



WALLA WALLA VALLEY
**Disability
Network**

September 2022 News



Sunday, October 2 at Fort Walla Walla Park

1:00 pm to 2:30 pm

Registration includes T-shirt, snacks, medal & activities.

[Register for Ability Walk & Roll](#)

Want to become a sponsor of this great family event? See the opportunities below.

[Sponsorship Options](#)

Join us Wednesday, Sept 14 at 6pm for a potluck followed by making posters that will be displayed at the Ability Walk & Roll on the Wall of Champions!

[Information & RSVP for Posters & Potluck](#)

S.O.A.R.

My name is Tahasha, but people call me Tash. I have worked with children from birth through sixth grade for the last 11 years, now I get the

opportunity to work with teens and adults through the Walla Walla Valley Disability Network's SOAR program! I have an aunt and a sister who are both developmentally disabled, I have grown up learning to love, show compassion, and help those who need it most. I am currently pursuing my Bachelors degree in Elementary Education. I enjoy reading, camping, kayaking, and paper crafting.

SOAR stands for Social Opportunities and Recreation. My goal for this new program is to create safe opportunities for our teens and adults to socialize with one another, engage with our community, practice life skills, and of course, have fun! My hope is that teens and adults will form long lasting friendships within the clubs and community, and that SOAR clubs would be a place they feel safe and supported during activities that allow them a little more independence.

I am so excited to serve our local communities and families and I look forward to getting to know you!



September Social Club Events

Friendly Reminder

SOAR events are meant for participants with disabilities. Caregivers are welcome if the participant needs more intensive support. Our hope is that these clubs would be for participants only.

SOAR ADULTS

(Ages 21 and older)

Tuesday, September 6th

5:00 pm – 6:30 pm

Lions Park SE Larch St
College Place, WA 99324

FREE



Walla Walla Symphony Summer Concert

Meet us for one of the final summer concerts of the season! **Bring a blanket or chair and pack a picnic dinner for yourself!**

Thursday, September 22nd

5:00 pm – 6:30 pm

16 S Colville St
Walla Walla, WA 99362

FREE Admission

Bring \$ for food and beverage



The Karaoke Palace

Join us for a fun time singing; make sure to bring some money for food and beverages for yourself!

SOAR TEENS

(Ages 13-21 only)

Saturday, September 10th

7:30 pm – 9:30 pm

Lions Park SE Larch St
College Place, WA 99324

FREE



Movie Night in the Park

Let's meet up for a movie night! **Bring a blanket or chair, a warm sweatshirt or light jacket, and pack yourself a dinner and/or snacks**

Tuesday, September 27th

5:00 pm – 6:30 pm

411 Ash St
Walla Walla, WA 99362

\$3.25/game

Bring \$ for shoe rental, food, and beverage



Bowlaway Lanes

We are going to STRIKE up some fun bowling! Bring money for game play, shoe rental, food, and beverages for yourself!

[Register for SOAR Events](#)

A Note From Parent to Parent

Where did summer go? It seems like the kids just got out of school and here we are gearing up for the start of another year of school. I hope you all enjoyed the summer and the activities offered. This can be a stressful time for parents and students who are preparing for the new school year, new teachers and maybe even a new school. Maybe your child has graduated and is no longer in school, what now? Parent to Parent can offer resources to help you through school and beyond and would love to meet with you one on one to offer our help. There are opportunities for children and adults this fall so check out our calendar at www.vdn.org. Also, your voice is important and this program is for you so please fill out the annual survey if you have not done so already. You are important to us and we see you!

Angie and Ysabel

Don't forget to fill out the WWVDN Annual Survey and help

direct our path for the future.

Fill out the 2022 Annual Survey



Parasport Wheelchair Basketball and Adaptive/Inclusive Sport Event

Sunday, Sept 18, 2022 from 12:30pm to 4:00pm at the Center for Children & Families in the Gym

Parasport Spokane is bringing their coaches, athletes, and equipment to Walla Walla to help get people with disabilities engaged in sport activities such as basketball, track & field, and many more.

Information & Registration



FREE Swim Lessons

Enrollment for special needs swim lessons **opens Friday Sept 16 and enrollment closes Thursday Sept 29.** Two classes in each 2 week session (Mon - Thurs: 8 days total). Class size is 3 participants. Sessions are as follows:

Oct 3 - 13 : 5:30pm - 6:10pm

Oct 3 - 13 : 6:15pm – 6:55pm

Oct 17-27 : 5:30pm - 6:10pm

Oct 17-27 : 6:15pm – 6:55pm

Class enrollment opens online 9/16 - or call the front desk to register. FREE!

YMCA website



Monthly Activities & Events

September

Mamas Especiales

- Weekday Walks at Murr Park - 6:15 am
- Virtual Fridays - Sept 2, 9, 16, 23, 30 at 1:00 pm
- Mexican Night - Sept 13, 6:00 pm

Columbia County P2P Meeting

- Sept 23, No Host Dinner - 5:30 pm

Parent to Parent in Walla Walla

- Sept 29, Autism & Behavior Support - 6:30 pm

[See Calendar of Events](#)

Community Activities

Walla Walla Symphony Summer in the Parks

Tuesday, Sept 6, 5:15 pm at Lions Park in College Place

Tuesday, Sept 20, 6:00 pm at Pioneer Park

Step Ahead Learning School

Mon & Wed 5:30 to 8:30 pm focused on social activities & life skills

Mon-Thurs 1:00 to 5:00 pm focused on work skills

Call Megan Hansen 509-386-6912 for more information

UNSEEN: How We're Failing Parent Caregivers & Why It Matters

3 Free Zoom Screenings with Panel Discussions. Registration Required.

Sept 15 - 10am, Sept 16 - 6pm, & Sept 17 - 10am

Helpful Information

[It All Comes Down to How You Use Your Marbles . . . \(pdf\)](#)
great visuals and suggestions for any child with a developmental delay.

[Benefit U: Connecting You With Resources to Manage Your Benefits \(pdf\)](#)
Benefit U is a DDA funded program committed to helping people to better understand their disability related benefits.



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