Our pastoral care helps support the spiritual and emotional well-being of the Tufts community. We provide resources and guidance for students, faculty, and staff. The University Chaplaincy is a dynamic hub supporting religious, spiritual, ethical, and cultural life for all members of the Tufts community.

**Tradition: Sikhism**

**Wed., Oct. 20, 2021**

A major Hindu festival celebrated at the end of Navaratri every year. It is observed on the tenth day in the Hindu lunar calendar month of Ashvin, the months of September/October of the Roman calendar, starting with the first day of the month.

**Ghambar Ayathrem**

Ongoing through Fri., Oct. 15, 2021

These events are drawn from the multifaith calendar maintained by the Office of Religious and Spiritual Life at Tufts University.

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The Tufts Healthy Herd is an undergraduate student group dedicated to creating engaging and educational content surrounding the Covid-19 pandemic and other wellness related concerns. The team will be advised by Tim Jordan, Ph.D., Director of the Center for Counseling and Mental Health Services (CMHS). The Healthy Herd is seeking up to five student leaders to join the team.

The student leaders will be responsible for leading and facilitating Project Connect with Counseling and Mental Health Services (CMHS), a three-hour program on the development of empathy and perspective-taking skills. The program provides opportunities to think critically about identity, privilege, and oppression, and to practice and apply strategies to build more inclusive communities. Over ninety percent of those who have enrolled in the program and ninety-six percent said would recommend it to a friend. CMHS is excited to be recruiting student leaders for the 2021-2022 Academic year starting immediately and lasting until May 16.

Both work study and non-work study eligible students may serve in this position. The Healthy Herd student leaders will be paid $15/hour.

**Application Deadline:**

Online applications are due at midnight on Tuesday, Oct. 19. Applicants will be contacted for an interview on Wednesday, Oct. 20.

**Responsibilities:**

- Lead the Healthy Herd team in planning and facilitating Project Connect with CMHS, the four-part fall semester program.
- Help recruit and engage students to enroll in the program.
- Support the enhancement and expansion of the Healthy Herd student group.
- Keep team members updated on relevant information.
- Help to strategize and implement programs as the Healthy Herd evolves.

**Eligibility:**

- Willing to serve in this position for the 2021-2022 Academic year starting immediately and lasting until May 16.
- A work study or non-work study eligible student.
- Must be available the week of November 15.

**Application:**

- **Cover Letter:** Describe how you would like to contribute to the Healthy Herd and the Tufts community.
- **Resume:** List your qualifications and experiences.
- **Letter of Recommendation:** Submit a letter of recommendation from a faculty member or student leader.

A note from our Hindu Advisor

Preeta Banerjee, Ph.D. is Hindu Advisor and Lecturer in the Department of Religious Studies at Tufts University.

**Rohanaad Cita As a b**

Now in its sixth year, this project is sponsored by the Tufts LGBT Center, the University Chaplaincy, and the SMFA. The exhibition (medium, manner of display, etc.) including a rough breakdown of how you expect to use the $500 award is due by November 1 at 11:59pm. Artists of all skill and experience levels are invited to submit a proposal in PDF format.

**Submit to the Trans Day of Remember 2021 Gallery**

The SMFA is seeking artists of all skill and experience levels to submit proposals for site specific art installations and performances. The 2021 theme is Wonder, the first section of Valarie Kaur's book, See No Stranger: A Memoir and Manifesto of Revolutionary Love.

**Call for Proposals:**

Welcome proposals for site specific art installations and performances. The 2021 theme is Wonder, the first section of Valarie Kaur's book, See No Stranger: A Memoir and Manifesto of Revolutionary Love.

**Partner Programs**

Supporting dynamic programs at Tufts University in religious, spiritual, ethical, and cultural life is easy and vital to our mission. Read about our Partner Programs and find more information and the submission form here.

**CMHS Mental Resources:**

The Center for Counseling and Mental Health Services (CMHS) at Tufts University provides a full range of mental health services to students throughout the academic year. To learn more about securing these services, contact the Center for Counseling and Mental Health Services (CMHS) at 617-627-3232 or by emailing Catholic Chaplain Lynn.

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**Catholic Spirituality Hour**

Wednesday, October 13, 7:00 p.m. - 8:00 p.m.

Join Catholic Chaplain Lynn Cooper in Goddard Chapel for this week's Spirituality Hour. This mid-week gathering is an opportunity to listen to a brief reading from a Catholic spiritual classic, a talk, and an opportunity for prayer and discussion. This month we will explore the Gita (Bhagavad-gita As It Is).

The Gita is a large portion of the Bhagavad Gita As It Is, now in its fifth year. It was first introduced as a year-long project, and has since continued to include readings and discussions with students from the Tufts community and beyond. The Gita is a large portion of the Bhagavad Gita As It Is.

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