Dear Tufts Community,

We hope you and your loved ones are doing well during this time of change and uncertainty. For many that is not the case, and we are privileged to be able to connect with you in community. We invite you to join us in spiritual and ethical reflection during the upcoming week.

Religious and Philosophical Life Programs

Virtual Agape Meal for Palm Sunday

Join us on Sunday, April 5th at 7:00 p.m. ET for an Agape Meal to commemorate Palm Sunday. It will be a time of prayer and reflection in the spirit of the feast. We will begin with a brief meditation and then engage in an open prayer time where you can join us in conversation and prayer. It will be held virtually via Zoom.

Find more information about CAFE at [here](https://chaplaincy.tufts.edu/cafe/). The CAFE Student Coordinator is Jiamin Li, A22, and the CAFE Student Support Staffer is Rowan Gonda, BFA23.

Engage with Jewish Chaplain Rabbi Naftali Brawer in Patience

Join PSA in the tradition of Senior Sermons this Sunday. Senior Elliot Pavlovich (pictured here) will join us to reflect on their faith journey during this uncertain time. Join us on Sunday, April 5th at 8:00 p.m. ET.

To see this week's reflection, find Rabbi Brawer's video here.

Do you have a question that our chaplains would like to discuss? Email Nora Walker Bristol, Humanist Chaplain, at Nora.Walker-Bristol@tufts.edu.

We are in a new and unexpected moment. We have all been impacted in so many different ways in the wake of this pandemic. We are in hope that this moment will be a time of collective reflection and action. As we return to campus, we hope to see you at a service, group gathering, or event. Until then, we will continue to offer virtual programs.

Join our weekly reflection, Check-In and Reflection with Tufts Buddhist Sangha. All are welcome as we gather virtually to exchange hellos, turn moments, and reflect on that which is nourishing us at this time. To join, click here.

Relying on my faith with my fluctuating feelings, my extra fatigue, and my distractibility. We are all working hard as we adjust to this moment. There are particular ways we can continue to support you as you finish your spring semester.

I am sending blessings of health and peace from all of us here at Tufts University Chaplaincy. Please let us know if you need any support.

Warmly,
[Your Name]