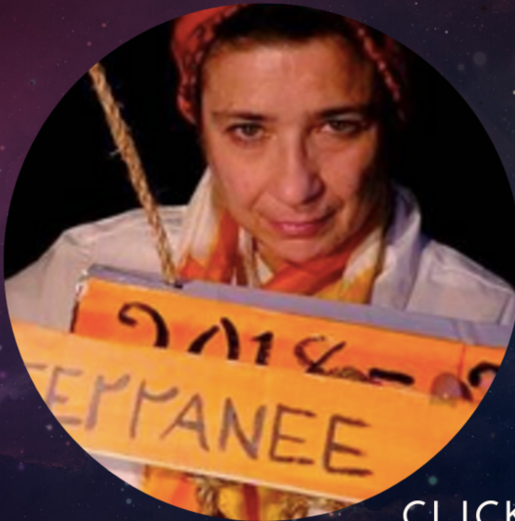




## COVID, Racism, and This Moment in Time

### BE THE CHANGE: A FRIENDSHIP CALLED NDUGU

Be the change! City Lore and the Nurse Practitioner Healthcare Foundation present performance artists Annie Lanzillotto and Simba Yangala in two participatory salons filled with story, humor and conversation about the world in which we find ourselves. Join the conversation. Steve Zeitlin hosts.



[CLICK HERE  
TO RSVP](#)

JUNE 18, 2020 @ 8PM EST  
BE THE CHANGE: A FRIENDSHIP  
CALLED NDUGU, PART I

JUNE 25, 2020 @ 8PM EST  
BE THE CHANGE: A FRIENDSHIP  
CALLED NDUGU, PART II



Annie Lanzillotto (left) and Simba Yangala (right)

Annie and Simba share stories, poems and conversation on CoVid, racial justice, and the present moment we are in - what Simba calls: "Slavery in Slow Motion Caught on Film." Their 22 years together as ndugu, a family bond, offers a balm to the wounds of our collective psyche in this grave moment, offering a way we can move forward. Annie and Simba first met in 1998 when Annie visited a performance at Newcomers HS for immigrants, and Simba was a 16 year old refugee from Zaire. They've been performing together ever since. Simba speaks of the recent death of her

grandmother, buried in the Congo underquarantine. Annie shares new monologues from being immunocompromised and sheltering-in-place alone. Audiences are invited to share their own experiences on vulnerabilities and isolation during the pandemic, and creative ways forward for racial justice.

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