Sunday, 9.20.2020

Mabon

Rosh Hashanah

Tradition: Zoroastrianism

Offered free of charge to all participants thanks to the Young Adult Ministries budget of the Diocese of Boston. Kathy Staudt, a college and seminary teacher, spiritual director and writer, will facilitate the event. This event is a brief time of prayer at 12:30 followed by virtual office hours on Mondays and Wednesdays. Please feel free to drop in any time.

Register by September 25

Gain practices of discernment, which "help us listen to our lives and sort out where the Holy Spirit may be active." Dr. Janet DiMaria-Gomez will lead participants to reflect on the uses and limits of mysticism in shaping contemporary religious experience. This course is cross-listed with History and Religion 2000 and social work 3000. The last session will be Friday, September 25. For more information, contact chaplains@tufts.edu

"Friendship is intimate and ordinary. It can also be revolutionary." - Walker Bristol, Humanist Chaplain

Join the Humanist Community at Tufts for their weekly moment of reflection: "Rests in his beauty on the water, and the great heron feeds. And I wake in the night at the least sound in fear of what my life and my children's lives may be, - Wendell Berry"

Antiracist Learning Series: Rooting Out Racism: An Online Retreat for White Christian Folks

Launching in October; dates and times to be determined

In this acute moment, building and nourishing relationships is vital to good health and wellbeing. This 10-week retreat will offer a place to share about how we are navigating this time, as we consider the practices of community, care, and healing. We will think about the history and structures of racism in the United States, the ways that white people have been implicated in racism, and the skills needed for us as white people to work toward healing. The group will meet over the course of five weeks in small groups facilitated by Catholic Chaplain Lynn Cooper and Protestant Chaplain Dan Bell.

You can find more information about our weekly gatherings and student group meetings on our website and also find the Zoom links for each event there. If you have an idea for how University Chaplaincy programming can support you, please reach out. We are here for you.

Information Contact:

Michael Winter, Executive Director of Tufts Hillel

Are not sure about counseling and wonder what it's like to speak with a counselor, or have specific questions about counseling and mental health? Check out the Ask a Counselor blog. To request an Ask a Counselor appointment, visit the Ask a Counselor online link to learn more about Ask a Counselor and CMHS.

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About the College and University Chaplaincy:

The University Chaplaincy is a dynamic hub supporting religious, spiritual, ethical, and cultural life for all members of the Tufts community. All students, faculty, and staff are welcome and supported regardless of their religious, spiritual, or philosophical beliefs.

The University Chaplaincy offers spiritual care to all Tufts community members through the provision of person-centered care to individuals, small and large groups of people, and the Tufts community at-large.

The Chaplains and staff of the College and University Chaplaincy have contributed to the program offering a diverse array of spiritual practices, including nature walks, interfaith gatherings, virtual crafting, and discussions focusing on racism, social and political issues, and other relevant topics.

The chaplains have created a space that fosters inclusivity and respect for all people and their beliefs.

For more information contact chaplains@tufts.edu