



# **Weekly Safety Tip**

**Stand Safe Against  
Slips, Trips and Falls**

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As the winter season continues to creep in upon us, the “**Stand Safe**” campaign is turning its focus to wintertime slip, trip, and fall prevention.

During this time of the year, employees run the greatest risk of incurring a STF injury.

So, as snow begins to fall and accumulate across Northwest Ohio, **SCNWO recommends** that we take action and prepare ourselves to “**Stand Safe**” against STF hazards.



**To prevent STF injuries in these colder weather months going to work, while at work, and when returning home:**

- Wear shoes with good traction in the parking lot and change into dress shoes once safely in the office.
- When working on ice and snow outdoors wear ice cleats.
- Make sure to alert proper personnel when sidewalks and parking lots need to be salted.
- Discuss snow or ice mitigations in your pre-job briefing.
- Wipe wet shoes off before entering buildings.
- When exiting or entering vehicles make sure to keep both feet firmly planted on the ground and at least one hand on the vehicle for support, with three points-of-contact.
- Remember to make sure to clear steps of ice and snow.
- Walk in designated walkways and avoid taking shortcuts over snow piles and through areas where snow and ice has not been removed.
- Slow down. Don't rush.

**DA Varwig for Safety Council of Northwest Ohio**

# Weekly Safety Share



# Your Cell Phone Over Your Safety

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## SAFETY & HEALTH SHARE

Many people prioritize their cellphone over their personal safety



*Would you risk life & limb to save your cellphone?*

For many people, the answer is yes, according to the results of a recent survey.

Impact protection manufacturer [D30](#) recently commissioned a survey of consumers from the United States and the United Kingdom to understand how connected they are to their cellphones and find out what lengths they'd go to retrieve or save the device.

Findings show that 20% of the respondents would climb onto subway tracks to retrieve their phone, while 54% would retrieve it from a portable toilet at a festival.

Additionally:

- 59% would jump into a pool fully clothed at a wedding.
- 56% would climb into a dumpster.
- 51% would miss an international flight rather than leave a lost phone behind.

"Our research shows people will go to astonishing lengths to rescue their devices," D30 CEO Stuart Sawyer said. "Your phone isn't just technology. It's your connection to friends, family, work, entertainment, memories and your whole life."

To Julia Kite Laidlaw, senior program manager of the [Road to Zero Initiative](#) at the [National Safety Council](#), the survey results are cause for concern.

"We might laugh at some of the lengths people will go to for their phones, but putting yourself in danger by climbing onto subway tracks is no joke," Kite-Laidlaw said. "You can always replace a phone. You can never replace your life. It's worth it to spend a little bit of money on phone insurance or a data storage plan to have peace of mind. With the ability to upload your data and photos into the cloud, even if your physical phone disappears, you will still have your digital life. Have a backup plan that doesn't involve risking your personal safety."



DA Varwig, CSP-retired and Vice Chairman of the Board of Directors for SCNWO



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