

Weekly Safety TIp

Summer Safety: Fireworks Injuries & Death



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from Fireworks in 2023

SAFETY SUMMER SAFETY



CPSC.gov

NSN

Fireworks Injuries & D -2023 REPORT #CelebrateSafely How & When Injuries Occurred Safety Tips 2023 Injuries * Never allow children to play with or 6 by Firework Type ignite fireworks, including sparklers. ج ک * Make sure fireworks are legal in your area before buying or using them. 800 in the weeks before & 700 after the July 4th holiday Keep a bucket of water or a garden hose handy in case of fire or other mishap. JULY ★ Light fireworks one at a time, then move back quickly. ★ Never try to re-light or pick up fireworks that have not ignited fully. Firecrackers Sparklers * Never use fireworks while impaired by alcohol or drugs. Most Injured Body Parts * More Fireworks Safety Tips: **Injuries & Deaths** 19% 22% 35% 11% EYES HEAD, HANDS & TRUNK/ FACE FINGERS OTHER & FARS 0 for fireworks injuries in 2023

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Source: U.S. Consumer Product Safety Commission 2023 Fireworks Annual Rep



SCA - Sudden Cardiac Arrest Signs & Symptoms

HEALTH & WELL-BEING SHARE



SCA - Sudden Cardiac Arrest



affects

There are more than 356,000 out-ofhospital cardiac arrests (OHCA) annually in the U.S., nearly 90% of them fatal.

The incidence of EMS-assessed nontraumatic OHCA in people of any age is estimated to be 356,461, or



nearly 1,000 people each day.

What is Sudden Cardiac Arrest?

Sudden cardiac arrest (SCA) is an electrical disturbance in the heart that prevents it from beating properly.

During SCA, the ventricles flutter in a phenomenon known as ventricular fibrillation, making them unable to deliver blood to the body.

The heart responds by quivering rather than beating normally.

people

a day

Blood flow to the brain is reduced to the point that the person loses consciousness and collapses.

Unless emergency treatment is provided quickly, death usually follows.

Who is at Risk for Sudden Cardiac Arrest?

It often affects those who have experienced previous episodes of SCA, heart attacks, or heart failure, but it can also strike someone with absolutely no history of heart problems.

Signs that someone has suffered an SCA:

- Sudden collapse
- No pulse
- No breathing
- Loss of consciousness

Additional symptoms might also include:

- Shortness of breath
- Chest discomfort
- Weakness
- Palpitations

See next page for combined graphic of the signs and symptoms of an SCA





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