The Career Development Center and the Office of Alumni Relations are excited to announce the WCU Weekend "Life Hacks"

For more wellness tips, check out the Office of Wellness Promotion website. If you have any questions, please feel free to reach out to us at housing@wcupa.edu or 610-436-3307.

If you have any questions, please feel free to reach out to us at housing@wcupa.edu or 610-436-3307.

As flu season continues, it is important to encourage your student to do the following to prevent the flu:

- Get the flu shot.
- Eat balanced vitamin-rich meals.
- Wash their hands for at least a full 20 seconds.
- Exercise regularly and wipe down equipment after use.
- Wash their sheets and towels weekly.
- Get at least 8 hours of sleep.

West Chester University is committed to creating and maintaining a campus environment where safety, health and well-being are key priorities. Three years ago, I convened a task force to ensure that we are accomplishing this goal. That task force has developed a sexual misconduct and violence prevention strategic plan that addresses policy, protocol, procedures and prevention.

To view the complete Sexual Misconduct & Violence Prevention Task Force Report, one can visit the Office of Parent and Family Relations website. Lexie McCarthy, Director of Parent and Family Relations, can be reached at AMcCarthy@wcupa.edu.

Greetings Ram Fam!

Lexie McCarthy, Director
Office of Parent and Family Relations

We love to see new faces and appreciate feedback to make satisfying experiences for all. The Student Activities Council provides fun-filled events throughout the year (mostly) free to students. We encourage students to attend these events and provide feedback to ensure continued growth and improvement.

The office of Parent and Family Relations is here to assist you with any needs or concerns you may have. Your preferences will be maintained and used only for Ram Fam Monthly communications. To unsubscribe, please visit the Physician Assistance Spring 2020 Calendar page on the West Chester University website or contact the Office of Parent and Family Relations directly.

Important Dates and Deadlines

- March 24 - Important Dates and Deadlines
- March 27 - Students notified regarding North Campus eligibility
- March 20 - North Campus Traditional Applications due, 11:59 p.m.
- March 20 - North Campus deposit waiver applications due, 4:00 p.m.

To view the complete Sexual Misconduct & Violence Prevention Task Force Report, one can visit the Office of Parent and Family Relations website. Lexie McCarthy, Director of Parent and Family Relations, can be reached at AMcCarthy@wcupa.edu.

To view the complete Sexual Misconduct & Violence Prevention Task Force Report, one can visit the Office of Parent and Family Relations website. Lexie McCarthy, Director of Parent and Family Relations, can be reached at AMcCarthy@wcupa.edu.

To view the complete Sexual Misconduct & Violence Prevention Task Force Report, one can visit the Office of Parent and Family Relations website. Lexie McCarthy, Director of Parent and Family Relations, can be reached at AMcCarthy@wcupa.edu.

Please note that the Office of Parent and Family Relations is committed to maintaining your privacy and ensuring that your preferences will be maintained and used only for Ram Fam Monthly communications. To unsubscribe, please visit the Physician Assistance Spring 2020 Calendar page on the West Chester University website or contact the Office of Parent and Family Relations directly.