



Your one-stop-shop for pre-health news and updates!

## This is the last Pre-Health Newsletter for Spring 2022!

We made it everyone! This will be our last edition of the 2021 - 2022 academic year. Look for special announcements during the summer if we have something that's just too good not to share, otherwise, we'll be back every other week Fall 2022! Have a safe and relaxing summer.

Becca Henley and Dr. Kyle Flann

UP Pre-Health Advising Team

University of Portland is Proud to Host Our

## 3<sup>rd</sup> Annual Health Professions Fair

Medicine, Dentistry, Physical Therapy and More!



Monday April 18<sup>th</sup>, 2022

6pm – 8pm

Bauccio Commons

Bringing together representatives from over 50 professional health programs across the US to network and connect with pre-health students here on campus!

Questions? Contact Becca Henley or Kyle Flann  
[healthprofessions@up.edu](mailto:healthprofessions@up.edu)

## Still looking for a 1 credit course for Fall 2022?!

### Fall 2022 CAS Career Readiness Course Offerings

Check self-serve for registration information!

**COLLEGE OF ARTS & SCIENCES**  
**CAREER READINESS**  
COURSE OFFERINGS



**CAS 196**  
**CAREER PLANNING & LIFE DESIGN**

Mondays 5:15–6:10 PM | CRN 10212

**CAS 197**  
**INTERNSHIP & CAREER PREPARATION**

Mondays 5:00–6:00 PM | CRN 10213

**CAS 301**  
**PREPARING FOR MEDICAL SCHOOL**

Mondays 5:00 – 6:10 PM | CRN 10214

*This course is intended for students who plan to submit a medical school application spring 2023*

Contact the CAS Advising Suite or your Program Counselor for more information  
503.943.7221 | [cas@up.edu](mailto:cas@up.edu)

## Are you Taking an Entrance Exam This Year?!

**MCAT? DAT? GRE? ETC.**

If you are taking any entrance exam in the next year please [email Becca](#) and let her know the date you register for and the test you are taking so we can add you to the Pre-Health Testing Calendar! We want to cheer you on as you study and help you find other people who are working towards the same goals to connect with this year. We also want to celebrate with you when you're done - and we don't know when you're taking these tests unless you let us know!

## Off Campus Highlights

- The 2022 application for the [Wy'east Pathway](#) is now open. Wy'east is a FREE 10-month post-baccalaureate Pathway for American Indian and Alaskan Native learners who are passionate about becoming doctors and are on the brink of going to medical school. The goal is to prepare learners for the rigors of medical school and to provide cultural support and mentorship. The Pathway takes place at Oregon Health & Science University (OHSU) in Portland, OR. The application for Wy'east opens on April 1, 2022 – please reach out to [wyeast@ohsu.edu](mailto:wyeast@ohsu.edu) for details. You can now register for the [Wy'east Pathway Info Session](#) and Q&A on April 16th, 2022.

- Join us online to learn about the [College of Osteopathic Medicine of the Pacific-Northwest](#). Meet COMP-Northwest faculty and students "Why DO? Why COMP-Northwest?" Presentations on the Admissions Process, Anatomy Program, Osteopathic Manipulative Medicine, Our Longitudinal Track Programs and a Q&A session with our faculty and students. **Thursday May 12th 2pm - 4pm PST**
  - Join WesternU COMP-Northwest as a [panel of primary care physicians discuss why primary care was the right choice for them](#). Hear stories about their journeys through medical school, residency and into practice. We'll move into a Q&A format during the second half and address questions pre-med students have on primary care today. **Thursday June 7th 6pm - 8pm PST**
  - **WesternU COMP NW in Lebanon, OR** is hosting the [D.R.E.A.M. Program](#) to encourage underrepresented pre-med students to pursue a rewarding career in medicine, specifically as an osteopathic physician, to bridge the diversity gap, and to strengthen the patient-physician relationship in healthcare. D.R.E.A.M. stands for Diversity Recognized Emphasized & Assimilated into Medicine. This program is four-day experience that provides participants a sneak peek of what it's like to be in medical school through informative workshops (application process, finance, residency etc) and hands-on activities (suturing, clinical procedures, ultrasound, and osteopathic manipulative techniques). Applications due by May 13th.
  - **Don't forget to check out [OHSU's Higher Education web page](#) for ongoing opportunities to get involved at OHSU!**
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# MD Program Information Day



Are you thinking of applying to the M.D. program at Oregon Health & Science University? Have you already

graduated from college and no longer have access to a pre-med or pre-health advisor? The OHSU School of Medicine is here to help! Medical education at OHSU puts students at the forefront of health care knowledge. The MD program is highly competitive and prepares students to be leaders in a changing health care system.

## Virtual Information Day | A Webex-hosted event

Friday, May 6, 2022

10:00 a.m. - 1:30 p.m. PST

*Registration opens Monday, April 4, 2022*

Changes have been made to this program as it has been adapted to a virtual format. This event will be in two parts:

- 1) Attendees will be given access to pre-recorded presentations to view in preparation for the event.
- 2) On the day of the event, attendees will participate in a live Q&A with our presenters, asking questions relevant to the pre-recorded material.

**Register for our event by visiting our MD Program Information Day site.** ([Active link is underlined above.](#))

Registration opens on **April 4, 2022**. If you need to cancel a registration, please email Kimberly Felipe: [felipek@ohsu.edu](mailto:felipek@ohsu.edu). Kimberly can also take names for the waiting list if registration is full.

### Notes:

This event is designed for those who are currently in college (community college, 4-year university), those who have recently graduated from college, and those who are interested in starting a second career.

Priority registration will be given to those who will be attending the event for the first time.

## Attend to learn about:

OASIS Program - a comprehensive system for medical students' advising needs throughout all years of medical school

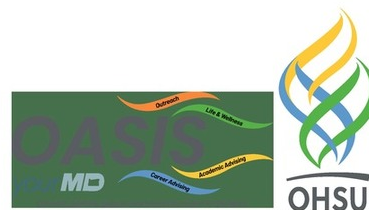
The admissions process, how to apply and what the Admissions Committee looks for in an application

Our integrative, learner-centered curriculum, *YOUR M.D.*

How the OHSU Center for Diversity and Inclusion supports students once on campus

Medical school financial planning

Gain insights from current medical students



## Alumni Spotlight

At UP, [Jeffrey Hayashi](#) worked as a Service and Justice Coordinator, a Workshop Leader

for chemistry and organic chemistry, a Peer Leader for Physics, and last but not least a trombone player in Pep Band! He spent his summers conducting research with Earle A. Chiles Research Institute at Providence and the National Heart Lung and Blood Institute at the National Institutes of Health. Currently, he is a medical school student at OHSU but also finds time to do research at the Center for Cardiovascular Research up on the hill. Jeff also volunteers with a hospice organization, and is currently learning to play the violin. All the best to you, Jeff!

[Read more about Jeffrey!](#)



## Test Prep Question of the Day

**This week's test prep question comes from the MCAT:**

A group of men and women are going to be rated on their driving abilities. The role of gender is emphasized in the experiment and the women perform worse than the men. In another experiment the role of gender is not mentioned and the ratings are comparable between the two groups. Which principle do these results support?

- A. Institutional discrimination
- B. Stereotype threat
- C. Prejudice
- D. The just-world hypothesis

*Answer is at the very bottom of the Newsletter!*

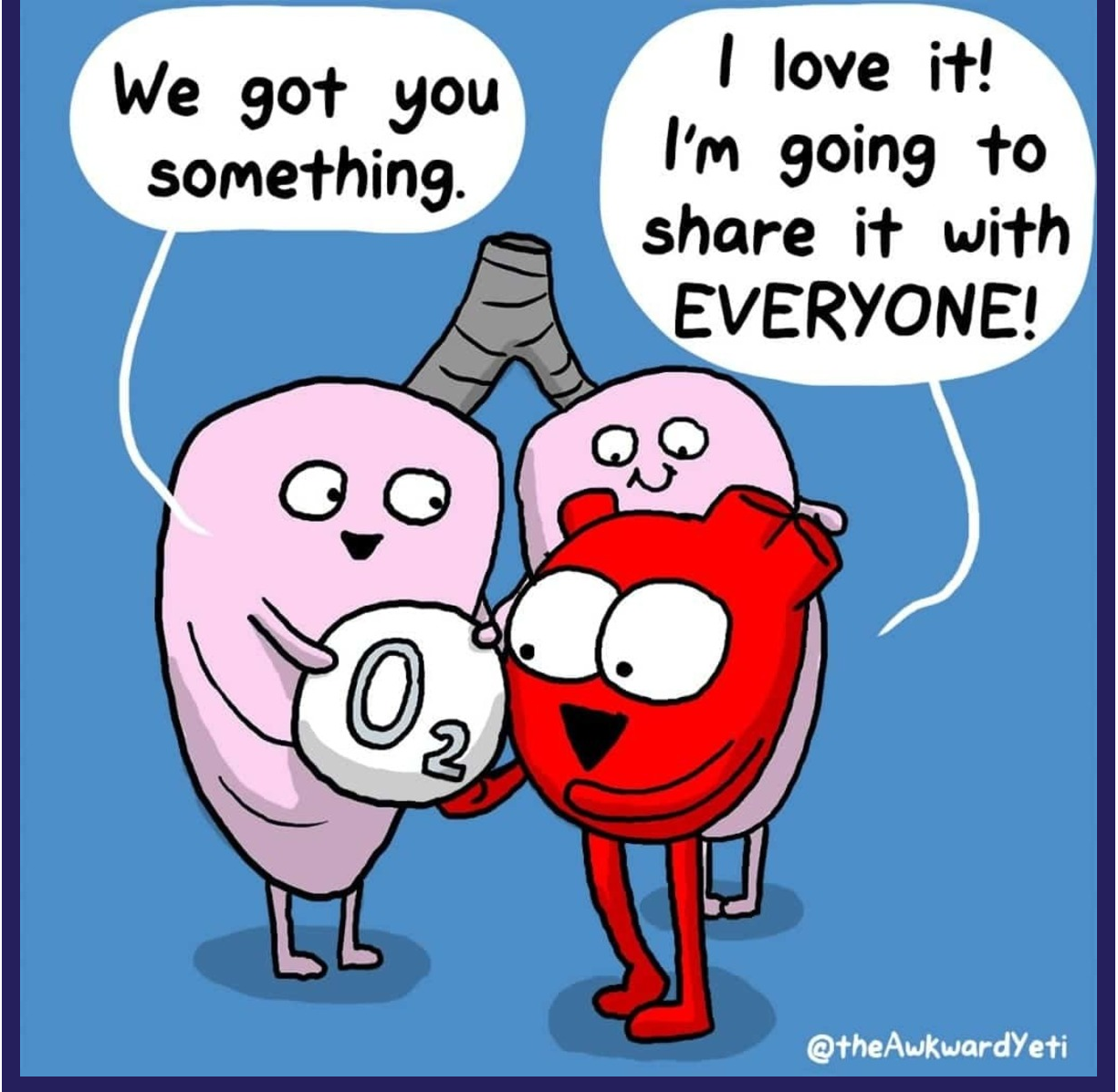
## Questions? Concerns? Need an Advising Appointment? Contact Us!

Becca Henley, Academic Program Counselor CAS, Pre-Health Advisor

Dr. Kyle Flann, Biology Faculty, Pre-Health Advisor

[healthprofessions@up.edu](mailto:healthprofessions@up.edu)





MCAT Question Answer: B

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