Parenting tips, tools + news



Sleepover tips every parent should know

The important questions to ask before letting your kid stay overnight at a friend's house.

Plan for success ▶



New and delightful books for everyone on your list

A local librarian shares book ideas and an Icelandic tradition to celebrate the season.

Jólabókaflóðið ▶





Open Window School

We nurture and inspire K-8 students of high intellectual potential, with the guiding belief that they are "children first, gifted second."

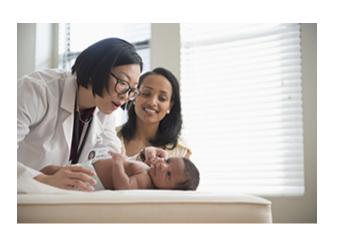
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RSV is on the rise

This common virus usually causes a cold, but it can be more severe for some. Here are the signs to watch out for.



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Starting a family?

Our family medicine with obstetrics doctors can provide care for you, your baby and the whole family to deliver personalized, holistic health care.

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The reason for the season

Our November issue focuses on family, fun and (comfort) food. Discover top gift picks from a local toy whisperer and explore ideas for giving back as a family.

Read it now ▶



Cultivating confidence

A veteran educator on what skills middle schoolers need to master and how parents can help.

Get ready ▶

Sponsored by University Prep



3 things to do with kids this week

- 1. Bundle up the kids and visit this **unique and creative playground** that features art you can climb on!
- 2. Light up a dark and dreary night with a trip to one of these glorious light displays.
- 3. Kick back with a cold one while the kids play at one of these family-friendly breweries, wineries and cideries.

MORE FUN THIS WEEK ▶

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'Peppa Pig's Adventure' live at McCaw Hall

December 6, join Peppa and her friends and family on their outdoor adventure in this exciting musical experience. Perfect for the entire family!

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Popular now



A doctor on how to talk to kids about school shootings



Keep the kids busy with these easy Thanksgiving crafts











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