Israel, or community building are encouraged to participate in these programs while building community around visual and performing art. The fellowship will meet Tuesdays at 7 p.m.

The Israeli Arts Fellowship (IAF) is a nine-week program designed to introduce you to various Israeli artists and art forms. Applications are due March 7.

Hosted by Counseling and Mental Health Services, this workshop is focused on identifying, managing, and reducing stress. It will take place on Friday, March 5, from 12:00 p.m. to 1:00 p.m. ET.

Carolina: "It scares me, suddenly, to know that I can't remember how home sounds. Not one bird call, nor the water flowing in my parents' garden, nor the scent of the soil where I was born. The crush of the blanket of leaves in the Fells, the birds that sing with new purpose even downtown, the sound of the ocean..."

There is a different kind of compassion—or, as some might say, humanism—that comes from being in community with those who are suffering. It is a compassion that goes beyond self-interest. It is a compassion that is rooted in love and respect for all living things.

Greetings everyone,

The University Chaplaincy is a dynamic hub supporting religious, spiritual, ethical, and cultural life for all members of the Tufts community. We are excited to announce our next event, "A Time to Grieve, Hope, and Act: Marking a Year Since Tufts' Campus Closure," which will take place on Wednesday, March 3, from 5:00 p.m. to 6:15 p.m. ET.

Please join the University Chaplaincy's multifaith team for a panel and small-group discussions on grief, hope, and action. This event is hosted by the Interfaith Student Council and is open to all.

For our next event, "Spotlight On: Lent," we will explore the meaning and significance of Lent in our spiritual lives. This event is open to all and will take place on Thursday, March 11, from 12:00 p.m. to 1:00 p.m. ET.

You can find more information about our many weekly gatherings and student group meetings on our website.

To renew our commitments to healing and justice for ourselves and this community, we will come together to focus on healing and self-care as liberation. We will hear from Andrew Yuen, Asian American and Pacific Islander Life, the winner is the one graduating senior invited to offer a speech as part of Commencement, and the speech will be "Against the Hounds of Hell: A Life of Howard Thurman." This event is open to all and will take place on Monday, March 8, from 7:00 p.m. to 8:30 p.m. ET.

You can register for the event here.

Thank you for your continued support of our events. We look forward to welcoming you to our next gathering.

Best regards,

[Your Name]