A Reflection from your Humanist Chaplain

Dear Jumbo Community,

Our fall semester is slowly coming to a close and while we may have the compulsion to solely focus on final projects, there is also always an invitation to slow down and reflect on the past few months. Consider the different types of experiences you have had. What was difficult? What was helpful? What brought you joy? Shift your orientation from any aggressive critiques about yourself to uplifting and celebrating how far you have come. It could be your first semester directly from high school, transferring from another higher learning institution, your first time having roommates, or even journeying as an undergraduate student while being in the workforce.

As we enter the new year and with all the frenzy around resolutions, how might we consciously embody the practices to sustain a world where we all can flourish? Living well, especially during these divisive times, involves grappling with tension. There will inevitably be moments that expand us and others that constrict us; throughout, get in touch with what matters to you.

What possibilities excite you as we approach a new year and semester? I hope you are able to incorporate practices that keep you grounded and creative this season.

En conjunto,
Anthony Cruz Pantojas
Humanist Chaplaincy
Thank you for Giving Tuesday 2022!

We are so grateful and awed by the donations from our community yesterday on Giving Tuesday! Together, 60 generous donors raised $9,663 dollars to continue to grow the impact of the University Chaplaincy. We can't thank you enough for your involvement in every way!

Upcoming Signature Programs

You are warmly invited to a multifaith celebration! A night of singing, dancing, and story-telling featuring WuZee, Tufts Choir Singers, Chamber Orchestra, student speakers, and more!

Thursday, December 8
7:00 p.m.
at Goddard Chapel
Pax et Lux: A Multifaith Winter Celebration
Thursday, December 8, 7:00 p.m. at Goddard Chapel

Join the University Chaplaincy and the Interfaith Ambassadors for this evening of warm celebration uplifting the themes of peace and light. It will be a night of singing, dancing, and story-telling featuring WuZee, Tufts Choir Singers, Chamber Orchestra, chaplains and student speakers, and more. A reception of warm drinks and treats will follow on the Goddard Chapel steps. We welcome you to join us! No RSVP necessary. Please email program manager Nora Bond with any questions or accessibility needs.

MLK Student Voices Award
Submissions due Wednesday, January 18 at 11:59 p.m. ET
Interested undergraduates and graduate students are invited to submit creative responses for this year's Student Voices Award as part of the annual Rev. Dr. Martin Luther King, Jr. Celebration coordinated by the Africana Center, Tisch College of Civic Life, and the University Chaplaincy. We ask submissions to respond to the quote below and answer the question, "What does love and creativity look like for you in the service of action for love and justice?" We invite submissions of essays, poems, spoken word, songs, art, or performances - to be considered and join the January 30 celebration.

The 2023 guiding quote is from King's book *The Trumpet of Conscience*, and reads: "But we do not have much time. The revolutionary spirit is already world-wide. If the anger of the peoples of the world at the injustices of things is to be channeled into a revolution of love and creativity, we must begin now to work, urgently, with all peoples to shape a new world."

This year’s theme, *We Don’t Have Much Time:* Raising Consciousness and Building the Future Now, comes from the quote, and will inform the university-wide event. You can find information about the Award, the submission process, and more here. A small committee including members of the planning team for the Celebration will choose up to three winners. The winners will be chosen based on organization, clarity, creativity, originality, and relationship to the 2023 theme. There will be a cash prize for each winner, and one of the winners will be invited to present at the Celebration on Monday, January 30, 2023. The submissions will be displayed on the Africana Center and University Chaplaincy website, with permission of the creator.

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**Religious and Philosophical Programs**
Join the Humanist Chaplaincy as we host our second dinner, where we’ll explore “Personal Narratives.” We use stories to inform others, connect over shared experiences, say when we feel wronged, and even sort out our thoughts and feelings concerning our own actions and wrongdoings. As such, this iteration of our dinners will explore the essential question, “What is your story?”

We will aim to uncover opportunities to grow together, find meaning, and understand ourselves better.

Please RSVP here by Dec. 1.
Screening and Dinner Conversation: Going Home Like A Shooting Star
Friday, December 2, 5:30 p.m., Alumnae Hall

Join us for our celebration of the life, work and ministry of Sr. Thea Bowman. Sr. Bowman, who died in 1990, is currently being considered for sainthood in the Catholic Church, and the film tells her story. The Catholic Chaplaincy and the Africana Center are thrilled to be able to screen this much anticipated documentary, which just came out last month. The film (56 minutes) will be accompanied by dinner and small group conversation. All are welcome and as always, come as you are.
O-Antiphons
Sunday, December 4, 5:00 p.m. and 7:00 p.m., Goddard Chapel

Come join for a special presentation of medieval Christmas hymns by the Tisch Library Special Collections with the Catholic and Protestant chaplaincies. We will welcome Special Collections and their Manuscript 27 to Goddard Chapel to participate in their services for Advent. MS 27 is a 14th century Italian antiphonal, a huge choir book designed for the signing of monastic prayers—in this case, chants for the first Sunday of Advent through Epiphany. At the 5:00 p.m. Catholic Mass and the 7:00 p.m. Protestant Worship, selections from this antiphonal will be sung by members of the Tufts community and the manuscript will be available for viewing. Come learn about the origins of familiar
Christmas hymns like "O Come, O Come Emmanuel" and celebrate this beautiful musical tradition. All are welcome!

Partner Programs

Division of Student Diversity and Inclusion Career Workshop
Wednesday November 30, 6:00 p.m. - 7:00 p.m., Alumnae Lounge
Monday, December 5, 6:00 p.m. - 7:00 p.m., Dowling 745

Join the Division of Student Diversity and Inclusion (DSDI) and Tufts Career Center for workshops on strengthening career skills. The November 30 workshop will focus on strengthening interviewing skills and the December 5th workshop will focus on searching for internships. You can RSVP here.
GLADC’s Dialogue Ambassador Program

The goal of the Dialogue Ambassadors program is to establish a cadre of trained dialogue ambassadors who are prepared to co-lead discussions with faculty, staff, and students trained in generous listening, comprised of listening to oneself, to others, and to nature. It prioritizes the development of a strong culture of resiliency, self-authorship, critical self-awareness, and a culture of “me-to-we” well-being. Dialogue Ambassadors will serve as a central resource and hub for student outreach through the network of student organizations and residence life programs. They will support Tufts in providing its students with the skills that will support successful civic engagement. Interested students should email GLADC for more information.
Community Messiah Sing
Sunday, December 11, 1:30 p.m., Unitarian Universalist Society of Wellesley Hills

The Unitarian Universalist Society of Wellesley Hills is hosting their Community Messiah Sing again this year. The Tufts University Chaplaincy Music Director Suzie Cartreine will be directing! Please spread the word and invite your friends and neighbors to this joyous holiday event. Singers of all ages and abilities are welcome; it’s perfectly fine to come just to listen too. Please contact Suzanne Cartreine for more information. You can also find out more about the Community Messiah sing here.
**Tisch Library Affordable Course Materials Awards**
Applications open for upcoming 2022-23 semesters

Tisch Library is accepting applications for the Affordable Course Materials Awards. The awards provide financial support for AS&E faculty and instructors who would like to reduce costs for their students by identifying no-cost course materials to incorporate into their syllabus. Awards are available at three different funding levels—up to $2,000—based on the amount of anticipated time involved and the impact of the project. You can find out more about affordable course materials here.

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**Upcoming Religious Celebrations and Observances**

These events are drawn from the multifaith calendar maintained by the Office of Religious and Spiritual Life at Harvard Divinity School. To see more upcoming religious holidays and festivals, please follow the link to the Harvard Divinity School calendar.

**Advent**
Sun., Nov. 27 – Fri., Dec. 23, 2022
Tradition: Christianity-Protestant, Christianity-Roman Catholic
Period of four weeks in which Christians prepare for Christmas and meditate on the end of all time. In Western churches, the first Sunday of Advent marks the beginning of the Christian liturgical year.

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**Bodhi Day**
Thu., Dec. 8, 2022
Tradition: Buddhism
In the northern tradition, this is the anniversary of the Buddha's Enlightenment, ca. 596 BCE. In the southern tradition, the Buddha's Enlightenment is celebrated during Wesak. The dates and names of Buddhist celebrations vary significantly among cultures and communities.

**Feast of the Immaculate Conception**
Thu., Dec. 8, 2022
Tradition: Christianity-Roman Catholic
A feast day that celebrates the belief that Mary, mother of Jesus, was born without sin.
Support the University Chaplaincy

Supporting dynamic programs at Tufts University in religious, spiritual, ethical, and cultural life is easy and vital to our work. To donate, please click on the button below. Thank you for your generosity.

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ABOUT US

The University Chaplaincy is a dynamic hub supporting religious, spiritual, ethical, and cultural life for all members of the Tufts community. We provide pastoral care, support religious and philosophical communities, educate about spiritual and ethical issues in society and the world, and promote multifaith engagement.

Tufts University Chaplaincy | Goddard Chapel, 3 The Green | Medford, MA 02155 US
chaplaincy.tufts.edu | chaplaincy@tufts.edu | 617.627.3427

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