

the e list

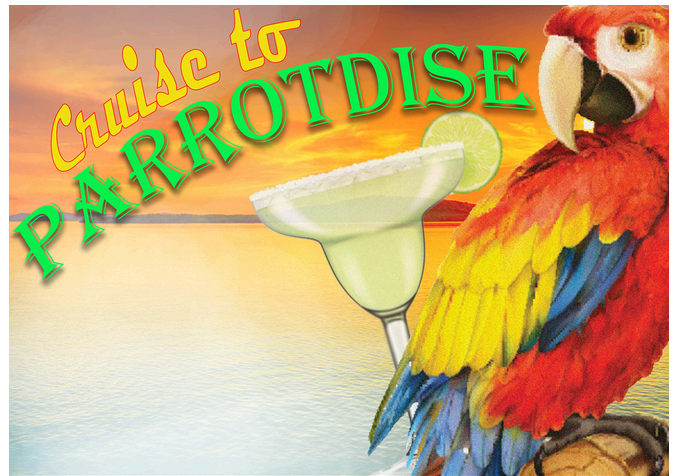
An Excruciatingly Opinionated Guide to the Connecticut Shoreline

[SHOP](#)
[CALENDAR](#)
[EAT](#)
[DISCOVER](#)
[TRAVEL](#)
[TOWN GUIDES](#)

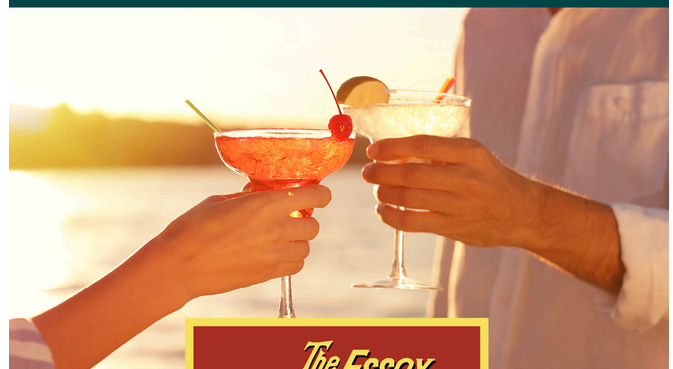

Why is it that as soon as swimsuit season hits, the Shoreline bursts with irresistible food? Seems wholly unfair, but throwing caution

to the wind (and throwing kaftan in my beach bag), I've been enjoying some summer snacks, details of which you'll find on this list. On the healthier side, I did come away from Chester's first Sunday Market with buckets of seasonal strawberries, snap peas, and salad fixings. This year's market is the bomb (fresh fish, flowers, poultry, pies, pizza, mushrooms and much, much more) and I'm so glad to say good-bye to grocery stores for the next few months!

We've got lots of new summery things in the shop, and I hope you'll join us for Chester Sip & Shop this Thursday night from 5 - 8pm. You'll find parties and deals all over town, so gather your girlfriends and come visit. If you're thinking of staying in town for dinner, reservations are an



**FRIDAY,
AUGUST 16TH**



The Essex
**Steam
Train &
Riverboat**

excellent idea. Details below.
love, Erica



A Real Deal Dog at CT Lunch, Guilford

I am a girl who almost never turns down a hot dog. This much-maligned treat is my favorite summer indulgence, evoking childhood trips to Nathan's in Coney Island (in my book, only the original is worth eating)...

[More Hot Dogs!](#)



Caffé Marche is BACK! Old Saybrook

One of our favorite places to sip a cappuccino and while away a morning, Caffé Marche in the historic James Pharmacy in Old Saybrook has reopened with a limited menu and all their glorious house-made gelato! The marble-topped tables are at the ready...



[More Caffé Marche](#)



SHORELINE EXPERIENCES YOU WON'T WANT TO MISS...
Waterview dinner & drinks at Bight!
No membership required.



Guilford Yacht Club, Guilford, CT

Gourmet Galley
CATERING
CELEBRATING 20 YEARS



Blend: Superfood Cafe, Clinton

Superfood fast? Yes, please. When I received a tip that this healthy cafe had opened in Clinton, I sprinted over. There's a shortage of salads, smoothies and bowls to-go around here and it's all we crave. The place was hopping at noon on a Tuesday with what appeared to be die-hard fans of the recently opened joint...

[More Superfood](#)

NORTH BY NORTHEAST
ENTERPRISES

JUNE FLASH SALE!

TODAY THROUGH SUNDAY!

25% off sets of 6
JUNEFLASH25
at checkout!

35% off sets of 12
JUNEFLASH35
at checkout!



EXPERIENCE ESSEX!

ALFRESCO
Thursdays

Second Thursdays of the month
Main Street, Essex Village

JUNE
13TH

JULY
11TH

AUG
8TH

essexct.com



Chester Ladies' Sip & Shop

We're excited to join the fun for **Chester's 2nd Ladies' Sip & Shop** this Thursday, June 20th from 5 - 8 pm!

We'll be serving up sparkling rosé AND our summer clothing, accessories, and jewelry at 20% off (plus a rack or two of 30 - 50% off!) for the evening.

Get the Details & Pre-Register

Shop Hours:

1 North Main Street 860.322.3388

www.theelistshop.com

New Summer Hours:

Now Open on Mondays! 11 - 5

Tuesday & Wednesday 11 - 5

Thursday (til 8 this Thursday) & Friday 11 - 6:30

Saturday 10 - 6:30

Sunday 10 - 4 (new early hours during Farmers' Market)

Visit Our Online Shop

Sponsored Story

A mother. A daughter. Three possible dads. And a trip down the aisle you'll never forget!

[Subscribe](#) to our email list.



On June 26th, the **Ivoryton Playhouse** transforms into a Mediterranean island, filled with the music we have loved for over 40 years! Over 60 million people worldwide have fallen in love with the characters, the story and the music that make Mamma Mia! the ultimate

feel-good show! Set on a Greek island, the story-telling magic of ABBA's timeless songs propels this enchanting tale of love, laughter, and friendship, creating an unforgettable musical.

Features 22 hit songs including "Super Trouper", "Dancing Queen", "Knowing Me, Knowing You", "Take a Chance on Me", "The Winner Takes It All", "Voulez-Vous", "SOS" and the title track.

Prepare to have the time of your life at Mamma Mia! and get swept away by the infectious music, uplifting story, and dazzling dance numbers. On stage until July 28th. Call **860.767.7318** for tickets.

BUY TICKETS

From The E List Event Calendar

Make Music Old Lyme on the Summer Solstice, 6/21

Celebrate the official beginning of summer and the longest day of the year with a variety of live music, food, sculpture, and modern dance. [Read more...](#)

Summer Fest at Lyman Allyn Art Museum, 6/22

Enjoy entertainment, food trucks, family-friendly activities, art exhibits, live birds of prey and much more at this community event. [Read more...](#)

An Evening of Song with Tenor Brian Cheney at the Chester Meeting House, 6/22

Reserve your tickets for a one night only performance with a world-class tenor. [Read more...](#)

Historic Gardens Day at Harkness Memorial Park, 6/23

Take in the sweeping views of the Long Island Sound as you tour one of Connecticut's fifteen Distinctive Historic Garden sites. [Read more...](#)

Putting Children First: A Fun Night Out at Saltwater Farm Vineyard, 6/26

Craft beer and wine tasting, live music, mac & cheese bar and acres of vineyard await for an evening to benefit the Child and Family Agency of South Eastern Connecticut. [Read more...](#)

Lyme Art Association Presents: Waterworks and Hudson Valley Art Association Exhibitions, thru 8/2

View the work of the area's premier Maritime artists as well as the annual juried exhibition of representational paintings by the members of the Hudson Valley Art. [Read more...](#)

Arts and Ideas, New Haven, thru 6/22

See the lineup for the last week of Arts & Ideas, New Haven's citywide festival of music, dance, art, and more at venues around the city. [Click here.](#)

Jazzercise Special: 10 Days for \$39, thru 8/18

Get your body moving this summer. Feel good, look good and have fun while doing it. [Read more...](#)

Looking for more to do? Find cooking classes, concerts, lobster festivals and more on The E List events calendar:

[Browse the Calendar](#)

p.s. from erica

In other FOODIE news:

Liv's Shack, home to one of our favorite lobster rolls, will be serving them up at Pilot's Point Marina in Westbrook.

Simon's Marketplace's Pop-Up food-filled shipping container is dishing up breakfast and lunch at Ballek's in East Haddam on Saturdays 9-3 and Sundays 9-2.

We hear that the folks behind Haywire Burger Bar are moving into the former Marley's at Essex Island Marina with a new concept.

For the storage answer to the plethora of pool and beach towels: [Click here.](#)

In case you missed it: A new Speakeasy in Chester and lots more on last week's list. [Click here to read it.](#)



[ABOUT ERICA](#) / [ASK ERICA](#) / [OUR WEBSITE](#) / [ADVERTISE](#)

Don't miss a list, sign up here:

SUBSCRIBE

VISIT OUR CLOTHING SHOP!

1 North Main Street
Chester, CT
860.322.3388

SHARE



[Manage](#) your preferences | [Opt out](#) using TrueRemove™

Got this as a forward? [Sign up](#) to receive our future emails.

View this email [online](#).

P.O Box 5
Old Lyme, CT | 06371 US

This email was sent to .

To continue receiving our emails, add us to your address book.

emma

[Subscribe](#) to our email list.