# the COLORADO CHAPTER

# Sept. 2019

news from your local nonprofit for all bleeding disorders

PROGRAM & EVENT CALENDAR

## On September 24th we **UNITED**

Thank you to ALL who joined us on September 24th, 2019 at Sloans Lake for the Unite for Bleeding Disorders Walk!

Together we collectively have raised of **$69,500!** Your participation enables us to continue pushing forward with programming that supports community members. As the only organization to support individuals with bleeding disorders in Colorado, it is our responsibility to ensure our community has the resources it needs to be happy and healthy.

With this in mind, I am challenging you to help us achieve our overall goal of $70K! Share your story through social media and email to help push us over the limit. **The team or individual who does will receive a 2019 UNITE PRIZE PACK!** With your support we KNOW that we can accomplish this goal! For any questions, please email hbeary@hemophilia.org.

## Women's Wellness Retreat

## October 13th 2019

***Washington Park Boathouse***
***South Franklin Street Denver, CO 80209***

***Registration, Breakfast and***
***Exhibits begin at: 9:00AM-10:00AM***

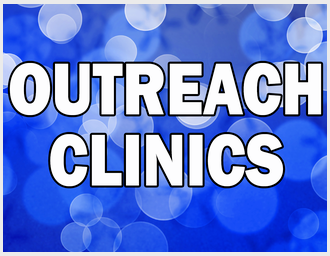
***REFUNDABLE REGISTRATION FEE OF $25***

For ALL women who are affected, carriers or caregivers! This is an opportunity for you to build stronger connections within your bleeding disorder community while being pampered and to practice mind, body and self care methods!

Join us for a small continental breakfast, lunch and hands on crafts to take home! Not to mention some relaxing yoga on the lawn.

**RSVP today!**

For More Info and Registration




## Grand Junction Outreach Clinic

**September 25th-27th**
**Western Colorado Pediatric Associations Clinic**

If you do not live in the Denver Metro area, this Outreach Clinic might be a great option for you and your regular comprehensive care! The HTC Outreach Clinics offer care and support from our medical, nursing, physical therapy, psychosocial, and research teams. Have the experts come to you!

We will also be hosting fun and interactive dinners on Wednesdsay the 25th and Thursday the 26th. You're invited to join us and your community for a fun networking experience! We encourage you to RSVP to help ensure enough food to go around!

***More information to come on the FREE Community Dinners!***

RSVP Grand Junction Community Dinners

## Join us for Backpack + Bleeders Hike!

### Saturday September 14th

### 8:30AM Lair O' The Bear

You, your family and friends are invited to join us Saturday September 14th at Lair O' The Bear Park! Join us as we kickoff the Backpack + Bleeders Program with this family friendly hike for the 2019/2020 season!

Here we are excited to bring you education brought to you by your trusted HTC before heading out on this easy to mild hike. There are two hike options: The 1.2 loop, Bruin Bluff Trail and 0.2 out and back Caster Cutoff Trail. Both trails are stroller friendly. There will be light snacks offered, but you are encouraged to eat breakfast before joining us.

If you're traveling with youngsters, keep an eye out at the 3/4 -1-mile mark. The Dunafon Castle is a real treat, especially for kids (of all ages!) with a vivid imagination. Originally constructed as a private residence in 1941, the castle has captivated visitors for decades. A drawbridge crossing the creek, the moat-like appearance of Bear Creek, and the authenticity all give visitors a feeling of having stepped back in time. Spending a few moments to admire the castle is well worth your time!

We are excited to have you join us and to hear your hopes and goals for the upcoming Backpack + Bleeders adventures to come!

**RESERVE YOUR SPOT TODAY!**

## Academic Scholarships

### DEADLINE TOMORROW FRIDAY 9/6

The scholarships are available to anyone with a bleeding disorder, immediate family members of those with a bleeding disorder, and immediate family members of those who have died due to complications of a bleeding disorder living in Colorado. The applicant must be in the process of seeking a post-secondary education, which can include a college or university, or a trade school.

The Colorado Family Fund awards $2,500 and The Jana Marie Lambert Memorial awards $1,500. You will be considered for both awards per one application.

# 2019 Mile High Summer Camp

## THE FOLLOW UP

It's hard to believe that Summer Camp is here and gone and it is now time for school. As the kids are studying away we are preparing for 2020 Summer Camp and need YOUR HELP!

We want to hear your feedback so we can keep improving our logistics and content. Please fill this quick survey and let us know your thoughts (your answers will be anonymous).

Leave your feedback here

An applicant is eligible to receive the grant multiple times, however, preference will be given to those who haven't received funding prior. NHF Colorado will take a number of factors into consideration when determining the award recipients:

Chapter volunteer involvement; General volunteer involvement; Vision and future goals; Essay narrative; Academic merit.

Apply today!

CONTACT US

MANAGE EMAIL PREFERENCES

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