

December 2020 News & Events



Emery's Progress

By Kristina Rasmussen

When social distancing started in March, I had significant anxiety for my son Emery. He has bipolar disorder and autism. My husband Mike and I, the Walla Walla school district teachers, therapists, and medical professionals have worked hard to support him so he can live to his fullest potential.

[Read More](#)

For more family stories, please visit our Parent to Parent page:

[Parent to Parent](#)

A Note from Parent to Parent

Seasons Greeting Families! 'Tis the season to be jolly. I love Christmas time with the lights and decorations, anticipation, and excitement from the kids. But it can also be a time of pressure, depression, and a feeling of utter overwhelm. This year especially it is important for you to take a step back and slow down a bit. Remember that the kids will enjoy the memories made more than what is under the tree. Take a drive to look at lights around town, walk downtown in the evening with Heritage Park decorated by the City, play board games, watch the feel good Christmas movies, but most important take time to breathe, to have a good cry if you need to. Reach out to a friend, or Parent to Parent staff, ask for help. You are not

alone! We are here for you and no feeling or problem is too big to solve with a little help from your Parent to Parent family.

~ Angie and Ysabel

Holiday Party

Wednesday,
December 9, 2020
6:00 pm



Bundle up and join us at the
Milton Freewater Drive-In

for a special showing of the movie "Elf" and a surprise visit from Santa Claus.

Upload a photo of your family and/or a holiday message to be shown on the big screen before the movie starts.

[More Information & RSVP](#)

[Upload a photo and/or message](#)



BINGO Fun!

December 21, at 4:00 pm

RSVP to receive your BINGO cards and join the fun!

[RSVP and get your cards](#)

Basketball 2021

Deadline to register is December 31

Basketball will look a lot different this year, but we hope you participate!

Information & Register for Basketball



Walla Walla Public Schools Winter Break Free Meals - pre order by Dec 11th

Walla Walla Public Schools
Developing Washington's Most Sought-After Graduates

WINTER BREAK FREE MEALS

❄️ WWPS will be providing FREE meals during winter break! ❄️

Meals are available to ALL children ages 1-18!

What steps do families need to take to receive these meals?

1) Families NEED to pre-order* meals by 12/11/2020 @ 4:00 p.m.

LATE FORMS WILL NOT BE ACCEPTED!

*Pre-order forms will be available 11/16/2020!
- Online Forms will be available at wwps.org
- Paper Forms will be available at WWPS meal sites (11am-1pm)

2) Families will pick up meals: Saturday, 12/19/2020 from 10:00-5:00 p.m. at Support Services (1174 Entley Street)

MENU: Cheese Pizza, Corn Dogs, Bean & Cheese Burrito, Carrots, Apples, Oranges, Fruit Cups, Muffins, Cold Cereal Bowls, Bagels w/ Cream Cheese, Orange Juice Cups, Milk



This institution is an equal opportunity provider.

Questions?
Call 509-527-3016
or 509-526-6789

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Food Resources in Walla Walla County

Food Resources in Walla Walla County

BMAC Food Bank (509)529-3561

921 W. Cherry St.
1:00 PM - 4:00 PM on 3rd Thursday
each month

- Commodity Supplemental Food Program (CSFP) food distribution
- Only for seniors 60+
- Applications available at the main office or the food warehouse

Pantry Shelf (509)526-4169

325 S. 1st Ave.
W/F 12:00 PM - 2:00 PM

Salvation Army (509)529-9470

827 W. Alder St.
M/T/W/R 9:00 AM - 12:00 PM
& 1:00 PM - 3:30 PM

St. Vincent de Paul (509)525-3903

308 W. Main St.
M/W/F 9:30 AM - 11:45 AM

BMAC Mobile Food Banks (509) 529-3561

No food card, appointment or documentation needed for mobile food banks.

Walla Walla - Each Friday from 5:00 PM - 7:00 PM:
BMAC Food Bank, 921 W. Cherry St.

Prescott - Each Tuesday from 10:00 AM - 11:00 AM:
Railroad Avenue, Between the Grain Silos

Burbank - Each Wednesday from 9:00 AM - 11:00 AM:
Burbank Grange, 44 N 4th

Touchet - Each Wednesday from 1:00 PM - 2:00 PM:
Pomona Grange, 1st and Touchet-Gardenna Rd

Week at a Glance

Mondays: St. Vincent de Paul 9:30-11:45 AM; Salvation Army 9 AM-12 PM, 1-3:30 PM

Tuesdays: Prescott BMAC Mobile Food Bank 10 - 11 AM; Salvation Army 9 AM-12 PM, 1 - 3:30 PM

Wednesdays: Burbank BMAC Mobile Food Bank 9 AM- 11 AM; Touchet BMAC Mobile Food Bank 1 PM- 2PM; Pantry Shelf 12 PM - 2 PM; St Vincent de Paul 9:30 AM - 11:45 AM

Thursdays: Salvation Army 9 AM - 12 PM, 1 PM -3:30 PM

Fridays: Pantry Shelf 12 PM - 2 PM; St Vincent de Paul 9:30 AM - 11:45 AM;
Walla Walla BMAC Food Bank 5 PM - 7 PM

Parade of Lights Driving Tour

For those who want to participate in the driving tour to see all the beautiful lights and decorations, a route map will be available on December 2.

[More Information](#)

Watch this 5-minute video that shows tools and how to find information on our website (www.vdn.org)



New Addition to our Website!

We have added a list of children's books (divided by reading level from easy reader to young adult) that feature characters with disabilities. This new section can be found under the Resources Tab, in the Education Section. It is by no means an exhaustive list, just a starting point to begin exploring.

[Check it out!](#)



Monthly Activities & Events

[See Calendar of Events](#)

Mamas Especiales

Fridays, Dec 4 & 11 - 1:00 pm. Spanish Speaking Support Group.

No December Autism Family Meeting

Looking for help due to Covid-19 (Coronavirus)?

[Covid-19 Resources](#)

Did you miss the Legislative Meet & Greet on November 12th? We have it on video!

[Watch the Legislative Meet & Greet Recording](#)



Do you know how to contact your legislators?

Share your story with your elected officials.

They need to know how their decisions affect your life.

[Find my representatives here](#)

Children & Youth with Special Health Care Needs Family Assistance Program

[Details & How to Apply](#)

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