A conversation on "Guru and Discipleship" in Theravāda and Tibetan Traditions with Venerable Upali Sraman and Daniel Aitken

Wednesday, March 4, 5:00 p.m., Goddard Chapel

Join the Tufts Buddhist Chaplaincy and the Tufts Mindfulness Buddhist Sangha for the third talk of our Buddhist Traditions and Practices Series! This talk is on the nature of the relationship between a Buddhist master and his disciple in two Buddhist traditions. Light dinner will be provided. All are welcome.

Venerable Upali is currently studying for his Ph.D. at Emory University, Atlanta, GA. Originally from Chottogram, Bangladesh, Venerable Upali has studied Buddhism, Pali and Sanskrit in Sri Lanka for more than a decade before completing Master of Divinity at Harvard.

Daniel Aitken is the CEO and Publisher at Wisdom Publications, Somerville, MA. He also holds a Ph.D. in Buddhist philosophy. Originally from Australia, Daniel has been a Tibetan Buddhist practitioner for many years. He has been attending numerous Buddhist retreats in various places besides his work as a publisher.
Cyntoia Brown-Long
Author and Advocate for Criminal Justice Reform

March 5, 2020
6:00 p.m.
Breed Memorial Hall
Medford/Somerville Campus

To RSVP, or for more information, visit tischcollege.tufts.edu/events

Can’t make it? Watch the live stream at tischcollege.tufts.edu or follow #CyntoiaAtTufts

Sponsored by Tisch College, the Provost’s Office, the Tufts Laidlaw Scholars Program, the Institute for Global Leadership, the FIRST Center, the Africana Center, the Latino Center, the Sociology Department, the Center for the Study of Race and Democracy, the Women’s Center, Department of Studies in Race, Colonialism, and Diaspora, the Center for Awareness, Resources, and Education (CARE), the Tufts Chaplaincy, and the Tufts University Prison Initiative at Tisch College.
Tisch College Distinguished Speaker Series: Cyntoia Brown-Long
Thursday, March 5, 6:00 p.m., Breed Memorial Hall, 51 Winthrop Street

Join Tisch College for a conversation with author, speaker, and advocate for criminal justice reform and victims of sex trafficking, Cyntoia Brown-Long. Born to a mother battling addiction, Cyntoia Brown-Long had a difficult childhood marked by physical and emotional trauma. At 16 years old, she became a victim of sex trafficking and was later arrested for killing a man who solicited her for sex. She was tried as an adult despite her age and was sentenced to life in prison without parole for 51 years. After 10 years in prison, during which she obtained two university degrees, got married, and embraced religion, Cyntoia appealed for clemency. Her appeal triggered an outpouring of support and sparked a national debate about child trafficking and the juvenile justice system. Tennessee Governor Bill Haslam commuted Brown-Long’s original sentence to 15 years, and she was released from prison in August 2019. Cyntoia wrote a memoir of her journey, entitled Free Cyntoia: My Search for Redemption in the American Prison System. She currently works with advocates for juvenile sentencing reform through the Foundation for Justice, Freedom and Mercy, which she founded with her husband. Follow the conversation at #CyntoiaAtTufts.

Tufts Interfaith Awareness Series

Starting with United Nations World Interfaith Harmony Week from February 1 – 7, Tufts Interfaith Student Council invites all to engage in our fourth-annual Interfaith Awareness Series.

Join us for a multi-week initiative for learning about and engaging with the diverse religious and philosophical traditions that compose the Tufts community. The Interfaith Student Council, the religious and philosophical student organizations, and University Chaplains will be hosting events, such as field trips to off-campus religious sites, interfaith dialogue over dinner, visiting local art exhibits, and more. Regardless of your own religious or philosophical identity, please join us at any or all of the following open programs. All are welcome.

Religious and Philosophical Life Programs

Zen on Wednesdays
Wednesday, March 4, 12:00 p.m. - 1:00 p.m., Miner Hall Room 221

This event is a dedication to the reading and discussion of Zen or Chan Buddhist texts. There will be interesting Koans to read, which are naturally very enigmatic and confusing, but that is the appeal. We will discuss the history of Zen Buddhism and its impact as well. This event is hosted by The Tufts Buddhist Mindfulness Sangha.

Knitting with the Chaplain (Back by popular demand)
Fridays: March 6, 13, 20, 27 and April 3, 2:00 p.m. - 3:00 p.m., Goddard Chapel

Come and join the fun with University Chaplain Jenny Peace on Fridays from 2-3 for a second 6-week series. Whether you have never picked up a pair of knitting needles, have a knitting project to finish up, or just want to sip hot tea in a circle of knitters while quizzing the chaplain about theological matters, you are welcome. Bring your own yarn and needles or come as you are and supplies will be provided.
Roman Catholic Mass
Sunday, March 8, 5:00 p.m., Goddard Chapel

Each week we celebrate the Holy Eucharist at our 5:00 p.m. liturgy. Join us as we gather to sing, pray and just be together in community. All are welcome and as always, come as you are. For more information, please contact Catholic Chaplain, Lynn Cooper at Lynn.Cooper@tufts.edu.

Leading Mass This Week: Fr. Edmund Ugwoegbu
Edmund Ugwoegbu is from the Enugu Diocese of Nigeria and is presently a student at Boston College. He also helps out as a Parochial Vicar at St Barbara Parish in Woburn, MA.
His academic interest is in advocacy for people with disabilities, especially in Nigeria and Africa. He also has an interest in promoting gender equality with particular attention to girls' education a creating a pastoral awareness for the care of the sick and needy - especially the aging in our societies. He believes it is within the context of healthcare and social justice in Catholic Social teaching.

Protestant Evening Worship
Sunday, March 8, 7:00 p.m., Goddard Chapel

There is always room for you in the PEW. Please join us at Protestant Evening Worship on Sundays at 7 p.m. in Goddard Chapel. All are welcome, whoever you are and wherever you find yourself in your journey of life and faith. Following the service, please stay for refreshments and an opportunity to connect with folks from the Protestant Students Association.

This week, Tufts' Protestant Chaplain, the Rev. Dan Bell, will be preaching as we enter the second week of Lent. Learn more about the Protestant community at Tufts by visiting chaplaincy.tufts.edu/protestant. Email Chaplain Dan at daniel.bell@tufts.edu to find out how to get involved. Dan is available to meet on Wednesdays and Fridays and is always happy to get a coffee or tea with you.

"Theravāda Abhidhamma Recitation in Burma" with the Venerable Ashin Candasiri
Monday, March 9, 12:00 p.m., Goddard Chapel

Join the Tufts Buddhist Chaplaincy and the Tufts Buddhist Mindfulness Sangha for the fourth talk of our Buddhist Traditions and Practices Series. This talk is about the practice and study of Abhidhamma (the scripture of Higher Doctrines) in Burmese Theravāda tradition. Venerable Candasiri will guide our meditation, will talk on Abhidhamma
Venerable Candaa is originally from Burma, currently residing at the Burmese Buddhist Temple in Malden, MA. He has been a Buddhist monk for over a decade, studying and practicing in Burma and in Sri Lanka before coming to reside at the Burmese temple in Malden.

Partner Programs

**My Tufts Story Video Contest**
Applications due March 8, 2020

Tell us your story! What passions and interests and what personalized path have you taken to fulfill them since coming to Tufts? The My Tufts Story video contest aims to showcase your unique interests and personalized paths through student-created videos. Entries will be reviewed by a panel of Tufts faculty, staff, and students. One grand prize winner will receive $1,000. More details including contest guidelines, how to enter, and example videos can be found on our website.

**Spring 2020 Tour Guide GIM**
Tuesday, March 10, 6:00 p.m. - 7:00 p.m.

Do you have great stories you’d like to share? Are you passionate about influencing next year’s incoming freshman class?

Tours are often the only chance a prospective student has to hear real stories about the experiences students have here at Tufts. YOU can play a huge part in a student’s decision to come here! Come to our GIM Tuesday, March 10th at 6:00 p.m. to hear more about the program. If you have any questions, please email Curry Brinson at curry.brinson@tufts.edu or Alyssa Blaise at alyssa.blaise@tufts.edu or check out the Facebook event here.

**Entre Papel y Piel: Performance as Response to Document**
Friday, March 13, 10:30 a.m. - 12:00 p.m., Location: TBD

"How many times are we born? What do we lose and what do we gain when we fill lines on paper? Led by poet and performer Jesús I. Valles, this workshop provides a space to tell the stories of our moving bodies, from them, generating writing that strives to transcend the bureaucracy that reduces our experiences to a series of government questionnaires. Participants will be encouraged to write themselves fully alive with all the nuance, joy, and heart that we are so often deprived of by news media and political talking heads. Using a mix of writing exercises and performance techniques, we hope to cobble stories that attest to our present living and project a future where we can be together beyond the words 'type or print in black ink.' " To RSVP, reach out to Kareem.Khubchandani@tufts.edu. Check out the Facebook event.

**Tufts Civic Impact**
Tufts Civic Impact is your gateway to service opportunities in the community. It's easy: log in with your Tufts ID to find opportunities to volunteer in the area and connect with the community. You can also post your own opportunities and track your own service hours, your service-learning courses, and any donations you give.

Tufts Civic Impact is open to the entire Tufts community, including students, faculty members, staff and community partners, to publicize and track civic and community engagement opportunities! You can use Tufts Civic Impact to: create applications, track service hours and reflections, produce reports on your impact, and communicate about events or activities. Tisch College is here to help everyone make the most of this tool. If you have any questions, please contact Sherri Sklarwitz, Associate Director of Programs at Tisch College, at sherri.sklarwitz@tufts.edu.

**Participate in Research on Food Security among Tufts Undergraduate Students**
In recent years, research has highlighted the prevalence of food insecurity in higher education settings in the United States. Yet, no research has yet been conducted at Tufts to assess the status of food security on our own campus. The Department of Health Promotion and Prevention seeks to study the extent to which food insecurity exists among undergraduate students and understand how Tufts undergraduate students on the Medford and Fenway campuses
Ultimately, we hope to offer recommendations for how Tufts can ensure that all students have access to healthy, affordable, and sustainable food.

We invite you to participate in an anonymous survey to help us with this research project. Responding to this survey will help us better understand the current food environment of Tufts University among undergraduate students. The survey consists of multiple-choice questions. It should take approximately 10-15 minutes. All of the responses are confidential and participation is voluntary. You will be asked to provide your consent prior to taking the survey.

The survey is available at this link: https://tufts.qualtrics.com/jfe/form/SV_cINZErtBHzvGFUx.

We greatly appreciate your time and support for this research. Participants will have the option to enter a drawing for to win one of twenty $50 JumboCash prizes. Should you have any questions about the research or the survey please do not hesitate to contact Madeleine Clarke at madeleine.clarke@tufts.edu or Ian Wong at ian.wong@tufts.edu.

**2020 LGBTQ+ Leadership Conference**

**March 27 - 28, 2020**

The fabulous conference welcomes EVERYONE - including allies and folks who want to learn more about LGBTQ+ issues! This year, the conference's theme is: No One Left Behind, which aims to explore some of the most vulnerable LGBTQ+ communities across multidisciplinary themes. With roughly 400 expected attendees, the conference presents a unique opportunity to amplify critical voices and perspectives that have been left behind by the LGBTQ+ movement. The conference also brings together diverse LGBTQ+ professionals and experts from various fields - including, media, public health, business and entrepreneurship, politics, grassroots organizing, non-profit sector, and more! Through keynotes, panels, and workshops, we will explore how marginalized LGBTQ+ communities have been impacted and what we can do to support them. Please email the LGBT Center if you are interested in a scholarship opportunity that will cover conference registration. To learn more about the conference, click here.

---

**Off Campus Programs**

**Heart-Smile New 8-Week Course**

**Wednesday, February 25, 2020 - April 14, 2020**

Heart-Smile Training (HST) is an 8-week compassion-based program, focused on kindness and compassion-based practices and skill-building. This unique 8-week course, being offered through the Cambridge Health Alliance Center for Mindfulness & Compassion, includes sound and movement meditations and guided sitting practices. For more information please email cmc@challiance.org or find the website here.

---

**Resources, Scholarships, and Opportunities**

**Internships with CAIR-Massachusetts**

Are you a college or graduate student who wants to make a real impact this summer? Come intern with CAIR-Massachusetts! CAIR-MA is pleased to offer opportunities for two competitive, paid summer internships in our Boston office, in the fields of Government Affairs and Community Advocacy and Education.

We welcome applications from individuals of all backgrounds. Internships require a full-time commitment for a substantial part of the summer. Interns can earn community service hours or academic credit through their university, pending institutional approval. Applications consist of a resume and contact information for two references, and will be accepted on a rolling basis. Please direct applications for the Government Affairs position to Nazia Ashraf at nasnhraful@cair.com, and applications for the Community Advocacy and Education position to Sumaiya Zama at szama@cair.com. Select applicants will receive a request for an interview. For more information here.
The Watershed Project
Looking for a fresh start? Interested in learning about a queer, inclusive take on a Jewish tradition? The Watershed Project is a trans-informed, gender-inclusive ritual for people who are transgender, nonbinary, or gender-questioning and who self-identify as Jewish, to any extent. The project brings together small groups for a one-time visit to the mikveh, a Jewish ritual bath for renewal and transformation. The goal is for participants to experience the grounding, clarifying benefits of immersion in a way that respects the integrity of identities that have been historically excluded from the tradition. Visits are ongoing and will be scheduled around participant availability. For more information, click here.

Summer Job New Scholarship from Hillel International
Apply before March 15, 2020
Check out this new scholarship for current Jewish-identifying college students who are exemplary leaders. Please note that the deadline to apply is March 15, 2020. Find more information here.

Islamic Scholarship Fund Scholarship
Applications are accepted until March 21
With the scholarship award (ranging from $3,000 - $10,000), you would also be joining a network if highly accomplished alumni from lawyers to journalists to activists. If you have any questions or concerns, you can send an e-mail to salma@islamicscholarshipfund.org.

Catholic Student Fellowship Opportunity
Applications due May 15, 2020
The Röpke-Wojtyła Fellowship is a program hosted by The Catholic University of America for Catholic undergraduate seniors from any institution across the United States. The Fellowship’s purpose is also to encourage the next generation to critically engage intellectual traditions and authors they might not otherwise encounter during their studies. Röpke-Wojtyła Fellowships are awarded to outstanding senior-level undergraduate students majoring in a variety of disciplines. Fellows participate in three one-day colloquia in Washington, DC, with the fourth gathering in Rome. At all these events, students interact with exceptional and inspiring scholars.

Röpke-Wojtyła Fellows receive a stipend of $3,500 in two installments. Additionally, travel, lodging, and most meals for the colloquia are covered. Applications for the 2020-2021 cohort are open. Interested and qualified candidates should send an email to rw-fellowship@cua.edu that includes a resume, a current transcript, and a 500 word (max) personal statement explaining your academic career to date, your intellectual interests and career goals, your expectations for the fellowship, as well as how you see the relationship between religion, society, and the market.

Upcoming Religious Holidays and Festivals
These events are drawn from the multifaith calendar maintained by the Office of Religious and Spiritual Life at Harvard Divinity School. To see more upcoming religious holidays and festivals, please click here.

Nineteen Day Fast
Saturday, 2.29 – Thursday, 3.19.2020
Tradition: Baha’i
A designated 19-day period of fasting each year immediately before the Bahá’í New Year. The fasting is seen as a period of spiritual preparation and regeneration for the new year ahead.

Great Lent
Monday, 3.2 – Saturday, 4.18.2020
Tradition: Christianity-Orthodox
In Orthodox churches, the first day of Lent marks the beginning of the Great Fast, the final six weeks of a 10-week period leading up to Holy Week and Easter (Pascha). In the churches that follow the Gregorian calendar, Lent is a six-week observance (40 days excluding Sundays) beginning with Ash Wednesday and culminating in Holy Week. It is a time of repentance and sacrifice in preparation for Easter.

Holi
Monday, 3.9.2020
Tradition: Hinduism
A joyous spring Hindu festival that is dedicated to Krishna in some parts of India; in other parts of India, it is
dedicated to Kama, the God of Pleasure. People throw colored water or colored powder in celebration.

**Purim (Feast of Lots)**
Monday, 3.9.2020
Tradition: Judaism
Celebrates the rescue of the Jews of ancient Persia from a plot to destroy them as related in the Book of Esther,
which is read at this time. Purim is a joyous holiday, celebrated by wearing of costumes, giving gifts to friends, giving
to the poor, and socializing. Preceded by the Fast of Esther, Purim is a day of feasting. Begins at sundown.

---

**Weekly Gatherings**

For more information about Tufts religious and philosophical community weekly gathering times, please go to our
website.

**Mondays**
- Guided Meditation and Tea led by Buddhist Chaplain Priya Sraman, Noon, Goddard Chapel
- COFFEE Interfaith Discussion Group, alternating Mondays 8:00 p.m. - 9:00 p.m., Goddard Chapel

**Tuesdays**
- No gatherings scheduled.

**Wednesdays**
- Faculty/Staff Spirituality Group: 8:00 a.m - 9:00 a.m., Goddard Chapel
- Catholic Hour Spiritual Practice: 7:00p.m - 8:00 p.m., Goddard Chapel
- Tufts University Unitarian Universalists: Weekly Meeting, 8:00 p.m - 9:00 p.m., Goddard Chapel
- Tufts Hindu Students Council: Puja, 9:00 p.m. - 10:30 p.m., Goddard Chapel
- C. Stacey Woods: Bible Study, 9:00 p.m. - 10:30 p.m., Campus Center 203

**Thursdays**
- C. Stacey Woods: Large Group Gathering, 7:00 p.m. - 9:00 p.m., Sophia Gordon

**Fridays**
- Guided Meditation and Tea led by Buddhist Chaplain Priya Sraman, Noon, Goddard Chapel
- Muslim Students Association: Jummah Prayer, 1:15 p.m., Interfaith Center
- Humanist Community at Tufts: Weekly Reflection Meetings, 5:00 p.m. - 6:00 p.m., Interfaith Center
- Tufts Hillel: Conservative and Reform Shabbat Services, 6:00 p.m., Granoff Family Hillel Center
- Tufts Hillel: Shabbat Dinner, 7:15 p.m., Granoff Family Hillel Center
- Chabad at Tufts University: Shabbat Dinner, 6:45 p.m., Rohr Chabad House
- Chabad at Tufts University: Shabbat Service, 7:30 p.m., Rohr Chabad House

**Saturdays**
- Tufts Hillel: Shabbat Lunch and Discussions, Saturdays, Noon, Granoff Family Hillel Center

**Sundays**
- Sacrament of Reconciliation: Before or After Sunday Liturgy
- Catholic Community at Tufts: Mass, 5:00 p.m., Goddard Chapel
- Humanist Community at Tufts: Open Creative Group Space: Sundays, 7:00 p.m. - 8:00 p.m., Interfaith Center
- Protestant Students Association: Protestant Evening Worship Service, 7:00 p.m., Goddard Chapel

To learn meeting times for the following groups, please see our [website](#) for student leader contact information:
About the University Chaplaincy Enews
The University Chaplaincy Enews is published weekly by the Tufts University Chaplaincy to promote programs and opportunities related to spirituality, ethics, culture, and social justice. To propose announcements for inclusion please contact the University Chaplaincy at chaplaincy@tufts.edu.

Supporting the University Chaplaincy
Supporting dynamic programs at Tufts University in religious, spiritual, ethical, and cultural life is easy and vital to our work. To donate, please click on the button below. Thank you for your generosity.

Give Today

ABOUT US

The University Chaplaincy is a dynamic hub supporting religious, spiritual, ethical, and cultural life for all members of the Tufts community. We provide pastoral care, support religious and philosophical communities, educate about spiritual and ethical issues in society and the world, and promote multifaith engagement.

Tufts University Chaplaincy | Goddard Chapel, 3 The Green | Medford, MA 02155 US
chaplaincy.tufts.edu | chaplaincy@tufts.edu | 617.627.3427

Subscribe to our email list.