



Welcome to San Diego Unified's
Recycling & Zero Waste Newsletter
****October 2021 Edition****



Welcome to the **October 2021** edition of the Recycling & Zero Waste newsletter for San Diego Unified teachers, staff, students, parents, and volunteers! Wow, it's sure good to be back in full swing!



This newsletter is designed to provide information and updates to the SDUSD community regarding waste diversion, recycling, composting, funding opportunities, environmental education resources, and other relevant information.

Check out the resources and information in this newsletter to give you ideas and inspiration!

- School Gardens / Free Mulch
- FOCUS on Composting
- October is Energy Awareness Month
- Grants/Contests/Other Opportunities
- October Dates to Remember
- Environmental Education Resources
- Other Resources

[Visit our Website](#)

SCHOOL GARDENS / FREE MULCH
Resources & Information

FREE MULCH

Free mulch is available to schools through the District's contract with Republic Services. Many schools use mulch in and around their school gardens to suppress weeds, help retain moisture, and beautify the grounds. There is a 5 cubic yard minimum quantity and deliveries are typically made on the first and third Thursdays of the month. Click [here](#) for more information and to schedule a delivery for your school.



FREE MULCH!

Available to SDUSD Schools

Schools in San Diego Unified School District can receive FREE mulch as part of the District's contract with Republic Services, our waste and recycling hauler.

Minimum order of material is five (5) cubic yards.




7 Ft. High Garage Door
10 Cubic Yards
6 Ft. Max
5 Cubic Yards

Photo is for quantity illustration purposes only and does not depict actual product available. Photo credit: mulchcenter.com

Deliveries can be made on the 1st and 3rd Thursdays of each month. Request deadlines are Mondays by noon. A site contact person with a cell phone must be available to direct where to unload the material. A minimum gate width of ten (10) feet is needed for deliveries.

If you're interested or have any questions, please contact Janet Whitfield, Environmental Specialist, at jwhit@edusd.net



SCHOOL GARDENS

The District's Farm to School Program Specialist, Janelle Manzano, has an abundance of resources for those interested in developing or enhancing school gardens, including a monthly [e-newsletter](#). She also coordinates quarterly gatherings (currently held on-line) for school garden coordinators and others interested in the Farm to School (F2S) movement. F2S includes: 1) local food in the cafeteria, 2) school gardens, and 3) nutrition education. For videos and information on nutrition, virtual field trips, garden activities, and more, access the [Farm to School Video Library](#). For more information, contact Janelle at jmanzano@sandi.net.

FOCUS ON COMPOSTING

Resources & Information Available



CAFE' TO COMPOST

Many schools are taking their school composting efforts to the next level through the Café to Compost



program. Is your school ready? Café to Compost is a program to collect leftover fresh fruit and vegetables from your school's café for composting in your school garden. Click [here](#) for more information.

SCHOOL COMPOSTING GUIDES

There are a lot of resources on how to compost at school. To get you started, the District has developed a "[Composting at SDUSD Schools Best Practices](#)" guide. Additional guides and resources can be found by clicking on the links below:

Guides:

- [Guide to Composting Onsite at Schools](#) (Institute for Local Self-Reliance)
- [Compost Your Way](#) (Kids Gardening)
- [Compost Guide for Chicago Public Schools](#)
- [A Guide to Starting a Composting Program in Your School](#) (Green Mountain Farm to School)

How-to & Educational Videos:

- [How to Compost](#) with Jeff (Solana Center - San Diego County)
- [The Compost Story](#) (Kiss the Ground)
- [Kiss the Ground Documentary](#) (Kiss the Ground)
- [Composting for Kids](#) (Highfields Center for Composting)

Local Resources:

- [Solana Center](#) – Check out their [composting & gardening page](#) for information on webinars, trainings and [resources](#) related to composting, recycling, and green living!
- [Master Gardener Association of San Diego County](#) – Information and resources on gardening and composting. Click [HERE](#) for more information.

INTERNATIONAL COMPOST AWARENESS WEEK
POSTER & VIDEO CONTEST



Know any creative students who'd like to help spread the word about the benefits of composting? Encourage them to enter this year's International Compost Awareness Week (ICAW) poster and video contests!

The contests are open now through Nov. 1, 2021.

All entries should highlight the theme of ICAW 2022: *Recipe for Regeneration: Compost*. ICAW is May 1-7, 2022.

Poster contest: Anyone in 9th grade (age 14) or older may enter. The winning poster will be reproduced and distributed to thousands nationwide to promote ICAW and will be featured on the Compost Research & Education Foundation website and the US Composting Council website. The winner will receive a \$500 prize.

Video contest: Anyone in grades 4–8 or ages 10–13 may enter. Videos must be 30 seconds or less. All video entries will be shown on the ICAW YouTube channel. The winning video will be highlighted on the ICAW website. The winner will receive a tablet.

Learn more [HERE](#).



OCTOBER IS NATIONAL ENERGY AWARENESS MONTH

Check out these Resources & Challenges

National Energy Education Development (NEED) - Each year, the U.S. Department of Energy designates October as Energy Awareness Month. During the month, many schools undertake energy efficiency and conservation activities. These classroom activities connect well to student homes and schools. Using energy wisely makes sense – both for the environment and for economics.

This month, consider teaching about the energy sources we use and how to use them more efficiently using NEED activities. Click [HERE](#) for more information and resources.

Climate Superstars Challenge (Oct. 1-31) - An online environmental

challenge from the National Environmental Education Foundation (NEEF) that gets kids in **grades 6-8** excited about the environment (climate and energy), provides fun activities, and offers a chance to win one of six vouchers for \$5,000 worth of Samsung products — what's not to love about that? Find more information at:

[Climate Superstars Challenge](#)



More Energy Education Resources

For the **elementary** classroom: [Energy Kids](#) offers engaging online activities including puzzles, riddles, and virtual experiments and field trips.

Also check out [Project Green Schools Energy Pathway](#) for links, videos, and more resources.

For **high school** classrooms: PBS Nova offers a [Research Challenge](#), for students to use scientific data to design renewable energy systems for cities across the U.S.

[CLEAN \(Climate Literacy & Energy Awareness Network\)](#) provides a collection of 700+ free, ready-to-use learning resources rigorously reviewed by educators and scientists suitable for secondary through higher education classrooms. New resources are available for elementary grades, too!

GRANTS/CONTESTS/OTHER OPPORTUNITIES

[Redford Center Stories:](#) Redford Center Stories invites **young people (particularly those in 5th-12th grade)** to join a journey of learning that builds confidence for learning across any subject, and puts them in the **director's seat** to discover and articulate their wisdom as authors of humanity's collective narrative. As well as digital materials, and a year-long interactive online learning community, this project provides creative/design mini-challenges to help students explore their local and global environment, and support for helping students create **90-second Apple Clips films** about an **aspect of environmental justice** that is particularly meaningful to them. [Sign up](#) now for information on how to participate!

[Earth X Young Filmmakers Contest:](#) Students in grades 3 through age 25 can submit short videos in a variety of formats and topics. Entries should identify a current problem and how you propose we solve this problem as a community with the goal of sustainability. There are cash prizes and scholarships for the winners! **Deadline: Jan. 5, 2022**

California K-12 students. They provide educators with a free standards-based curriculum that teaches history and science through an environmental Lens.

California Environmental Literacy Initiative – The California Environmental Literacy Initiative (CAELI), led by [Ten Strands](#), works statewide with guidance from a leadership council to create systems change in support of environmental literacy with a focus on access, equity, and cultural relevance for all students.

Green Schools National Network - The start of a new school year is a great time to revisit and update your teaching practices and curriculum. Check out the ideas and articles for tips, strategies, and resources for incorporating sustainability topics in K-12 curriculum.

OTHER RESOURCES

Composting at San Diego Unified Schools - Best Practices

Check out Composting Best Practices for schools in San Diego Unified [here](#). This helpful guide includes great information and resources about bringing composting programs to your school.

Nutrition Education Resources - San Diego Unified

Check out Food & Nutrition Services webpage [here](#) for videos, curricula, books, and links to help bring nutrition education to your classroom!

To sign up to receive the San Diego Unified Food & Nutrition Newsletter, click [here](#).

SDUSD Recycling Program
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