SAFETY COMES FIRST!
Wear a Mask, Save Lives
Do It Yourself Face Masks

FUN ACTIVITIES
For Ages 5-7
Make mini cookie cereal with your kids!
Try this science experiment about static electricity!
Learn how to draw Mike Wazowski from Monsters, Inc.

For Ages 8-10
Try this science experiment to make a bouncy egg!
Make mini pancake cereal with your kids!
Guess what the leader is drawing!

GAME OF THE WEEK
Evolution
- Set up: Design in a circle. Players are seated in a circle. The leader is the egg.
- Evolution: Each player becomes a chicken, then a dinosaur, then a rock star, and lastly, a superhero. Each player has a specific movement and sound. The goal is to win by reaching the highest level.
- How to Play: Players take turns being the egg. Each player must move and make a sound as the egg. The next player must move and make a sound as the chicken, then the dinosaur, then the rock star, and lastly, the superhero. The leader moves to the next player in the circle and repeats the evolution.
- How to Win: The goal is to be the highest level player. The first player to reach the superhero level wins.

KORET PLAY AT HOME HANDBOOK
Here’s even more games for you and your family to play at home! Each week we will roll out more activities on our Koret Play at Home Handbook!

RIDDLES
Check back next week for the answers:
1. What is full of holes but still holds water?
2. What can you hold in your left hand but not in your right?
3. What can fill a room but takes up no space?

Answers from previous week: The fence; A platypus; After breakfast

CLOSING REMARKS
Follow the Koret Health & Recreation Center (@usfkoret) on Instagram to keep in touch with us! Share ideas for our next newsletter with the Rec Sports Manager (jyjavier@usfca.edu) and stay safe!

Join the conversation #USFCA

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