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E-NEWS 10.18.23



A Reflection From Your Protestant Chaplain

Dear Jumbos,

Last week was Out and Proud week here on our campuses. If you're not familiar, Out and Proud Week takes place around the same time as National Coming Out Day, celebrated annually on October 11.

While "coming out" can be a wonderful experience for some queer folx, for me it was very challenging. At first, I could see no way to reconcile sexual orientation with the Christian faith I had known. Eventually, however, with the loving support of family, friends, and mentors, and a new understanding of my Christianity, I found a path towards reconciling these different aspects of who I am. Coming out felt like stepping out of a tomb, a resurrection experience I relate to Christ rising from the dead.

Coming out can be a hard experience for those identifying as LGBTQ+, whether because of prejudice in their family of origin, communities, religious tradition or cultural background. It is also crucial to note that coming out is not a safe option for many, especially those who face anti-trans and anti-queer bias from institutions and governments, perhaps even on top of racism and other types of oppression. This is why many members of the queer community, especially BIPOC folx, advocate for a different way of thinking about it. Instead of "coming out," what if we talked about "inviting in?"

Inviting someone into a fuller knowledge of your identity means self-agency and self-empowerment, instead of making it about other people. An invitation is a gift you can offer, which others can accept or not. All that matters is that you get to choose to invite others - or not - just as you might choose to welcome someone into your home. No one can dictate how, when, where, or why this sacred invitation should happen.

The journey of inviting in is yours to make. Just know you don't have to make it alone. The University Chaplaincy, along with the LGBT Center and more, are places where the fullness of your many identities is always welcome, during Out and Proud Week and beyond.

May you find companions along the way who help you live into the fullness of who you are, a chosen family born out of mutual trust and a vibrant rainbow of love.

Happy Jumbo Pride always, Reverend Dan Bell Protestant Chaplain

Religious and Philosophical Programs

Our gatherings are open to all members of the Tufts community! Please find more information and more regular weekly programming and events here on our website. If you have any questions, or would like to connect about convening a new gathering, please reach out to the University Chaplaincy. Multifaith Gathering for Peace

Wednesdays beginning September 20 12:15-12:45p.m. Goddard Chapel



University Chaplaincy

Multifaith Gathering for Peace

Wednesday, October 18, 12:15 p.m., Goddard Chapel

All members of the Tufts community—students, staff and faculty—are welcome to join members of the University Chaplaincy team for a weekly 30-minute multifaith gathering for peace. Our time together will include silence, candle lighting, music, reflections, and meditations from our different traditions. We look forward to sharing this space together as we navigate ongoing national and global crises and lift up our individual and shared hopes for peace in ourselves, others and our world. Please contact the University Chaplaincy if you have any questions or concerns.

If you would like to speak to a chaplain, please reach out to us through our Contact a Chaplain form or by emailing the University Chaplaincy.



Open Mic with Dee-1 Wednesday, October 18, 6:30 p.m., Goddard Chapel

Join the Tufts University Chaplaincy and Interfaith Ambassadors for an open mic night with Tisch College's Artist-in-Residence, Dee-1! Showcase your artistic talents and connect with the Tufts community in a wonderful celebration of expression hosted in Goddard Chapel, with a Meet and Greet and refreshments at 6:30 p.m. Whether on the mic or an audience member, we can't wait to see you for a night of musical performances, poetry, and more!



Multilingual Rosary Fridays, 10 a.m., Goddard Chapel

All are welcome for this time of community and prayer. No experience required! Your classmates will be your teachers. Bring your own traditions. Rosaries and guides provided. Please email Catholic Chaplain Lynn Cooper with any questions.

Thursday Dinner Shift Harvard Sq Homeless Shelter 6:45 pm - 9:15 pm.

Join fellow Tufts community members to serve our neighbors for a dinner. Contact Lynn.Cooper@tufts.edu to sign up. No experience needed, and you can sign up just once. Transport is free.



Harvard Square Homeless Shelter Dinner Shift

Thursday Dinner Shift, leave campus 6:00 p.m. by bus and return 9:30 p.m.

Starting November 2, the University Chaplaincy will send 3-5 students to help serve dinner at the Harvard Square Homeless Shelter, located in University Lutheran Church 66 Winthrop St Cambridge, MA (in the middle of Harvard Square). The University Chaplaincy will provide a T Pass for transportation on the 96 bus into Harvard Square. Volunteers travel together and we will send new folks with returners to offer support and guidance. We will have this shift through the spring semester. Please email Associate Director Lynn Cooper if you are interested in signing up or learning more. As a volunteer, you decide which weeks you are able to serve. Learn more about Harvard Square Homeless Shelter here.



Majors Month Is Now!

October 17 - November 16

Whether you are in the School of Arts & Sciences, Engineering, SMFA, or earning a dual degree, there's something this month for you. Check out the line up of events below, and mark your calendar. Attend one, two, or all! Follow this link to learn more details about each event and register. The University Chaplaincy is proud to be a co-sponsor of Majors Month with the Academic Advising and Undergraduate Studies Office, the Career Center, Tisch Library, the FIRST Center, the TCU Senate and the Gordon Institute and Derby Center for Entrepreneurship. Save the date for the University

Chaplaincy's event, *More than a Major: Life is (Much) More Than Work and School* on Wednesday, November 15. Details to come! Reach out to program manager Nora Bond with any questions.

Partner Programs

Tufts Campaign School 2024 Information Session

Thursday, October 19 12 PM ET Rabb Room, Barnum Hall



Register now for in-person and virtual options!



Have all of your TCS questions answered!

Tufts Campaign School Program Information Session

Thursday, October 19, 12 p.m., Rabb Room

Want to work on a political or advocacy campaign? Or better understand what young campaign staffers actually do and how to get a job doing it? Join the Tufts Campaign School 2024, week-long program for college undergrads to learn how campaigns work, hear from industry experts, visit New Hampshire, and more during a presidential election year! The Campaign School runs January 8 - 12. You can learn more about the program here. Register for the information session here, and apply to the Campaign School by October 30.

NO PLANS FOR SPRING BREAK YET? NOT LOOKING TO SPEND A CRAZY AMOUNT OF \$\$ ON A WEEK BREAK?

TCU SENATE, IN COLLABORATION, PRESENTS:

ALTERNATIVE SPRING BREAK COME TO THE INFORMATION SESSION TO LEARN ABOUT THE PROGRAM'S GOALS AND TRACKS

WEDNESDAY 10/25 6:00 PM JCC ROOM 270

Alternative Spring Break Info Session

Wednesday, October 15, 6:00 p.m., JCC Room 270

Student Life, TCU Senate, the University Chaplaincy, the Career Center, and the Tisch College of Civic Life are collaborating to create an alternative spring break experience for March 2024. The March 2024 break experience will be a pilot program which has the dual goals of (1) planning, creating, and implementing an experience that contributes to student learning, builds social connections, and serves the community in a meaningful way and (2) documenting, assessing, and analyzing the opportunities and challenges and making recommendations for March 2025 and beyond. Consistent with the civic engagement mission of the University, the alternative spring break program will give students an opportunity to learn about, engage with, and contribute to the community outside Tufts. If you are interested in learning more reach out to the Dean of Students Office at or get in touch with TCU Senate, and plan to attend the info session.

Ears for Peers

anonymous, student-led helpline for peer support

CALL US AT 617-627-3888

MESSAGE US AT WWW.EARS4PEERS.HEROKUAPP.COM/

Ears for Peers





Ears for Peers is a student-run, anonymous, and confidential hotline for Tufts students when they need peer support. We provide an outlet for students to share problems and concerns with a non-judgemental, accepting peer. Trained by CMHS professionals to offer further resources on and off campus as concrete support.



Common Call Topics

- Friends, Loneliness
- Relationships
- Academic Problems
- Anxiety, Depression



Connect With Us

IG: @Ears4Peers FB: Tufts Ears for Peers Website: www.ears4peers.com Email: ears4peers@gmail.com

Jumbos call for many reasons and each is valid

Ears for Peers is here for you

Ears for Peers is a student-run, anonymous, and confidential hotline for Tufts students when they need someone to reach out to. People call/text for many reasons, including difficulties with school, the college transition, and friends/family struggles. They also receive calls and texts regarding sexual assault and self-harm. Basically, if you want someone to talk to, give the Ears a call. You can find more information about Ears for Peers here.

Resources, Scholarships, and Opportunities



Call, Respond, And Serve: The Role of Spirituality in Public Theology and Politics Tuesday, October 24, 2023, 6:30 p.m. ET, livestreamed

In this book talk and conversation, Lori Lightfoot, former mayor of Chicago and senior leadership fellow at the Harvard T.H. Chan School of Public Health, and Pamela Ayo Yerunde, Community Dharma Leader, human rights advocate, and author of *Casting Indra's Net: Fostering Spiritual Kinship and Community*, will reflect on the role political officeholders and public theologians can play in the divisive social contexts we live in today. Register to attend in person or attend via the Harvard Divinity School (HDS) Youtube channel. Sponsored by the Buddhist Ministry Initiative; the HDS Office of Diversity, Inclusion and Belonging; and the Center for the Study of World Religions.

Upcoming Religious Celebrations and Observances

These events are drawn from the multifaith calendar maintained by the Office of Religious and Spiritual Life at Harvard Divinity School. To see more upcoming religious holidays and festivals, please follow the link to the Harvard Divinity School calendar.

Navaratri

Sun., Oct. 15 – Mon., Oct. 23, 2023 Tradition: Hinduism A nine-night (nav-rat) celebration of nine auspicious forms of Shakti/Devi (feminine divine power/the Goddess).

Reformation Day

Tue., Oct. 31, 2023 Tradition: Christianity, Protestant Commemorates the beginning of the Protestant Reformation of Christianity with Martin Luther's challenge to the Roman church in the sixteenth century C.E.

Samhain

Tue., Oct. 31, 2023 Tradition: Wicca, Paganism The New Year and the final harvest festival, celebrating the last gifts of the Earth before winter and the return of the spirits of the dead.

Support the University Chaplaincy

Supporting dynamic programs at Tufts University in religious, spiritual, ethical, and cultural life is easy and vital to our work. To donate, please click on the button below. Thank you for your generosity.



ABOUT US

The University Chaplaincy is a dynamic hub supporting religious, spiritual, ethical, and cultural life for all members of the Tufts community. We provide pastoral care, support religious and philosophical communities, educate about spiritual and ethical issues in society and the world, and promote multifaith engagement.



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