

Student Life Weekly



De-Stress with Exam Cram!



If you're wondering how you're going to be able to make it through finals, wonder no longer. Exam Cram is back and is full of stress-relieving events to help you perform your best and finish the semester strong. You'll have a wide variety of options to choose from, including yoga, study workshops, game nights, and many more. Exam Cram events are happening now through Dec. 18, so make sure you utilize these events and resources to take some well-deserved study breaks and regain your focus!

[Exam Cram Schedule](#)

Holiday Magic with Louie the Laker: a Love Story

You're at GVSU over the holiday break when you meet the most attractive man you've ever seen. He's tall. He's muscular. And he seems to be a fisherman, or maybe a sailor of some kind? Join us on a journey of self-discovery and true love as you discover the holiday spirit with the most iconic Laker of them all.

[Find true love this holiday season](#)

Upcoming Events

Thursday (12/3)

- [Student Senate General Assembly](#) - 4:30 p.m.
- [Cardio Kickboxing](#) - 5 p.m.
- [L.I.F.T. \(LGBTQ Inclusive Fitness Training\)](#) - 6:15 p.m.
- [Tea Time! - What Are We Thankful For?](#) - 7 p.m.
- [FMHC Movie Night](#) - 8 p.m.

Friday (12/4)

- [Virtual Movie Premiere: Bad Boys for Life](#) - 12 a.m.
- [Feel Good Flow](#) - 10 a.m.
- [Study Strategies Drop-In Coaching Hours](#) - from 10-11 a.m.
- [The Office Trivia](#) - 6 p.m.
- [Queer & Trans 101: A Virtual Training For Allies](#) - 1 p.m.

Saturday (12/5)

- [Is Graduate School Right for Me?](#) - 10 a.m.
- [Virtual Fall Dance Concert](#) - 7 p.m.

Sunday (12/6)

- [Virtual Fall Dance Concert](#) - 2 p.m.
- [The Well - Join a Watch Party!](#) - 7 & 8 p.m.

Monday (12/7)

- [Holiday Baking Challenge](#) - 9 a.m.
- [Study Strategies and Virtual Exams Workshop](#) - 11 a.m.
- [Strength Circuit - Virtual](#) - 4 p.m.
- [Cardio Kickboxing](#) - 5 p.m.
- [FMHC AMONG US!](#) - 9 p.m.

Tuesday (12/8)

- [AOD Healthy Habits](#) - 1 p.m.
- [Virtual Student Huddle with President Mantella](#) - 1 p.m.
- [HIIT \(High Intensity Interval Training\)](#) - 4 p.m.
- [Native American Heritage Celebration: Showing of Mno-Bimaadiziwin](#) - 4 p.m.
- [Virtual Campus QPR](#) - 5 p.m.
- [L.I.F.T. \(LGBTQ Inclusive Fitness Training\)](#) - 6:15 p.m.



Office of Student Life
1 Campus Drive, 1110 Kirkhof Center
Allendale, MI 49401