

# the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

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Every day FOR SO LONG we've been waking up to weather that is more Seattle than Shoreline, but fear not my

friends, there are sunny days on the horizon. To cheer myself up AND kick off spring I ran around to a few favorite seasonal haunts and I'm sharing them here.

If you're on the hunt for Mother's Day activities, check below and find lots more on our website calendar. And if you're on the hunt for Mother's Day **goodies** we've got some lovelies on this list and tons more in our brick and mortar shop in Chester or online (see links below).

Wishing you a wonderful (and dry) Mother's Day.

Erica

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## The Best Lobster Roll

Everyone always asks me what my favorite lobster roll is, and my answer is this: as long as it's fresh lobster tossed in melted butter, served on a grilled roll, I'm good! But I do have a special place in my heart for...

[More Lobster](#)

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**First Frosé**



Chamard Vineyard is as close to Napa as you get around here, and whether you're sipping on the deck or supping in the bistro, you won't quite believe that you're in a residential neighborhood in Clinton...



[More Frosé](#)



## Cafe Flo

This is one of my favorite al fresco spots. And it's easy to see why this view inspired and launched an entire artist's colony. Gourmet Galley runs the kitchen here, and dishes up everything from this summery Salad Nicoise, to Lobster BLT's, and...

[More Cafe Flo](#)



## Anne Sportun's Delicate Gems

I'm not a girl who changes up her jewelry much; I have a few pieces that I love and wear every single day. One of those items is a strand of champagne garnets that my husband bought me a few years ago. It's made by Anne Sportun and I feel privileged to carry her collection in the shop. These sparkly chains of real gemstones with 18K gold can be worn wrapped around your wrist or neck and look lovely layered with other jewels. The overall look is delicate, timeless, and seasonless, but now that we're finally exposing our necks, perfect for spring and summer. Available to purchase online or come try one on in the shop. Special orders available, too.



[See Our Selections Here](#)

## John Derian Style

I love to say that John and I go way back and there's truth to that. He was a steady





visitor to my shop in Boston in the eighties. We were both just starting out in our careers back then, fresh-faced and optimistic. He's still fresh-faced, me not so much! But I've avidly followed his ascent and adore his products. I was SUPER-excited to spy his first collection of silk scarves and immediately placed an order. More art-to-wear than a simple neck wrap, these Italian-made oversized squares are so stunning, you could frame them. My favorite is Sleeping Beauty but they are all

quirky and interesting (John Derian style), you'll be hard-pressed to choose just one.

We're also stocking John Derian's signature-scented and gorgeously packaged soy candle, an unusual blend of wildflowers, violet, heliotrope, and currant blossoms.



[See Scarves & Candles](#)

#### Sponsored Story

**The Music Man at Goodspeed  
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You got trouble in River City! Professor Harold Hill and Marian the Librarian march into their first appearance at Goodspeed in a rousing new production of this great American musical. When huckster Harold promises to save an Iowa town by selling the dream of a boys' band, Marian is the only skeptic. Until she starts to buy his pitch. Fall in love all over again with "76 Trombones," "The

Wells Fargo Wagon," "Trouble" and "Till There Was You." The Hartford Courant calls it "a mighty, whip-smart exercise in nostalgia." This glorious classic will have you parading in the streets! For tickets, call 860.873.8668 or [visit goodspeed.org](http://goodspeed.org).

[Get Tickets!](#)



## From The E List Events Calendar

### Mother's Day Lavender Sale at Lavender Pond Farm, 5/9

Celebrate Mother's Day and take 10% off all purchases in the gift shoppe

including a variety of lavender plants, essential oils, culinary items, and unique garden sculptures. [Read more...](#)

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### **Mother's Day at Union League, 5/12**

Enjoy a three-course or a two-course prix fixe this Mother's Day with the expert service of this French-inspired award-winning brasserie. [Read more...](#)

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### **Mother's Day Brunch at Saybrook Point Inn, 5/12**

Honor your mother with a waterside brunch featuring an array of stations from omelets to pasta and much more. [Read more...](#)

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### **Mother's Day Brunch at Stone Acres Farm, 5/12**

Enjoy a three-course prix fixe menu, kids crafts, DIY floral arrangements, and a complimentary professional family portrait on one of Connecticut's oldest working farms. [Read more...](#)

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### **New London Main Street's Food Stroll, 5/15**

Get tickets while they last for the popular Food Stroll at the downtown, historic, waterfront district in New London. [Read more...](#)

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### **Celebrate The Bowerbird's 30th Anniversary, thru 5/31**

Celebrate 30 years of The Bowerbird with surprise in-store specials all month long. [Read more...](#)

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### **YogaWorks Teacher Trainings: Learn More at Free Class + Info Session, 5/19**

Find out more about Yoga Teacher Training at this "Meet the Trainer Event" and sample a FREE YogaWorks class. [Read more...](#)

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Looking for more things to do? Find more Mother's Day events, cooking classes, concerts, and more on The E List events calendar:

[Browse the Calendar](#)

**p.s. from erica**

Bring your mom, daughter or "special lady" to **Prive Swiss for a FREE class** on Mother's Day!

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In case you missed it: Spring shape-up, our favorite sneakers and more on last weeks list. [Read it here.](#)

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