The University Chaplaincy is a dynamic hub supporting religious, spiritual, ethical, and cultural life for all members of the Tufts community. Our mission is to foster an inclusive and diverse community where all can engage in meaningful conversations about faith, values, and the human condition. Throughout the year, we offer a variety of programs and services designed to meet the spiritual and intellectual needs of our community. Whether you are seeking to deepen your personal faith or simply want to learn more about the religious traditions of others, the University Chaplaincy is here for you.

Learning to Walk with God in the World: Online Retreat Hosted by the Episcopal Diocese of Massachusetts

This retreat, which will be held via Zoom, focuses on the theme of spiritual discernment. Participants will learn how to use practices of discernment, which "help us listen to our lives and sort out where the Holy Spirit may be active." The theme of the retreat is Learning to Walk with God in the World and it will focus on helping participants reflect on the uses and limits of mysticism in shaping contemporary religious experience. This course is cross-listed with the course "The Mystical Enterprise: From Early Judaism to Early Christianity," which will explore the development of mystical ideas and doctrines from Biblical texts to contemporary sources. When applicable, it will situate these ideas within the larger context of Jewish, Christian, and Islamic mystical traditions.

This course serves as a broad overview of the intellectual history of Jewish Mysticism and Kabbalah. It will introduce students to the major figures and texts of Jewish mysticism, as well as the conflict between mysticism and rationalism. Finally, it will invite the student to reflect on the nature of the mystical experience and its place in contemporary culture.

In this acute moment, building and nourishing relationships is vital to good health and wellbeing. This 10-week program offers a unique opportunity to participate in a dynamic and engaging group where you can learn to listen actively with others. The session will be Thursday, September 17. It is led by Lynn Cooper, a trained social work therapist and psychoanalyst with expertise in group work. Lynn will guide the group through the process of forming trust and learning to support each other. Each week will include small group discussion, sharing of reading and experiences, and group exercises to help you have a well-rounded experience during your time at Tufts. This semester, workshops include: Planning Your Own Retreat, Creating Your Own Sanctuary, and Being Present and Engage.

Please note: Ask a Counselor is not meant for students who are in crisis or are having active thoughts of self-harm. For more information about any of the offerings listed, please visit the University Chaplaincy website.

For Zoom links to any offering listed above, please visit our website.

Rooting Out Racism: An Online Retreat for White Christian Folks

Rabbi Naftali Brawer, Jewish Chaplain

In this online retreat, we will explore the ways in which racism manifests in our lives and in our institutions. We will examine our history and values, and consider how we can work towards creating a more just and inclusive society. The retreat will be held on September 11 at 10 am. All are welcome.

As Africana Spirituality Advisor, Azmera says "I am eager to operate at the nexus of spirituality, creativity, and transformative justice, she is dedicated to liberation and justice among the Afro-diasporic community. Azmera works with the University Chaplaincy to provide opportunities for nourishing the mind, body, spirit and soul. She is committed to passion and compassion for the imperfect, the flawed, the vulnerable and the marginalized. Azmera brings a deep commitment to the work of healing and liberation and justice of the Afro-diasporic community. She is passionate about creating space for healing and growth and is committed to building relationships with the Tufts community in spiritual and relational ways. As Africana Spirituality Advisor, she is committed to providing resources, support and opportunities for the Tufts community to connect with the work of healing and liberation.

For more information about any of the offerings listed, please visit the University Chaplaincy website.

For Zoom links to any offering listed above, please visit our website.

Resources, Scholarships, and Opportunities

For more information about any of the offerings listed, please visit the University Chaplaincy website.

For Zoom links to any offering listed above, please visit our website.

JumboVote

JumboVote is an initiative that promotes voter engagement on campus. This year, JumboVote has an updated website with resources and information about how to register to vote and cast your ballot. In addition, just as the voting process has been adapted to allow for more flexibility this year, JumboVote has updated its offerings to meet the needs of students and employees. The JumboVote team is committed to ensuring that all students and employees have the opportunity to participate in the electoral process and make their voices heard. For more information about JumboVote, please visit their website.

Subscribe to our email list.

Let us help you have a well-rounded experience during your time at Tufts. This semester, workshops include: Planning Your Own Retreat, Creating Your Own Sanctuary, and Being Present and Engage.