A NOTE FROM THE PRESIDENT


doesn’t mean they have to do it alone. LSU President F. King Alexander is thinking along these lines, we stand ready to help them find the resources they need to achieve their goals. LSU cares about the well-being of students and promoting a community that yearns for a safe and inclusive environment. If your Tiger finds themselves in a situation where they feel unsafe, let them know we’re here and ready to help.

GEAUX GET INVOLVED:


during this time. Students are invited to the Involvement Fair, where they can learn more about campus organizations and select the ones that best match their interests and goals. This is a great way for students to branch out and take up leadership positions. Students are also encouraged to participate in the Community Service and Philanthropy Month, where they can engage in community service projects and learn more about the impact they can make.

CAMPUS HIGHLIGHTS


do nor fear. There are many resources available at LSU to help students navigate the path toward a sound financial future. If fitness is their focus, make sure your Tiger remembers that the University Recreation Center has everything they need. From personal trainers to state-of-the-art equipment and one of the longest indoor running trails in the nation, UREC provides a comprehensive fitness program. And if your Tiger is looking to improve their overall health and wellbeing, they can sign up for a free fitness assessment at the Personal Training webpage.

A FEW MORE THINGS TO REMEMBER:


time? For more information, visit the LSU Academic Calendar, the LSU Libraries annual Book Bazaar or the LSU Food Program with keynote speaker. Did you know Disability Services now has 100 testing spaces? For more information, visit the Personal Training webpage.

FIVE SUGGESTIONS FOR A GOOD NEW YEAR:


- Are you planning on taking any new courses or continuing a course you’re currently enrolled in? If so, make sure you’re taking advantage of all the resources available to you. LSU President F. King Alexander is thinking along these lines, we stand ready to help them find the resources they need to achieve their goals. LSU cares about the well-being of students and promoting a community that yearns for a safe and inclusive environment. If your Tiger finds themselves in a situation where they feel unsafe, let them know we’re here and ready to help.

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SUPPORT SERVICES


- Are you planning on taking any new courses or continuing a course you’re currently enrolled in? If so, make sure you’re taking advantage of all the resources available to you.

FOLLOW US ON SOCIAL MEDIA


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