In these uncertain times, it is normal to experience increased feelings of stress, anxiety, depression, and other mental health concerns. As the university continues remote instruction in fall semester, the Counseling Center is here to help.

If your student's call is not answered, please leave a message and we will return your call as soon as possible. If your student needs to talk to someone immediately, please call the Counseling Center (610-436-2301). (Monday – Friday from 8:00 a.m. – 4:00 p.m.)

We encourage students to call earlier in the day to reserve their timeslot for that afternoon. Interested in scheduling a triage appointment? These appointments are on a first-come, first-served basis, so we encourage students to call the Counseling Center (610-436-2301) on the same day they are interested in scheduling a triage appointment.