



Tufts

UNIVERSITY CHAPLAINCY

E-NEWS 9.13.23



A Greeting From Your Jewish Chaplain

As we settle into the new academic year at university, I want to share an intriguing passage from within the Jewish tradition that speaks to a transition that many may be experiencing.

"A person has three names:

One, that they are called by their parents;

One, that people know them by,

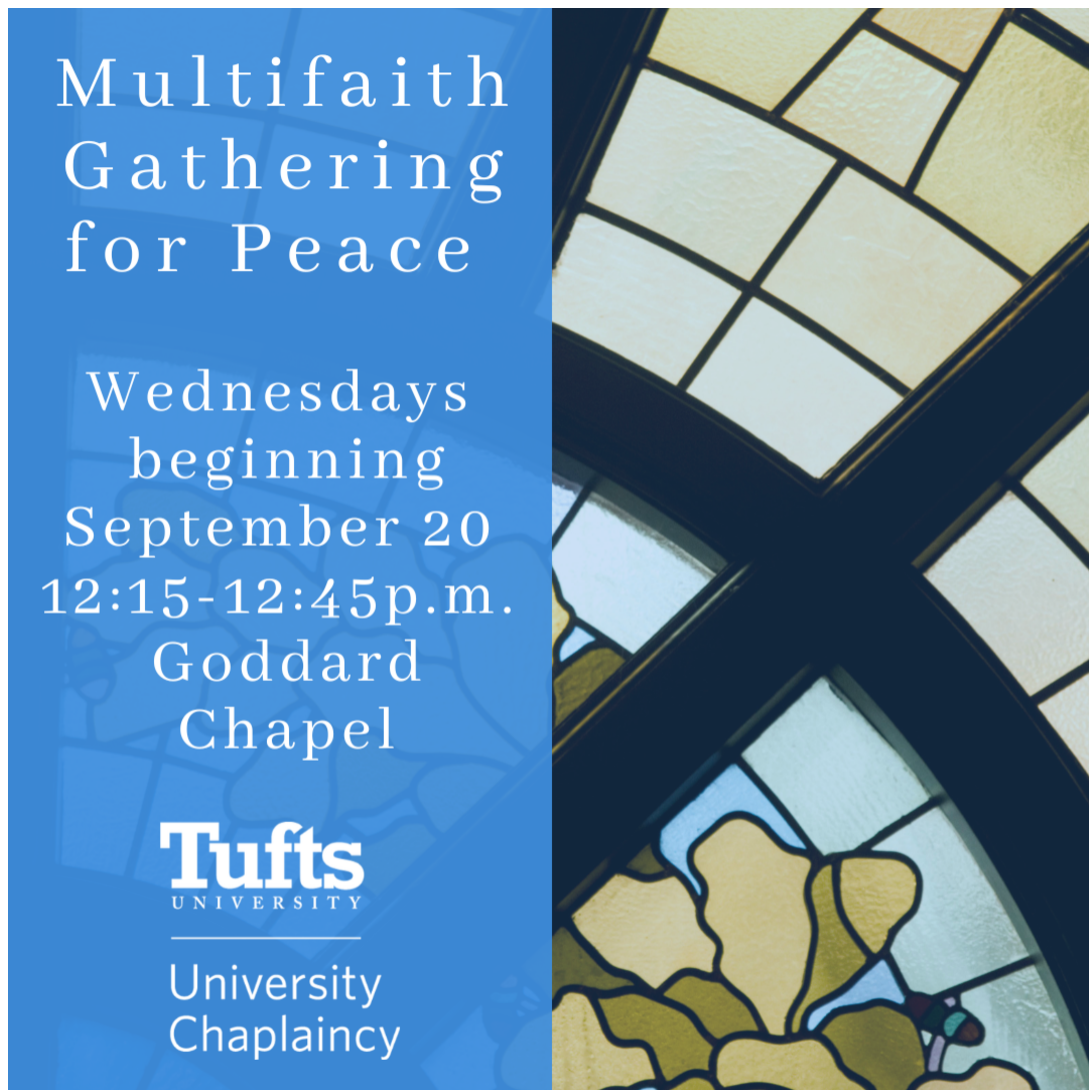
and one that they acquire for themselves." Midrash Tanchuma I: 22: 2

This Midrash identifies the deep human need we all have for individuation. The process begins with the journey from a childhood identity shaped in large measure by one's parents, to an identity defined by one's peers. At this critical stage, peer approval replaces parental approval as young adults look to each other for the values and qualities they want to incorporate into their new identity and with which to be recognized by. This shift is a healthy and essential part of growing up and university is often where it plays out as young adults, truly independent for the first time, are free to question their inherited identity and explore alternatives. Ultimately, though the Midrash identifies a third stage, and that comes with the realization that one's truest identity cannot be bestowed by others; parents, teachers or peers, but lies in one's own deep sense of self and is determined by the individual alone. This stage is not necessarily a wholesale rejection of the previous stages, although it can be. Rather it is the point at which an individual truly comes into their own, comfortable with themselves and proud of who they are, seeking neither justification or approval from others.

Wherever you may be on this important journey, may you have the courage, patience, and wisdom to come to a place where you can truly be your fullest self.

Rabbi Naftali Brawer

Jewish Chaplain and Neubauer Executive Director, Tufts Hillel



Multifaith Gathering for Peace

Wednesdays starting September 20, 12:15 p.m. - 12:45 p.m., Goddard Chapel

All members of the Tufts community—students, staff and faculty—are welcome to join members of the University Chaplaincy team for a weekly 30-minute multifaith gathering for peace. Our time together will include silence, candle lighting, music, reflections, and meditations from our different traditions. We look forward to sharing this space together as we navigate ongoing national and global crises and lift up our individual and shared hopes for peace in ourselves, others and our world. Please [contact the University Chaplaincy](#) if you have any questions or concerns.

This week we are holding those affected by the earthquakes in Morocco, the flooding in Libya, and other world events in our hearts. If you would like to speak to a Chaplain, please reach out to us through our [Contact a Chaplain](#) form or by emailing chaplaincy@tufts.edu.

Student Meet & Greet with Dee-1, Artist-in-Residence

Tuesday, September 26

12pm

Rabb Room, Barnum Hall

Get to know **renowned rapper, educator and activist**, Dee-1, and hear about the innovative work he will be doing at Tufts, including his **highly-anticipated spring course**.

Lunch will be provided.



Meet & Greet with Dee-1: Tisch College's Artist-in-Residence

Tuesday, September 26, 12:00 p.m., Rabb Room, Barnum Hall

Meet Tisch College's inaugural Artist-in-Residence, renowned rapper, educator and activist Dee-1! Get to know Dee over lunch and hear about the innovative work he will be doing at Tufts as Professor of the Practice. Dee will also preview his highly-anticipated spring course exploring the historical and cultural significance of hip hop and examining how it's been used as a catalyst for activism and social transformation. Time for networking will be allotted. [Read Dee-1's full bio and Artist-in-Residence announcement](#). Lunch provided. Register for the event through the link below.

Register for Meet and Greet with Dee-1

University Chaplaincy Event

Wednesday, October 4, 2023 at 7:00pm, Goddard Chapel

All are welcome for a festive, multifaith gathering to welcome President Kumar into the Tufts community. Through music and dance, spoken reflections, and a collaborative art installation, students and chaplains will lift up our shared values of pax et lux, hospitality, and service. Please join us as we celebrate the legacy of religious and philosophical life at Tufts, rooted in our Universalist heritage and alive across our diverse and vibrant communities. During the gathering, we will invite attendees to write their words of welcome or blessing for our new president on a paper oak leaf, which will be added to a special art installation created at this event which is inspired by the historic, stained glass oak leaves on one of the primary windows at Goddard Chapel.

If you are not able to join us in person, please consider sharing a word of encouragement or blessing for President Kumar by completing this form. Your words will be included in the art installation that is created during this special event. Please email the University Chaplaincy with any questions.

[Submit to the Installation](#)

Religious and Philosophical Programs

Our gatherings are open to all members of the Tufts community! Please find more information and more regular weekly programming and events [here on our website](#). If you have any questions, or would like to connect about convening a new gathering, please [reach out to the University Chaplaincy](#).

High Holidays at Tufts Hillel



Join us for all or part of High Holidays, services, meals, and events.

You can expect, great Kosher meals, connection with your community, and spiritual renewal through Traditional/Egalitarian or Reform Services!



High Holidays with Tufts Hillel

See Tufts Hillel calendar

The High Holidays are an amazing opportunity for spiritual growth and community connection right at the beginning of the year. Rosh HaShanah offers us the chance to imagine our own recreation and the rebirth of our world anew and Yom Kippur gives us the spiritual and emotional space to return to the core of our most authentic selves. Our two service options this year exemplify these values of Jewish seeking and community building. Whether you attend our Reform minyan, Conservative minyan, come for meals, or any of our other High Holiday programming, we are so happy to be a part of this special time of year with you. Please email Jewish Chaplain Rabbi Naftali Brawer with any questions and find more information on the [Tufts Hillel website](#).

[See Tufts Hillel Event Calendar](#)

Tufts COFFEE welcomes you back to campus!

Join us for our first few
official events!
All are welcome, free
snacks and tea provided.

Interfaith engagement and
discussion every other
Monday from 9-10pm in
Goddard Chapel !

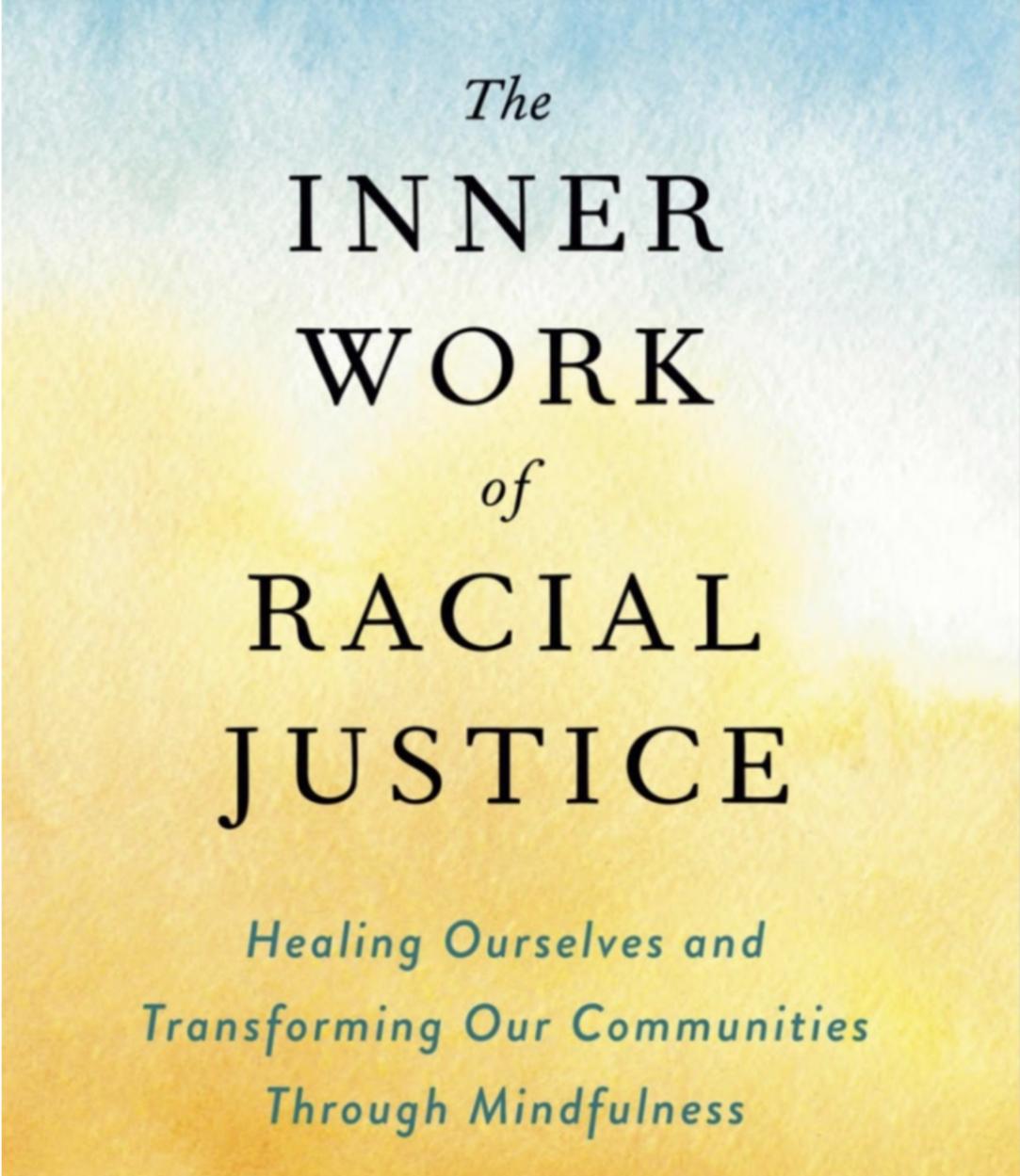


Community OF Exploration and Engagement (COFFEE) Meetings

Every other Monday, 9:00 p.m. - 10:00 p.m., Goddard Chapel

Community OF Exploration and Engagement (or COFFEE) is a close-knit community of students originally founded by CAFE alums who wanted a similar space during the school year. We meet every two weeks at Goddard Chapel for an hour and our gatherings are open to anyone of any faith or lack thereof! Snacks and tea are provided, and events are held throughout the semester. Keep an eye out for more information about our annual Queerness and Faith Dinner and our group trip to Mount Auburn Cemetery! **The next session is Monday, September 25.** You can [find COFFEE student leader contact information here](#).

Follow COFFEE on Instagram



The
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JUSTICE

*Healing Ourselves and
Transforming Our Communities
Through Mindfulness*

Faculty-Staff ColorInsight Mindfulness Group

Wednesdays, 12:15 p.m. – 1:15 p.m., Interfaith Center and virtually

The Buddhist Chaplaincy now hosts a bimonthly Faculty-Staff Mindfulness group centered on the ColorInsight model of Rhonda Magee— a mindfulness practice circle engaged in creating the beloved community we seek to embody here at Tufts.

In this group, which is exclusively for faculty and staff, we will use mindfulness and related exercises to develop our personal capacity to deal more effectively with race and to strengthen our capacity for effective collaborative social change. We will draw from the work of Rhonda Magee, Ruth King and other transformational leaders. Prior experience with mindfulness is welcome, but not required. RSVP for link.

For more information, please contact Buddhist Chaplain [Ji Hyang Padma](#).

RSVP for Faculty and Staff



BE-FRIEND



Be Yourself. Go Deep. Be Friend.

Starts the first week of October.



Be-Friend: The Interfaith Friendship Program

Sign-ups are open

Great news: Be-Friend is back! This semester-long interfaith friendship project is designed for participants to go deep and to talk about the things that matter like our values, our sense of purpose, and our questions about life. You will hone the skills of active listening while experimenting with shared spiritual practices from different religious and philosophical traditions. Our multifaith chaplains have contributed to the program, offering a diverse array of spiritual practices including nature walks, meditation exercises, listening to music, deep reading—of poetry, art, the world, our lives and one another. Participating students, graduate students, staff, and staff will be paired in dyads and will commit to spending an hour together each week. Students will be paired with other students, and the same for staff/faculty. The program will begin the first week of October, all are welcome! Please sign up through the links below by September 29. Contact Chaplain Lynn Cooper (Lynn.Cooper@tufts.edu) if you have any questions. You can [sign up for Be Friend here](#).

Sign up for Be Friend



New this year!

Voices for Peace and Light

An interfaith, intergenerational choir for the
greater Tufts Community!
Students, staff, faculty, alum, and neighbors
Rehearsals Thursdays 12:10-1:10
Contact Music Director Suzie Cartreine at
chaplaincymusic@tufts.edu for more information

Undergrads with work-
study may apply to the
Choral Scholars - reach out
to Suzie for more
information!

Voices for Peace and Light: An Intergenerational Interfaith Choir

Thursdays, 12:10 p.m. – 1:10 p.m. (starting September 21), Goddard Chapel

Do you love to sing? Spend your Thursday lunch hours this fall singing with colleagues in our new choir, Voices for Peace and Light. All are welcome; no experience is necessary! Voices for Peace and Light is an interfaith, intergenerational choir whose membership is drawn from the entire Tufts community – graduate and undergraduate students, faculty, staff, alumni/ae, and neighbors. We welcome experienced choral singers and people who are brand new to choral music. Supported by four Choral Scholars, we will rehearse weekly and perform a few pieces for the Goddard Chapel's In Living Memory celebration in November. Director Suzie Cartreine is the Music Director of the University Chaplaincy and has years of experience conducting choirs of all ages and abilities. If you can talk, you can sing! Bring your friends and colleagues and come check it out. For more information or to sign up, please contact Music Director [Suzie Cartreine](#).

Contact Music Director

Resources, Scholarships, and Opportunities

Become a Choral Scholar

New this year!



Please contact Music Director Suzie Cartreine at chaplaincymusic@tufts.edu for more information

Paid work-study position, secured by audition. All Tufts undergraduate students eligible to audition.

Apply to be a Choral Scholar

Applications now open

Voices for Peace and Light is an unauditioned choir open to all members of the Tufts community (students, faculty, staff, alumni, neighbors). Four Choral Scholars, one for each voice part (Soprano, Alto, Tenor, Bass), will serve as section leaders in Voices for Peace and Light. The Choral Scholar is a paid position open to all Tufts undergraduate work-study students, secured by audition. To [learn more](#) and/or apply, find the posting on Handshake.

Apply now to be a Choral Scholar

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Educational Technology User Guides

Record the Pronunciation of Your Name with Namecoach

Now open on Canvas

Name Coach is a recording and playback tool that enables students and instructors in a course to voice-record their names so that course members can hear how names are pronounced. You only need to record your name once and the recording will be available for all the classes for which you are enrolled. Name Coach will be available the first day of classes, and instructions for recording your name are simple and can be found online. We are excited to share that we are rolling this out in Canvas this fall. You can [find more information about how to record your name](#) here. If you have questions, please [reach out to the Canvas team](#).

Record Your Name Pronunciation

Upcoming Religious Celebrations and Observances

These events are drawn from the multifaith calendar maintained by the Office of Religious and Spiritual Life at Harvard Divinity School. To see more upcoming religious holidays and festivals, please follow the link to the [Harvard Divinity School calendar](#).

Paryusana Festival

Mon., Sep. 11 – Tue., Sep. 19, 2023

Tradition: Jainism

Considered the holiest period of the year, these eight days are marked for Jains by fasting, meditation, prayer and public readings of the life story of Lord Mahavira. Observed especially by the followers of the Shvetambara sect, Paryusana concludes on Samvatsari, the most solemn occasion of self-scrutiny and forgiveness. On this day, Jains ask for forgiveness from their relatives and friends for any offense they may have committed by deed, word or thought.

Ghambar Paitishem

Tue., Sep. 12 – Sat., Sep. 16, 2023

Tradition: Zoroastrianism

Celebrates the creation of plants, the sowing of the winter crop, and the return of herds from pasture.

Rosh Hashanah

Fri., Sep. 15 – Sun., Sep. 17, 2023

Tradition: Judaism

The Jewish New Year and the anniversary of the creation of the world, Rosh Hashanah is the first of the Ten Days of Awe (also known as the Ten Days of Repentance) that conclude on Yom Kippur. It marks the beginning of the holiest time of the year for Jews. Begins at sundown.

Ganesh Chaturthi

Mon., Sep. 18, 2023

Tradition: Hinduism

A celebration of Ganesh's birthday, one of the major Hindu deities. Ganesh, who has the head of an elephant, is the God of Success and is invoked at the beginning of all new undertakings.

Das Laxana Festival

Wed., Sep. 20 – Fri., Sep. 29, 2023

Tradition: Jainism

The Paryusana Festival of Jain Digambar Sect is a 10-day festival that is considered to be a holy convocation. During these days, Jains impose some restraints on their daily activities by fasting, meditation and prayer. The last day of Paryusana is the most solemn occasion of forgiveness and the examination of one's own thoughts and feelings. On this day, Jains ask for forgiveness from their relatives and friends for any offense they may have committed by deed, word or thought.

Mabon

Sat., Sep. 23, 2023

Tradition: Wicca/Paganism

Autumnal equinox and the second harvest festival, celebrating the equivalence of light and dark, the arrival of Autumn, and thanksgiving for the Earth's bounty. Begins at sundown.

Yom Kippur

Sun., Sep. 24 – Mon., Sep. 25, 2023

Tradition: Judaism

Day of Atonement at the conclusion of the Ten Days of Awe, Yom Kippur is the holiest and most solemn of all days in the Jewish year. It is characterized by repentance, fasting, and forgiveness. Begins at sundown.

Support the University Chaplaincy

Supporting dynamic programs at Tufts University in religious, spiritual, ethical, and cultural life is easy and vital to our work. To donate, please click on the button below. Thank you for your generosity.

Give Today

ABOUT US

The University Chaplaincy is a dynamic hub supporting religious, spiritual, ethical, and cultural life for all members of the Tufts community. We provide pastoral care, support religious and philosophical communities, educate about spiritual and ethical issues in society and the world, and promote multifaith engagement.

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