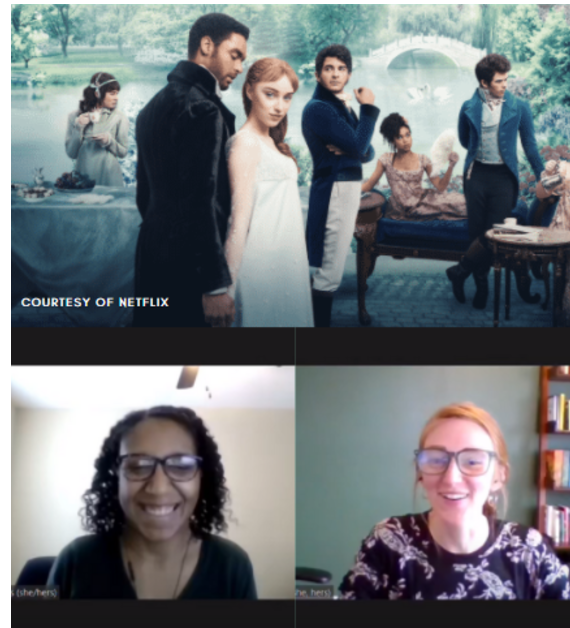




What does "Bridgerton" have to do with violence prevention?

Pop culture is powerful - by choosing what stories to tell and which to ignore. By reflecting society (or failing to), or by shaping norms for the better (or worse). Particularly when it comes to relationships, media can promote healthy actions or reinforce harmful expectations that contribute to the conditions that allow violence to thrive. Our Community Impact Team reviewed the new Netflix show "Bridgerton," and its strengths and shortcomings in addressing relationships, masculinity, accountability, and healing after harm. [Check it out](#), and share your thoughts! Then tell us...



What should we review next?

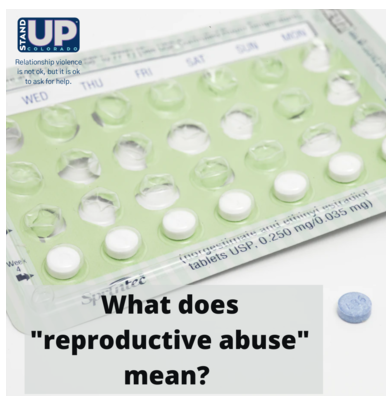
Let us know at communityimpact@violencefreeco.org or in the Youtube comments!

Donate



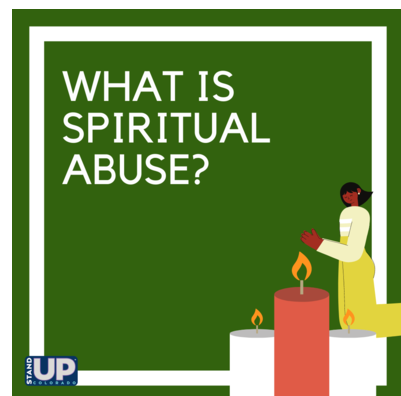
Financial Abuse

One of the more subtle forms of relationship violence, financial



Reproductive abuse

Reproductive abuse involves coercing or controlling decision-



Spiritual Abuse

One of the least talked about forms of relationship violence is

abuse is also the most common. It means using money to maintain power and control over a partner or ex.

Learn more at [1](#), [2](#), [3](#), and [4](#) in our social media series.

making regarding birth control, contraceptives, pregnancy, and childbirth.

Learn the signs at [1](#), [2](#), and [3](#) in our social media series.

spiritual or religious abuse. This involves denying someone the right to practice their own beliefs or forcing them to practice one's own beliefs.

Learn more at [1](#), [2](#), [3](#), [4](#), and [5](#) in our social media series.

You may have noticed our Helpline is down.

Part of our obligation to build trust with communities across Colorado is to be there when we ask people to reach out for help to change their behaviors. Right now, we're falling short.

We're making every effort to get our Helpline running again and connect you to the resources you need. We'll be sure to update you when it's working again.

In the meantime, check out our website at standupcolorado.org. Be sure to explore the "ACCESSIBILITY" button in the top right corner, for a variety of languages and website accessibility tools from [Recite Me](#).

Relationship violence is not ok. It is ok to ask for help.
Stand Up Colorado is a project of Violence Free Colorado.

Share this email:



[Manage](#) your preferences | [Opt out](#) using TrueRemove®

Got this as a forward? [Sign up](#) to receive our future emails.

View this email [online](#).

PO Box 40328 1330 Fox Street, Second Floor
Denver, CO | 80204 United States

This email was sent to .

To continue receiving our emails, add us to your address book.

emma®

[Subscribe](#) to our email list.