October update
KEEPING YOU IN TOUCH

A Note from the President

Dear LSU Students,

With the fall semester drawing to a close, I wanted to take a moment to acknowledge the hard work and dedication of our students, faculty, and staff. Your efforts have not gone unnoticed, and I am proud of the progress you have made.

As we approach Thanksgiving, I encourage you to take some time to reflect on all you are grateful for this year. November is also a month of giving, so consider volunteering at a local shelter or helping your neighbors in need. There are many opportunities to make a difference in our community.

Next week, LSU will participate in #RandomActsOfKindness week. We will be posting acts of kindness around campus, and I encourage you to join us. Whether it’s a small gesture or a larger act of generosity, know that your kindness will make a difference.

As we look forward to the holiday season, remember to take care of yourself. This can be a challenging time, and it’s important to prioritize your mental health. Check out the resources available at LSU for tips on managing stress and self-care.

Sincerely,
F. King Alexander
President

LSU Family Weekend

Located near the heart of the LSU Student Union, our Tiger Den is the perfect spot to relax and enjoy a snack. Stop by for a cup of coffee and a chat with your favorite Tiger.

Family Experience

A glimpse of the LSU experience for students and families. Our Tiger Den is open from 10:00 a.m. to 1:00 p.m. in front of the LSU Student Union on Tower Dr.

Financial Consultations Available to All Students!

Budgeting, savings, and salary negotiation. Check out our online resources or set up an appointment today. Financial Consultations are available in residential colleges and traditional halls. Contact your adviser to schedule an appointment.

Campus Highlights

LSU UREC Intramural Softball, Kickball, and Dodgeball registration is now open. For more information, visit the UREC website.

University College:

Learn more at www.lsu.edu/discover

University Recreation:

Visit us at www.lsu.edu/rec

Office of Student Affairs:

Visit us at www.lsu.edu/students

Young Women’s Project of the Year:

Visit us at www.ywpofy.org

LSU Holiday Shuttle - Registration is Now Open!

Shuttles will be provided for both the Thanksgiving and Winter Breaks to transport students to and from the New Orleans airport.

Did you know Middleton Library is open 24 hours a day, 5 days a week?

Mid-Seaux Taste of the South Fall Harvest:

On Wednesday, October 31 from 12:00 to 3:00 p.m., grab your Tiger Trick or Treat and visit the LSU Student Union for our annual fall harvest.

LSU Ring and Finals will be held October 18. This is a free program for all LSU students.

Office of Career Services:

Come check out the Haunted House in the Union Theater on Wednesday, October 31 beginning at 7:00 p.m. followed by a scary movie.

Theater on Wednesday, October 31:

Fall Harvest: Pumpkin Competition in the Union Theater Haunted House

October 29-30:

Intersession, and Finals will be held October 18. This is a free program for all LSU students.

October 15:

Take Back 50th Birthday Bash

October 11:

Gallery Exhibit

October 8:

Mid-Year Progress Review Workshop - STRATEGY

October 5:

Taste of Seaux

Mid-Year Progress Review Workshop - MENTAL HEALTH

October 2:

Mid-Year Progress Review Workshop - GROWTH

September 30:

Mid-Year Progress Review Workshop - WORK

September 27:

Homecoming Week

LSU Ring:

Louisiana residents live within 50 miles of the coast, and with resources – our coastal ecosystems. More than 2 million students learn is lessons our resilient communities, while projects like Coastal Voices allow them to document the rich culture of these coastal communities.

LSU Ring:

Working with groups such as the Coastal Sustainability Studio, helping to strengthen the coastline one location at a time. 130,000 seedlings have been planted on more than 300 trips, with the world's largest working model of the Mississippi River, helping support this drive in our Tigers through a number of ways, including the Louisiana Coastal Protection and Restoration Authority (LaCPRA).

The office of Student Affairs with the assistance of the Office of Financial Aid is committed to assisting students in overcoming common transitional challenges in the first year. We offer workshops on a number of topics, including budgeting, savings, and salary negotiation. Check out our online resources or set up an appointment today.

In summary, this fall semester has been a challenging one, but also a testament to the resilience of our students and staff. As we move forward, let us continue to support each other and work towards a better future for all.

Sincerely,
F. King Alexander
President