Travis County Medical Society

eNews

December 2025

Serving over 4,700 members

MEMBER spotlight



Sydney Chang, MD

Reproductive Endocrinology and Infertility, Obstetrics and Gynecology

Dr. Sydney Chang is family-oriented in more ways than one. When she is not enjoying time spent with her husband and two young children, she is at work, according to Dr. Chang, “helping individuals build the families that they have always dreamt of.” Read more here.



Member Applicants

View information and photos of new TCMS members.



Join us for a festive holiday event where joy comes alive for the entire family!

Date: Sunday, December 7
Time: 9:00 AM - 12:00 PM
Cost: $5.00/per person attending *(no-refunds*)
Location: TMA Building 401 W 15th Street
Parking: Complimentary parking in attached parking garage. Enter off San Antonio and 15th.

Reserve Your Spot Today!

A Message from our TCMS Public Health Committee



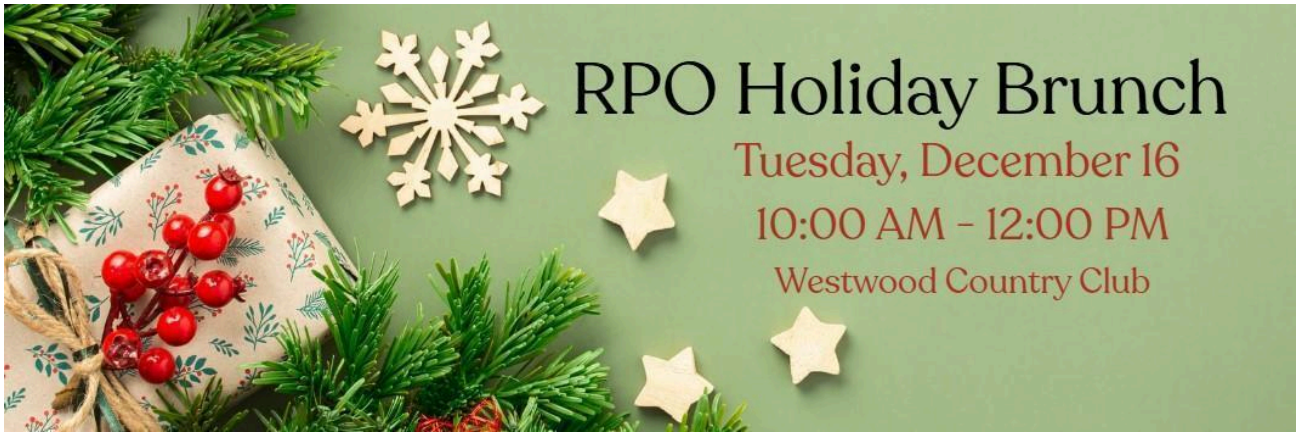
Our physician members have come together to create a short video thanking patients for getting vaccinated!

Visit any of the TCMS social media pages linked below and share the post. Together, we can spread a positive message about protecting our community through vaccination!

Share now using a link below:

Advertisement



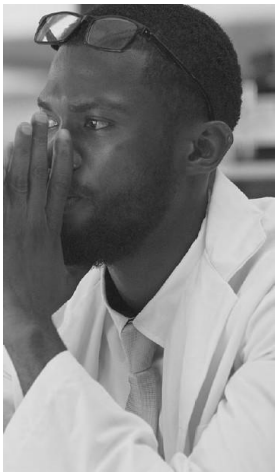


Retired Physicians Organization (RPO) Holiday Brunch

Date: Tuesday, December 16, 2025
Time: 10:00 AM 1 12:00 PM

Place: Westwood Country Club
3808 W. 35th Street Austin, Texas 78703
Cost: $40.00 per person
(non-refundable)

Register Now



The TCMS Physician Wellness Program presents

Break the Silence: Physician Suicide

A Virtual CME Wellness Course

Physicians have easy ways to commit suicide and the knowledge to carry it out successfully. Every year 300 to 400 physicians take their own lives, resulting in loss to patients, families, and the medical community.

This course explains risk factors and warning signs in potentially suicidal physicians. With this knowledge, you could save a colleague's life, or maybe even your own.

Tuesday, December 9, 2025 | 12:00 - 1:00 PM

Virtual - Zoom
Speaker: Cheryl Hurd, MD

Course Objectives:
Upon completion of this course, participants should be able to:

1. Cite the number of physicians lost to suicide annually.
2. Describe the characteristics of major depressive disorder.
3. Identify risk factors for physician suicide.
4. Explain the warning signs of a physician who is suicidal.
5. Recognize the ethical consequences of physician suicide.

CME Credit: *Earn 1 AMA PRA Category 1 Credit*™

Register Now

The Texas Medical Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. TMA designates this live activity for a maximum of *1 AMA PRA Category 1 Credit*. Physicians should claim only the credit commensurate with the extent of their participation in the activity. The Texas Medical Association designates this activity for up to 1 hour in the area of ethics and/or professional responsibility education.

Friends of the Society:

The following information highlights some of our sponsors for 2025 as part of the Friends of the Society program. Their generous contributions allow us to offer networking opportunities, educational resources, family activities, and much more. We invite you to explore their services for your needs.

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– Dr. Jean-Marie Kokou-Abi, Executive Director of Baobab Psychiatry

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