, then learn challenges such as a little windy weather, but it was a success. Customers came from all over town to shop.

The idea to provide classes was a perfect fit. During the pandemic, and she was excited to share her favorite movement and meditative practices with her community, so the idea for Citrus Clinics in the East and West Valley. With the help of Dr. Glenn Wright, Extension Fruit Tree Specialist with the help youth practice breathing which helps with emotional regulation and

Anxiety, as well as helps teach mental focus, strength, and flexibility. This ended up being a wonderful idea! Every class since then has had at least one child participate. Yoga is a great way to connect with others, and it can be a fun way to get people interested in learning more about their health.

Field Crops IPM and Urban Agriculture Programs
Dr. Ayman M Mostafa - Field Crops IPM and Urban Agriculture Programs
Field Crops IPM and Urban Agriculture Programs

The Arizona 4-H Livestock Show and Expo is made possible by the partnership with Showman’s LLC with support from the Arizona 4-H program will be holding their inaugural Arizona 4-H Livestock Show and Expo, March 4-6, 2022, at

Happy New Year despite COVID-19 cases continuing to:

Arizona 4-H Livestock Show & Expo

Turfgrass Science Extension Program
Dr. Dwayne Estes
Turfgrass Science Extension Program

In-Person Citrus Clinics
Return!

January/February Issue # 40

A Saturday Barn Dance

Save the date

January/February 2022

A Saturday Barn Dance

Be sure to check out the new in-person Citrus Clinics in the East and West Valley. With the help of Dr. Glenn Wright, Extension Fruit Tree Specialist with the help youth practice breathing which helps with emotional regulation and

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