A NOTE FROM THE PRESIDENT

To our Tiger community,

This month, we sat down with Dr. Mari Fuentes-Martin, Associate Vice President and Dean of Students, to get insight on how to help our students in the new year. After all, there's a lot more to life than academics and we're here to help make sure that the Tigers in our midst are equipped to handle the variety of challenges they might face as they continue on their journeys.

Dr. Fuentes-Martin spoke about the importance of the holistic development of students. She emphasized the role that self-care and wellness play in creating a strong foundation for success. She also highlighted the importance of networking and building connections, which can help students find opportunities for growth and success.

She also discussed the need for students to be proactive in their decision-making, taking the initiative to find resources and support when they need it. She encouraged students to seek out opportunities to engage in activities that align with their interests and passions.

Dr. Fuentes-Martin ended her remarks by saying, “We are committed to helping our students succeed in whatever path they choose. Whether it’s academics, career, or personal development, we want to make sure they have the tools they need to thrive.”

If you or a friend know a Tiger who could benefit from this information, please share it with them.

Sincerely,

[Signature]

F. King Alexander
President