The University Chaplaincy is a dynamic hub supporting religious, spiritual, ethical, and cultural life for all members of the University community.

### Navaratri
Navaratri is a Hindu festival celebrated from the first day of the New Moon to the Full Moon of the month, marking the final realization of the cosmic dance between Shiva and Shakti.

### Rosh Hashanah
Awe (also known as the Ten Days of Repentance) that conclude on Yom Kippur. It marks the beginning of the holiest time of the year for Jews.

### Tufts Green Fund
The Office of Sustainability is hosting info sessions and drop-in hours to explain the application process and support for sustainability-related projects at the university. They are soliciting proposals of up to $40,000 for projects that aim to reduce the university's ecological footprint.

Application are due Saturday, October 1.

### FIRST
FIRST (First Generation Student Initiative) is a program designed to support and empower first generation students at Tufts. FIRST aims to bridge the gap between Tufts' resources and first generation students.

### Preparations Week
This year, from September 24th-30th, they are highlighting pre-gentrification and its impact on our lives and society. This is an opportunity for students, faculty, and staff to learn more about the history of gentrification and how it affects different communities.

### Latinx American Cultural Celebration
Celebrated September 15 - October 15, this celebration honors Latinx Americans to the U.S. and celebrates the many heritages and cultures of Americans from or with ancestors in Latin America.

### Be-Friend
Each session will explore the contemporary life lessons from this sacred story of a spiritual seeker. The sessions are a great opportunity for students to connect with others and learn from each other's experiences.

### Student Intern
For information about services and events hosted for the High Holidays, please see the Hillel website or contact Rabbi Naftali Brawer.

Wishing you Shana Tova (a sweet new year), and a good returning.

### The World Was Created Just for Me
For many years, the Jewish community has taught that we are unique and special. We are all different; we are all identical; the Supreme King of Kings, the Holy One blessed is He, coins all people from Adam's die and not one looks like another. This is why every person must say 'The world was created just for me.'

### The Importance of Purpose
Our multifaith chaplains have contributed to the program, offering a diverse array of spiritual practices including nature walks, meditation exercises, listening to music, and deep reading—of poetry, art, the world, our lives and our relationships with others.

### Active Listening
Many of us live fragmented lives. Rushing about, our focus tends to be on output with little time left for meaningful conversations and relationships. Our current society is busy, and we can lose touch with who we really are, what we are truly capable of and what matters most in life. This is why we turn to each other in moments of shared vulnerability and loss.

### The Fight for Democracy
Join in-person for conversations with civic leaders like NAACP Legal Defense Fund and others to discuss the current state of American democracy and how we can work together to ensure that it remains strong.

### STEM with a Latinx Twist
Celebrated September 15 - October 15, this celebration focuses on Latinx Americans who have positively affected our historical, political, economic, and/or social context in the U.S. Follow us on social media for details on Climate Justice Week events here and see link for times and locations.

### Be-Friend – last week to sign up!
NEXT WEEK! LAST WEEK TO SIGN UP FOR BE-FRIEND - join us for nature walks, meditation exercises, listening to music, and deep reading—of poetry, art, the world, our lives and our relationships with others. This is your chance to connect with others and grow spiritually together.

### Tufts University Green Fund
The Tufts Green Fund is an opportunity for students, faculty and staff from across Tufts to receive funding and support for sustainability-related projects at the university. They are soliciting proposals of up to $40,000 for projects that aim to reduce the university's ecological footprint.

Application are due Saturday, October 1.

### Climate Justice Week
Each week, Tufts University is recognizing climate action and awareness through a variety of events and activities. For more information, please see the Climate Justice Week website.

### A Reflection from your Jewish Chaplain
We are proud to welcome Francesca Rubinson, a second-year student at Harvard Divinity School, pursuing a Master of Divinity degree. Francesca is a proud Jumbo and feels honored to return to Tufts as a chaplain. As a chaplain, she is passionate about providing spiritual support and accommodations for students and faculty of all backgrounds.

Francesca is a chaplain at Brigham and Women's Hospital, where she serves as a chaplain and provides legal services to the immigrant community in Boston. She is also a chaplain at the Mt. Sinai Hospital in New York City, where she provides spiritual care to patients and families.

Francesca is also a proud member of the LGBTQ+ community and is trained as a mikveh guide. She volunteers at an LGBTQ+ community center in New York City, where she provides spiritual support and accomodations for students and faculty of all backgrounds.

We are proud to welcome Francesca to Tufts and look forward to her contributions to the University community.

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E-News 9.21.22

### Give Today
To support Tufts University, please consider making a donation today. Your generosity helps to support important initiatives and programs at the University.

Thank you for your support.