Travis County Medical Society

eNews

January 2025

Serving over 4,600 members



MEMBER spotlight

Dr. Harish Gagneja

Gastroenterology

“Gastroenterology is the perfect combination of intellectual curiosity as well as procedural skills. It involves multiple organs such as the esophagus, stomach, small intestine, large intestine, rectum, pancreas, liver, and gallbladder and each organ has its own unique set of problems to deal with,” says Dr. Harish Gagneja. Read more here.

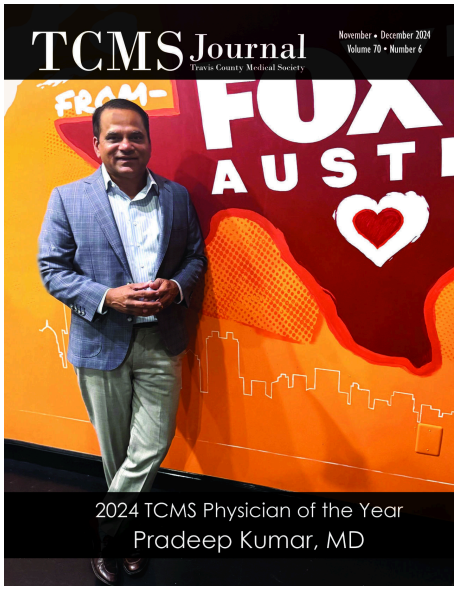
Do you want to be featured in the TCMS Member Spotlight?

It's important to celebrate TCMS physician members and sharing a bit about yourself is a great way to network and build relationships. Simply click here and answer the questions provided.



Member Applicants

View information and photos of new TCMS members.



Read the Latest *TCMS Journal*

The November/December issue of the *TCMS Journal* celebrates our 2024 award recipients; Physician of the Year, Ruth M. Bain Young Physician, and Humanitarian.

Read the *TCMS Journal*



Ready for a Clucking Good Time? Chicken Sh*# Bingo

Date: Monday, January 27, 2025
Time: 6:30 - 9 pm
Place: Little Longhorn Saloon
5434 Burnet Rd, Austin, TX 78756

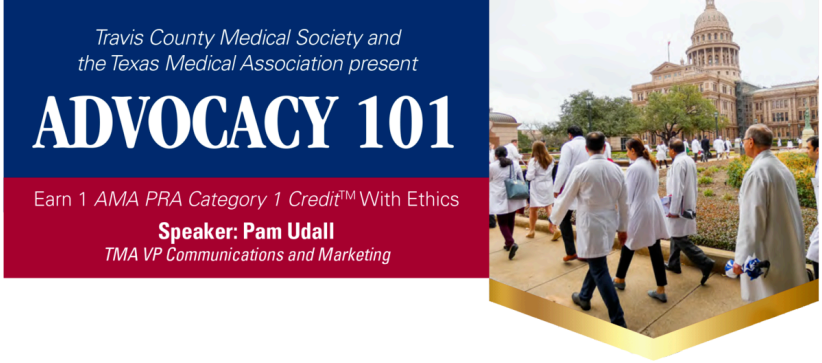
Only the best for our members. If *Texas Monthly* says Chicken Sh*#! Bingo at the Little Longhorn Saloon should be on your Texas bucket list, then TCMS has you covered.

Join us for tacos in a down home, country dive made even more entertaining with the appearance of a live chicken and some lucky Sh*#!

RSVP

Advertisement





TCMS Virtual Business of Medicine Presentation: Advocacy 101

Date: Thursday, January 23, 2025
Time: 12:00 - 1:00 PM
Virtual on Zoom
[Download flyer for more information]

RSVP

CONTINUING MEDICAL EDUCATION:
The Texas Medical Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

TMA designates this live activity for a maximum of 1 AMA PRA Category 1 CreditTM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Texas Medical Association designates this activity for up to 1 hour in the area of ethics and/or professional responsibility education.

The Go Red for Women Luncheon
Wednesday, February 19, 2025

American Heart Association. | American Heart Association. Go Red for women.

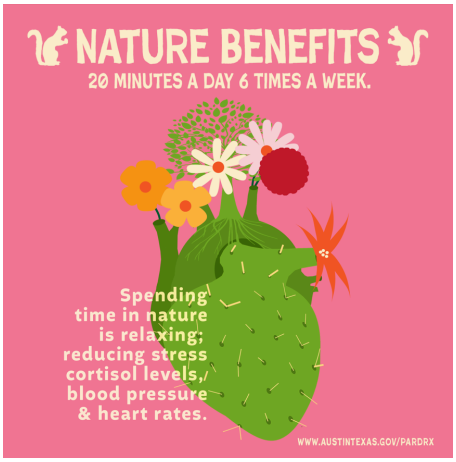
Since 2004, the American Heart Association's Go Red for Women movement has addressed the awareness and clinical care gaps of women's greatest health threat, cardiovascular disease. Cardiovascular disease is the leading killer of women in Austin and affects nearly 45% of women aged 20 and older, but research has shown that most cardiovascular events can be prevented through increased awareness and lifestyle changes. The Go Red for Women event experience focuses on connection and engagement, fostering an atmosphere of interaction and networking at every turn. We will celebrate the power of women banding together and the joy of spending time with fellow champions of our mission. The event will include education and experiences that can help improve your health and well-being and that of the women you know and love.

Go Red for Women is nationally sponsored by CVS Health and the Austin Go Red for Women Summit and Luncheon is locally sponsored by Ascension Texas, Texas Mutual, Centre for Neuro Skills and Encompass Health.

Purchase Ticket or Donate Here

Parks Prescription Program

Scientific study affirms spending time outdoors has significant health benefits, including improvements to physical and mental well-being of individuals. Did you know trees produce natural oils to defend themselves? These natural oils, phytoncides, also help improve the human immune system! Are you looking for a simple way to improve you patients' lives?



Reach out to PARD Health Promotions Coordinator, jill.habegger-cain@austintexas.gov for Parks Prescription materials (Prescription pads, education posters, healthcare provider toolkits & MAPS of local parks)

For more information visit https://www.austintexas.gov/pardrx.

Save the Date: Retired Physicians' Organization (RPO) Luncheon:



Jordan Weingarten, MD

"Birding in Austin – Common Birds of Central Texas"

Date: Tuesday, January 21, 2025
Time: 11:30 AM
Place: Tarrytown Methodist Church, 2601 Exposition Blvd
Cost: $25.00 (non-refundable)

Friends of the Society:

The following ads represent some of the 2025 TCMS sponsors. Thanks to their support, educational, social, and family events are made possible for TCMS members. Please consider their services.

OWN OCCUPATION DISABILITY INSURANCE
$5,000/Month,
No Income Verification
GET COVERED ▶
TMA INSURANCE TRUST

Stay Connected with TCMS

Travis County Medical Society
4300 N Lamar Blvd | Austin, TX 78756
tcms@tcms.com | 512-206-1249

Manage your preferences | Opt Out using TrueRemove™
Got this as a forward? Sign up to receive our future emails.
View this email online.

4300 N Lamar Blvd | Austin, TX 78756 US

This email was sent to .
To continue receiving our emails, add us to your address book.

emma

Subscribe to our email list.