



SANSUM DIABETES  
RESEARCH INSTITUTE

## MAY 2021 NEWSLETTER

### **Wearable glucose monitors shed light on progression of type 2 diabetes in Hispanic/Latino adults**

A study by SDRI and Rice University points to new directions for improved diabetes care. Researchers have shown wearable devices that continuously monitor blood sugar provide new insights into the progression of type 2 diabetes among at-risk Hispanic/Latino adults.

The findings by researchers from SDRI and Rice University are available online in EClinicalMedicine [here](#), an open-access clinical journal published by The Lancet.

Namino Glantz, Associate Director of Mil Familias at SDRI, shared the findings from this joint publication on air in Spanish at Univision Houston.



Watch now

**Meeting  
with Rep.  
Salud  
Carbajal to**

# discuss important diabetes initiatives

Along with JDRE, Katie Haq, Assistant Director of Marketing and Communications at SDRI, met with Congressman Salud Carbajal to discuss insulin coverage, affordability, and choice for type 1 diabetes (T1D) therapies.



We are grateful to Congressman Carbajal for his support in the Special Diabetes Program (SDP), which is a critical program that provides \$150 million annually for T1D research at the National Institutes of Health (NIH), the country's premier medical research agency. And also for his support in the RISE act to support the research enterprise in rebuilding from the effects of the ongoing coronavirus pandemic. This important legislation would authorize \$25 billion in emergency relief funds for federal science agencies, including \$10 billion for the NIH.

**Save the Date**

14<sup>TH</sup> ANNUAL



# TASTE OF THE VINE

AUGUST 21, 2021

A HYBRID WINE EXPERIENCE

TO BENEFIT



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## Youth-led program launched at SDRI aimed to improve the health of our community

Veggie IQ, a program of Sansum Diabetes Research Institute, aims to excite young people to become Santa Barbara's first Youth Scientists.

Youth Scientists will use science and technology to highlight the important links between good food and good physical and mental well-being while ending the health inequalities faced by many young people in America today. This is a youth-led movement where participants will learn about science, nutrition, technology, marketing strategies, and encourage peers and younger students to think about food as medicine.

Over the course of 10 months, Youth Scientists will participate in virtual and in-person interactive Science Sessions at local urban farms while researching, developing, marketing, and sharing engaging public health campaigns to improve the health of our community.



Veggie IQ is looking for 5 more local high school sophomores or juniors to join our team of Youth Scientists! Interested students can apply [here](#) today!

To read more about our program, please visit: <https://veggieiq.sansum.org/>.

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## Ocho Pasos series completed

April 15th marked the final class in the latest Ocho Pasos series. This was SDRI's third series conducted virtually. From the beginning, the participants consistently brought their energy and curiosity to each session. Gerardo Alcantar, our primary instructor, shared his energetic, wise, and youthful attitude over the screen. This series had 17 participants, all Latinos living in Santa Barbara with type 2 diabetes. Over the past 8 weeks, SDRI saw all participants gain mastery over the program, highlighting a deeper interest in their health and well-being.

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## Type 1 diabetes research survey

T1D Exchange has a mission to better understand living with Type 1 Diabetes, enhanced by its diversity. Different voices, different stories, different backgrounds from people like you! Join the T1D Exchange Registry, and drive research that matters!

[Take Survey](#)

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## Do you have a plan?

To assist you with making or updating your future plans, we can provide you with our free planning guide. Many of our supporters have found this guide useful in helping them think through their goals. To obtain a copy, please contact Teri Creath, Planned Giving Manager at [tcreath@sansum.org](mailto:tcreath@sansum.org) or 805-419-1338.

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## We are recruiting for a new clinical research trial

SDRI is recruiting for an upcoming pediatric clinical trial for kids between 2-17 years old, and with type 1 diabetes. If you are interested in learning more please email Nina Shelton at [nshelton@sansum.org](mailto:nshelton@sansum.org).



## Make a difference this Mother's Day

Shop for gifts at [smile.amazon.com/ch/95-1684086](https://smile.amazon.com/ch/95-1684086) to generate donations for Sansum Diabetes Research Institute.



**Mother's day is May 9<sup>th</sup>**  
Find the perfect gift at [smile.amazon.com](https://smile.amazon.com)  
to generate donations, at no extra cost!



Sansum Diabetes Research Institute is dedicated to improving the lives of people impacted by diabetes through research, education, and care.

Support SDRI



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