We invite you to consider applying for one of two Coordinator positions for CAFE 2022. This Pre-Orientation program is designed to introduce students to the mission and values of the Humanist Literacy Project. Our Coordinators will help build a sense of community and advance Humanist values. Congratulations Anthony!

Humanist Chaplain Anthony Cruz Pantojas was received an American Foundation for Humanistic Society Humanist of the Year award. He thanked the committee for their recognition and shared his commitment to building a more inclusive campus for students.

Our chaplains do work and ministry in many settings, and contribute to building inclusive communities and advancing Humanist values. Anthony addressed the goals of the grant well by aiming to build local partnerships with marginalized communities. Our chaplains can be reached at chaplaincy.tufts.edu.

The Happy Buddha, an annual winter event, commemorates the Buddha’s parinirvana, the moment of his enlightenment. This event is celebrated in the northern tradition, where it marks the end of the rainy season and the start of spring. In cultures of Southeast Asia, such as Thailand and Myanmar, the celebration of Buddha’s parinirvana is associated with Saraswati, the goddess of learning; however, it also retains connection with the goddess Lakshmi, the goddess of wealth.

Asian American & Pacific Islander Concerns

We have created a program for students interested in Asian American & Pacific Islander Concerns. This program includes a two-day immersion in Boston and surrounding towns, and is held virtually. The first day is an immersive experience in Boston and surrounding towns, and the second day is based at the Tufts campus. We will connect with local communities and participate in activities that educate about the history and present-day experiences of Asian American & Pacific Islander communities.

The event is open to all students who are interested in learning about Asian American & Pacific Islander Concerns. It is free to attend and space is limited. Applications will be accepted on a rolling basis until the program is full.

Visit the event website to learn more and register.

Funding for this program is provided by the Tisch Center for Community Service and the Office of Student Affairs.

Quest for the Bread of Love: MLK Day of Community Action

This program is an annual celebration of Dr. Martin Luther King Jr.’s legacy. The event includes a ceremony that recognizes the contributions of Black students, faculty, and staff, and a day of community service. This year, the program will focus on radical community care.

The event will take place on Saturday, January 29, at Breed Memorial Hall. Volunteers are needed to help with the service projects. To learn more and sign up, visit the event website.

Volunteer with the Pan Asian Counsel

The Pan Asian Counsel is seeking volunteers for their annual MLK Day of Community Action. Volunteers will be working on essential kits for women and transgender people who are unhoused at this time. The kits will include hygiene products, food, and clothing. To learn more and sign up, visit the event website.

Weekly Gatherings Posted on Instagram

Did you know you can follow us on Instagram for a weekly calendar of our gatherings and events? Our regular programming includes meditations, worship, communal prayer, and group gatherings. You can find the Instagram page at @tufts.chaplaincy.

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The Rev. Dr. Martin Luther King, Jr. Annual Celebration

Today — The Rev. Dr. Martin Luther King, Jr. Annual Celebration

How do you put your values into action? Join fellow Tufts students in reflecting and acting on this question during our annual MLK Day of Community Action on Saturday, January 29 at Breed Memorial Hall. This year, we will be honoring the memory of Coretta Scott King, who was a powerful advocate for human rights and social justice.

“Human progress is neither automatic nor inevitable…Every step toward the goal of justice requires sacrifice, some degree of suffering, and often some degree of ridicule and ostracism.” — Dr. Martin Luther King Jr.

The Rev. Dr. Martin Luther King, Jr. Annual Celebration will take place on Saturday, January 29 at Breed Memorial Hall. The event will include a ceremony that recognizes the contributions of Black students, faculty, and staff, and a day of community service. To learn more and sign up, visit the event website.

Chapter XI: Where Do We Go From Here?

In her memoir, Thich Nhat Hanh writes, “We have arrived at the time of his change... When we live in this state of mind, we are always making a fresh start; we are always in the beginning of doing something.” This message resonates with me as I reflect on the work of Thich Nhat Hanh and the influence he has had on my own spiritual practice.

Thich Nhat Hanh was a Vietnamese Buddhist monk who lived in a war-torn country. Despite the challenges he faced, he continued to practice meditation and spiritual discipline. He believed that peace could be achieved through personal transformation and that the way to achieve this was through mindfulness.

Thich Nhat Hanh’s teachings have inspired me to live in the present moment and to embrace my inner strength. I feel inspired to rekindle my own sense of wonder towards myself, others, and to the world around me. Wonder, Kaur proclaims, is our birthright, and is the wellspring for love.

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