



### Sleepover tips every parent should know

The important questions to ask before letting your kid stay overnight at a friend's house.

[Plan for success ►](#)



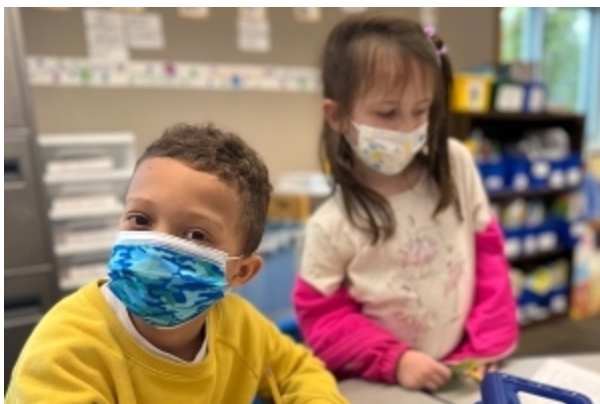
### New and delightful books for everyone on your list

A local librarian shares book ideas and an Icelandic tradition to celebrate the season.

[Jólabókaflóðið ►](#)

---

*Advertisement*



### Open Window School

We nurture and inspire K–8 students of high intellectual potential, with the guiding belief that they are “children first, gifted second.”

[More ►](#)

---

### RSV is on the rise

This common virus usually causes a cold, but it can be more severe for some. Here are the signs to watch out for.



[How to protect your kid ►](#)

---

*Advertisement*



### **Starting a family?**

Our family medicine with obstetrics doctors can provide care for you, your baby and the whole family to deliver personalized, holistic health care.

[More ►](#)



### **The reason for the season**

Our November issue focuses on family, fun and (comfort) food. Discover top gift picks from a local toy whisperer and explore ideas for giving back as a family.

[Read it now ►](#)



### **Cultivating confidence**

A veteran educator on what skills middle schoolers need to master and how parents can help.

[Get ready ►](#)

Sponsored by [University Prep](#)



# 3 things to do with kids this week

1. Bundle up the kids and visit this [unique and creative playground](#) that features art you can climb on!
2. Light up a dark and dreary night with a trip to one of these [glorious light displays](#).
3. Kick back with a cold one while the kids play at one of these family-friendly [breweries, wineries and cideries](#).

[MORE FUN THIS WEEK ►](#)

*Advertisement*



## 'Peppa Pig's Adventure' live at McCaw Hall

December 6, join Peppa and her friends and family on their outdoor adventure in this exciting musical experience. Perfect for the entire family!

[More ►](#)

## Popular now



**A doctor on how to talk to kids about school shootings**



**Keep the kids busy with these easy Thanksgiving crafts**

[LATEST READS](#)



**ParentMap**  
7683 SE 27th St. PMB #190  
Mercer Island, WA 98040

Manage your [preferences](#). | [Opt out](#) using True Remove™.  
Got this as a forward? [Sign up](#) to receive our future emails.  
View this message [online](#).

[Subscribe](#) to our email list.