

APRIL 2021 NEWSLETTER



Photo Credit: SB NewsPress

SDRI continues COVID-19 vaccination clinic

SDRI opened the doors of our first COVID vaccination clinic on January 27, 2021. Just 8 weeks later, at our 14th clinic day on March 26th, we administered our 1000th Moderna vaccination. Of these, about 85% are first doses, and 15% second doses. In all, 70% of the vaccines have been provided to people of Hispanic/Latino heritage and 34% to people aged 65 or older, groups at high risk for poor outcomes from both



Photo Credit: SB NewsPress

diabetes and COVID. Additionally, we have vaccinated people with diabetes and other health conditions as well as those employed in the priority healthcare, food/agriculture, education, and emergency services sectors.

"We are so thankful that SDRI contacted us about this opportunity to be vaccinated. We have been sheltered for a year, I am a teacher and my daughter has type 1 diabetes, so we were hesitant to come. The vaccination process was so smooth and safe, the staff was kind and professional, and it exceeded all of our expectations. Thank you SDRI for making a difference in the diabetes community!" -Elaine and Gwyneth



SDRI clinical research data published from Control-IQ Closed-Loop Control System

Dr. Pinsker recently published an article in Diabetes Technology and Therapeutics, Clinical Management and Pump Parameter Adjustment of the Control-IQ Closed-loop Control System: Results from a 6-month Multicenter Randomized Clinical Trial, discussing changing pump settings for users of Control-IQ technology.

View Publication

Save the Date

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AUGUST 21, 2021

A HYBRID WINE EXPERIENCE





Digital Health Study

Our new Digital Health study, funded by the Elsevier Foundation, is engaging Hispanic/Latino adults with or at risk of type 2 diabetes (T2D) to assess adherence to using wearable and other digital health technologies to measure blood glucose levels, food intake, physical activity, and sleep. A primary aim is to obtain accurate timings of the start and finish of each meal via the digital health devices. Interested Hispanic/Latino adults with or at risk of T2D and feel comfortable using their own smartphone should contact Study Coordinator, Rony Santiago at 805-335-0309.

Youth-led program launched at SDRI aimed to improve the health of our community

Veggie IQ, a program of SDRI, aims to excite young Latinos to become Santa Barbara's first Youth Scientists. Youth Scientists will use science and technology to highlight the important links between good food and good physical and mental well-being while ending the health inequalities faced by many young people in America today. This is a youth-led movement, and over the course of ten months, Youth Scientists will participate in interactive Science Sessions at Pilgrim Terrace Urban Farm while researching and developing engaging public health campaigns to improve the health of our community.

Type 1 diabetes research survey

No pricks, prods, pokes, or office visits. Participate in this type 1 diabetes research right from the comfort of your own home by taking a quick, 15-minute questionnaire about your experience with T1D.



Reduce your tax burden

Do you own an IRA or other qualified retirement plan? Are you looking for a tax-wise strategy to make gifts to support our mission? If so, consider making an IRA charitable rollover gift. **IRS Charitable Rollover Gift – 70** ½ or over I Direct up to \$100,00

- May satisfy your annual required minimum distribution, or RMD, up to the amount of your gift.
- Allows you to give from pre-tax assets and your distribution is excluded from taxable income.
- Helps avoid limits on charitable deductions and prevents you from being pushed into a higher tax bracket.
- Simplifies the giving process. It is easy to do—just notify your IRA custodian.
- Minimizes the effect your giving has on your cash flow. The gift is from your assets, not your checkbook.

If you would like more information about how to make an IRA charitable rollover gift, please contact Teri Creath, Planned Giving Manager at <u>tcreath@sansum.org</u> or 805-419-1338.

We are recruiting for a new clinical research trial

SDRI is recruiting for an upcoming pediatric clinical trial for kids between 2-17 years old, and with type 1 diabetes. If you are interested in learning more please email Nina Shelton at <u>nshelton@sansum.org</u>.



Sansum Diabetes Research Institute is dedicated to improving the lives of people impacted by diabetes through research, education, and care.

Support SDRI



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