call the Counseling Center (610-436-2301). 

If a student is experiencing a life-threatening mental health emergency during business hours, they should call the Counseling Center (610-436-2301) on the same day they are triaged. Unlike in previous years where students walked-in for counseling, the Counseling Center will be offering online counseling services to enrolled students.

In these uncertain times, it is normal to experience increased feelings of stress, anxiety, depression, and loneliness. It is important to take care of your mental health. If you are experiencing these feelings, please reach out to the Counseling Center for support.

We hope you'll continue to rely on WCU as your home away from home. As always, please reach out to the WCU community if you or your Golden Ram need any help. We are here to support you.