



Your one-stop-shop for pre-health news and updates!



"On Campus" Opportunities

- **CAS Summer Internships Registration Info Session - April 12th 4:30pm.** [Register on Handshake](#)
- **UP HOSA - Future Health Professionals** just became official here at UP and we are the first Post-Secondary/Collegiate HOSA chapter in the state of Oregon. This is going to be our First Official Meeting and we would like you all to attend - open to ALL areas of the health professions!



The goals for this Meeting are to:

- *Recap HOSA and the opportunities available to its members
- *Unveil our next semester plans and program of work
- *Unveil Leadership Opportunities
- *Discuss Summer Involvement
- *Have a general Q & A for prospective members

When: Monday April 5th at 5 PM

Where: Zoom ID: 329 450 8942, Password: upHOSA20!

Who: UP HOSA Leadership Team and ALL members interested in health professions

Are you Taking an Entrance Exam This Year?!

MCAT? DAT? GRE? PCAT? OAT?

If you are taking any entrance exam in the next year please [email Becca](#) and let her know the date you register for and the test you are taking so we can add you to the Pre-Health Testing Calendar! We want to cheer you on as you study and help you find other people who are working

Off Campus Highlights

- The Princeton Review is hosting their first virtual [Pacific Coast Test Fest April 10th - 15th](#) with lots of test prep/practice test opportunities.
- Check out **Concordia St. Paul - Portland's Accelerated Nursing Program** through a [Zoom Info Session April 6th at 11am](#). [RSVP](#)
- There has been an update about registration dates for [July - September MCAT Test Dates](#)
- [Sign up](#) to attend OHSU's MD Program Information Session on May 7th
- **WesternU COMP DO** invites you to a workshop on [How to Write an Effective Personal Statement April 13th at 6pm](#)
- [WesternU COMP DO invites you to apply for the DREAM program](#): DREAM stands for Diversity Recognized Emphasized & Assimilated into Medicine. This program is an immersive four-day experience that provides participants a sneak peek of what it's like to be in medical school through informative workshops (application process, finance, residency, and personal branding) and virtual activities (suturing, clinical procedures, ultrasound, and osteopathic manipulative techniques). Program Dates are July 19th - July 22nd, 2021. Application Deadline: 5.14.2021
- **The National Association of Advisors in the Health Professions** has compiled a list of [ongoing pre-health opportunities during the COVID-19 Pandemic - check it out here!](#)
- Don't forget to check out [OHSU's Higher Education web page](#) for ongoing opportunities to get involved at OHSU!



Alumni Spotlight

[Josh Colasurdo](#) is a 2018 UP graduate who is currently an outstanding medical student up at OHSU. While Josh was at UP, he worked as an organic chemistry workshop leader and as a teaching assistant for Human Physiology and A&P I/II. As an undergraduate, he was also able to complete an internship experience in rural medicine that allowed him to receive credit toward his degree. After graduation, he began work as a

full-time medical scribe before transitioning into a medical informatics and clinical epidemiology research position at OHSU. Josh was also involved as a health volunteer at a local homeless hospitality center and in a leadership position at a student-run health clinic. We wish Josh all the best on his continued journey to becoming a physician...we know he will continue to do great things! [Read more about Josh!](#)

Test Prep Question of the Day

This week's test prep question comes from the MCAT:

Which of the following terms refers to the burden or degree of disease associated with a given illness?

- A. Morbidity
- B. Mortality
- C. Second sickness
- D. Chronicity

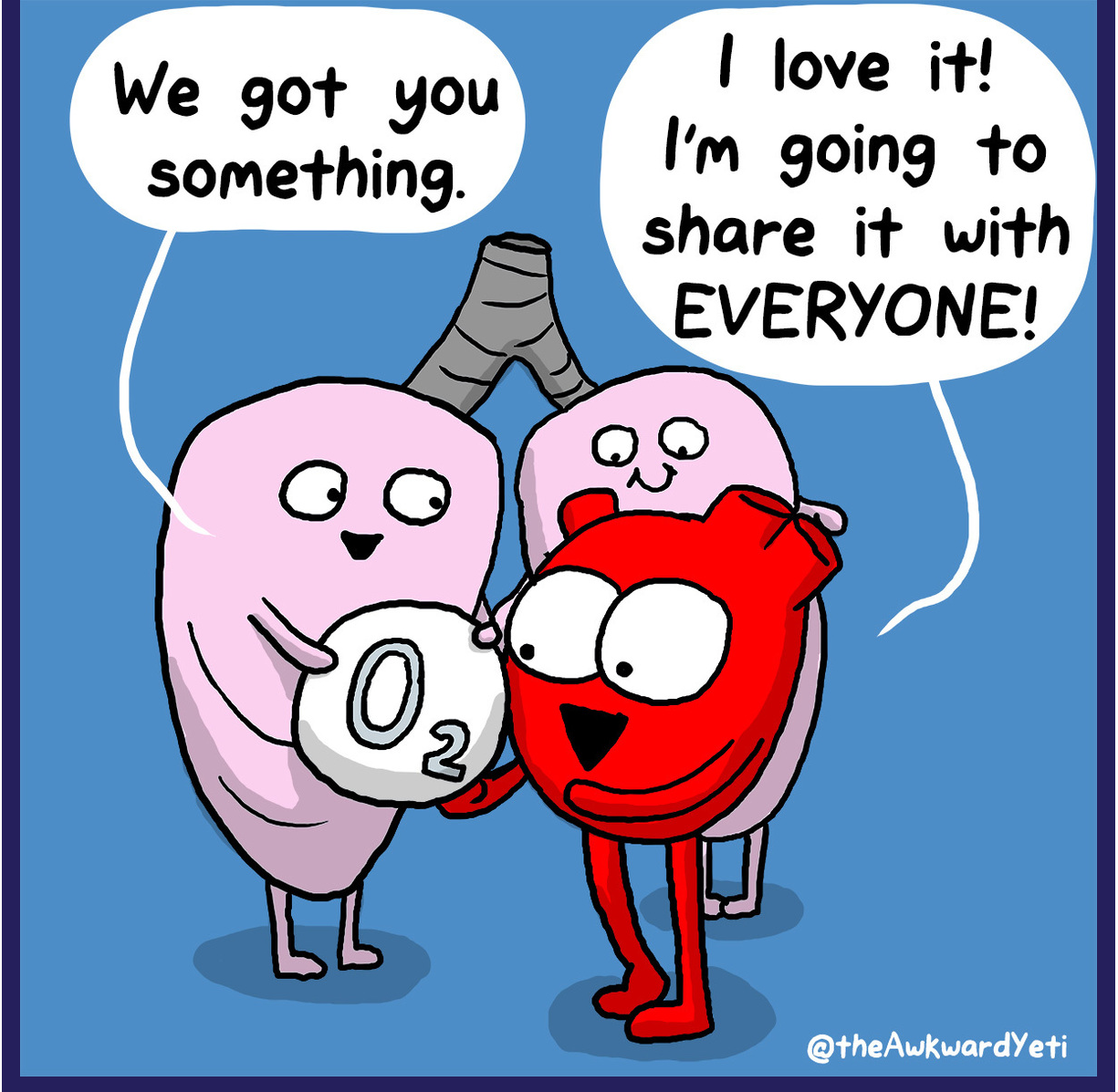
Answer is at the very bottom of the Newsletter!

Questions? Concerns? Need an Advising Appointment? Contact Us!

Becca Henley, Academic Program Counselor CAS, Pre-Health Advisor

Dr. Kyle Flann, Biology Faculty, Pre-Health Advisor

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MCAT Question Answer: A

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