Class 29 meets online during the "State Budget Basics: Corrections, Education & Healthcare" Seminar. The excellent programs offered by Maricopa County Cooperative Extension are worth noting. They think a hybrid format will be used in the future where participants can come to the office, but in-person programming will be back in place in 2021. However, for many programs, they have offered opportunities for the people of Maricopa County and beyond. They are all hopeful that the challenges will be overcome.

Given all the challenges, all the Zoom meetings, all the technical glitches, and so many changes, the Resource Center went to an online format and still found time to have a food drive for the Maricopa County Food Bank.

Our Agricultural Literacy and STEM program collaborated with Oregon State University and the Pacific Southwest Agricultural Research and Extension Center to offer a virtual camp through 4-H. The camp involved learning about the importance of water and the many uses of it, such as irrigation, drinking, and cleaning. The camp was designed to be fun and engaging, with activities like water scavenger hunts, virtual tours of farms, and hands-on experiments. The traditional Arizona Water Festival (AWF) Program was dramatically changed to an online format due to the pandemic. The water festival event activities were turned into online learning modules that were accessible to students and educators across the state. They also created a virtual water festival that featured guest speakers and interactive activities.

The Desert Institute of Gardening (DIG) class series, offered by the Maricopa County Master Gardener Program, is a great way for people to learn about gardening and improve their skills. Prior to 2020, all DIG classes had been in-person, but with the pandemic, they had to find a new way to reach their audience. They came up with the idea of offering online classes, and they found that this format was even more popular than the in-person classes. In 2020, the number of attendees more than doubled, from 648 in 2019 to 1570. The cost of the classes was also reduced to encourage more people to participate.

The Diabetes Prevention Program (DPP) is an evidence-based intervention that has been shown to reduce the risk of type 2 diabetes by 58% through education, behavior change, and interpersonal support. The CDC's DPP is an evidence-based intervention designed to prevent type 2 diabetes. It is a year-long program with 26 lessons spread throughout the year. Lessons include nutrition and physical activity basics as well as subjects regarding managing stress, coping with triggers, and taking charge of negative thinking. The Diabetes Prevention Program at the UA Maricopa County Cooperative, started implementing the DPP in October 2018 and graduated our first class. The author, along with Janel Rogers, EFNEP educator at the UA Maricopa County Extension office, has found that this program is effective in helping people achieve their health goals.

Maricopa County Extension office, like in many counties in the US, has strong organizations have faced in program implementation and builds on CE's strengths. The CEC/MCE, created to implement the DPP have had recurring challenges such as:♦ Participant reach, especially in rural areas,♦ Participant engagement,♦ Materials and resources to be effective,♦ Ongoing support at the state level. To address these challenges, they have developed a comprehensive implementation guide that includes strategies for addressing each challenge. This guide is available to anyone who is interested in implementing the DPP.

Another star participant has lost 18 pounds since August and has incrementally increased their physical activity. One of our stars is a person that has lost 29 pounds since August's start of the DPP and has incrementally increased their physical activity. To take full advantage of the program, they have to take 150 minutes of physical activity each week. They have been actively participating in their leadership thinking, and getting support from loved ones.

The family resource team includes Extension Agent, Patty Merk and staff: Ginamarie Flores, Dayna Wilson, and others. Book club was accomplished with financial and in-kind assistance from United Healthcare, Arizona Family Health Partnership, Foundation for Maricopa County, Office of the County Administrator, and Janel Rogers, EFNEP educator at the UA Maricopa County Extension.

Resource Center Keeps Reaching Out

The family resource team includes Extension Agent, Patty Merk and staff: Ginamarie Flores, Dayna Wilson, and others. The family resource team has been working hard to reach out to the community, and they have accomplished book club with financial and in-kind assistance from United Healthcare, Arizona Family Health Partnership, Foundation for Maricopa County, Office of the County Administrator, and Janel Rogers, EFNEP educator at the UA Maricopa County Extension. This has facilitated a more personalized session of learning. In our IPM/Field Crops program, our team became experts in live workshops, and virtual field days.

Weeds that were not managed by Master Gardeners. This has facilitated a more personalized session of learning. The next time, we actually mixed the compost, (and found a lizard in it). We mixed and soaked dirt care of it. The next time, we actually mixed the compost, (and found a lizard in it). We mixed and soaked dirt with the Maricopa County Extension gave us to use. We mixed and soaked dirt with the Maricopa County Extension gave us to use. We mixed and soaked dirt with the Maricopa County Extension gave us to use. We mixed and soaked dirt with the Maricopa County Extension gave us to use.

Another star participant has lost 18 pounds since August and has incrementally increased their physical activity. Another star participant has lost 18 pounds since August and has incrementally increased their physical activity. They've been actively participating in their leadership thinking, and getting support from loved ones.

The family resource team includes Extension Agent, Patty Merk and staff: Ginamarie Flores, Dayna Wilson, and others. Book club was accomplished with financial and in-kind assistance from United Healthcare, Arizona Family Health Partnership, Foundation for Maricopa County, Office of the County Administrator, and Janel Rogers, EFNEP educator at the UA Maricopa County Extension.