SAFETY COMES FIRST!
Wear a Mask, Save Lives

Do It Yourself Face Masks

FUN ACTIVITIES

For Ages 5-7
Make mini cookie cereal with your kids!
Try this science experiment about static electricity!
Learn how to draw Mike Wazowski from Monsters, Inc.

For Ages 8-10
Try this science experiment to make a bouncy egg!
Make mini pancake cereal with your kids!
Guess what the leader is drawing!

GAME OF THE WEEK

Evolution
- Start off by having the group line up to the left. Have everyone be an egg. Each egg then grabs hands with another egg to become a chicken. The chicken arms are then raised, and the chicken coos. Each chicken then chooses another chicken (or egg) to be a dinosaur. The dinosaurs are then designated to have T-Rex arms. Each dinosaur then «clucks» three times. Each dinosaur then selects another dinosaur or an egg to become a rock star. The rock stars play guitar on their «guitars» and make a rock star «roar.» Each rock star then selects another rock star or an egg to become a superhero. Each superhero then «flies» around the game area, and each superhero then selects another superhero or an egg to be their «partner.»

How to Play:
Everyone starts out as an egg. Each player finds a pair and they play Ro-Sham-Bo. If they win, they move up to the next stage of evolution. If they lose, they go down one stage (unless they are an egg). Players can only play someone at the same stage of evolution (unless there are too few players). They must walk around and find someone to play.

How to Win:
Once someone reaches superhero, they can «fly» around until everyone reaches superhero level.

KORET PLAY AT HOME HANDBOOK

Here's even more games for you and your family to play at home! Each week we will roll out more activities on our Koret Play at Home Handbook!

RIDDLES
Check back next week for the answers:
1. What is full of holes but still holds water?
2. What can you hold in your left hand but not in your right?
3. What can fill a room but takes up no space?

Answers from previous week: The fence; A platypus; After breakfast

CLOSING REMARKS

Follow the Koret Health & Recreation Center (@usfkoret) on Instagram to keep in touch with us! Share ideas for our next newsletter with the Rec Sports Manager (jyjavier@usfca.edu) and stay safe!

Join the conversation #USFCA

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