



May 2023 News

Outdoors For All

FREE Adaptive Cycling Event

Sunday, May 21 -- ALL Ages Welcome



With over 200 adaptive cycles, Outdoors for All has one of the largest adaptive bike fleets in the country; almost anyone can find a bike that works for them! Try them out for FREE and see which one works for you!

Session 1: 10am to noon (limited to 20 participants)

Session 2: 1pm to 3pm (limited to 20 participants)

[Details & Registration](#)

Hannah's Hero



We all need heroes, those unique individuals that take on incredible challenges we can only aspire to, but in

aspiring to, we get inspired maybe just enough to take on some of our own challenges. And even though each of us is unique, when that hero is someone who looks like us, they seem to share similar burdens. Thus they inspire us to become the best version of ourselves to meet the challenges we face.

[Read More About Hannah's Phone Call](#)

A Note From Parent to Parent...

I think spring has finally sprung and we can enjoy the great outdoors and the sunshine! We have a busy month of baseball, softball and other fun activities this month along with a Mom's Day Out and support meetings. Ysabel and I will be attending the Statewide Parent to Parent Retreat May 15-17. This is a time to meet with other P2P coordinators and share thoughts, ideas and get some training to keep our programs relevant for our families. Check out a game of baseball on a Friday evening through May 19th or a softball game with our adults on Wednesdays beginning May 10th. SOAR is active for those 13 and older and our Kids Playgroup is for 12 and under. I look forward to seeing you this next month and please reach out if you need help with resources, questions or concerns.

Your Parent to Parent Coordinators, Angie Witt and Ysabel Fuentes

FREE Special Preview Performance of WaHi's "Dreamland"

Wednesday, May 3, 2023 at 4:00 pm



For families who may not feel comfortable or be able to attend a live performance during a regularly scheduled show. There is absolutely no concern for the cast and crew in regard to movement, talking, sounds, etc. during this performance.



Register for SOAR Events

Check your inbox for a reminder email with dates, times, and locations after you register.

SOAR May Events

For ages 13 and over

May 2 - Pizza & Paint Night, 5:00 to 7:00 pm (**Deadline to register for this event is Sunday, April 30 at 6pm**)

May 8 - Comic Book Night

May 21 - Outdoors For All Adaptive Cycling

June 13 - WW Sweets Baseball Game (Registration closes May 31 so register early)

ComicBooks For Kids

by Tash Foxe, SOAR Coordinator

We would like to take a moment to share some information about one of our amazing supporters, ComicBooks For Kids. ComicBooks For Kids is a non-profit on a mission to provide child friendly comic books to children in hospitals and cancer centers across the United States. They also provide comic books for men and women in the military. As of September 2022, ComicBooks For Kids has been generously partnering with the WWVDN SOAR program to provide comic books, Funko pops, Lounge Fly Disney backpacks, purses, and wallets, as well as coloring books, reading books and so much more for the participants. To quote Founder and President Mark Weiss, the packages they send are "Our way of not only supporting your initiative, but saying thank you for your kind words and appreciation of your mission."

Mark and his amazing team work hard building, weighing, labeling and shipping each box around the clock. We here at the WWVDN are so grateful for their generosity! If you have a chance, head over to <https://www.comicbooksforkids.org/> and take a look at all the wonderful things they do and maybe even follow them on FB. Every once in a while you will catch a post about SOAR on their page too!

Mom's Day Out

Saturday, May 6, 2023



Mothers work hard every day, and special needs moms work even harder to keep up with all the demands. Parent to Parent and WWVDN would like to spend a late afternoon to honor you and give you a chance to relax.

Please join us for this fun afternoon of pampering and dinner.

[RSVP for Mom's Day Out](#)



4:00pm to 5:30pm

Children's Museum, 77 Wainwright Place, Walla Walla

Kids Playgroup

Tuesday, May 9, 2023

For ages 0-12 years of age

Free admission

RSVP by Monday, May 8th to allow for enough helpers.

Holland Support Meeting

Friday, May 12 at 10:00 am



Do you care for a child with special needs and feel like you are alone?
Are you adjusting to a new diagnosis of your child?
Do you have questions about services and resources but don't know who to ask?
Would you like to meet other parents who are raising children with special needs?
Please join us for companionship and support.

[RSVP for Holland Support Meeting](#)



Monthly Activities & Events

May

Mamas Especiales

- **May 23, Meeting at Center for Children & Families - 5:00 pm**

Parent to Parent Columbia County

- **May 26, Support Meeting - 5:30 pm**

Autism & Behavior Support

- **May 18, Meeting 6:00 pm**

Parent to Parent in Walla Walla

- **May 24, P2P No Host Dinner - Cheer for our Unified Softball Team - 6:00 pm**

[See Calendar of Events](#)

Community Activities

WA State Department of Health

Care Coordination Family Advisory Council

Join the Care Coordination Family Advisory Council!

Deadline to Apply is May 12

If you are a parent, family caregiver, or guardian of a child or youth who has experienced current or past ongoing disability, health, and/or behavioral needs and you live in Washington state, apply to join the Care Coordination Family Advisory Council!

- ~ Compensation - \$50 gift card for each meeting you attend
- ~ Commitment - Participate in quarterly 2-hour virtual meetings
- ~ Impact - Help Washington state do better in supporting kids and families

[Details & Apply Here](#)

Blue Zones Project

May Events

May 2 - 10 week Parent Walking Group

May 2 - Cooking Class

May 17 - Getting Started Food Gardening

May 18 - VOLUNTEER with BMAC Food Bank -Food Distribution for Seniors

May 19 - VOLUNTEER for Onion Man Triathlon

May 24 - Suicide Prevention Walk

[Details & Registration for Events](#)

VRS Cooking & Craft Classes

Please visit their [Facebook page](#) for more information or call 509-540-0935 if that works better for you.



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