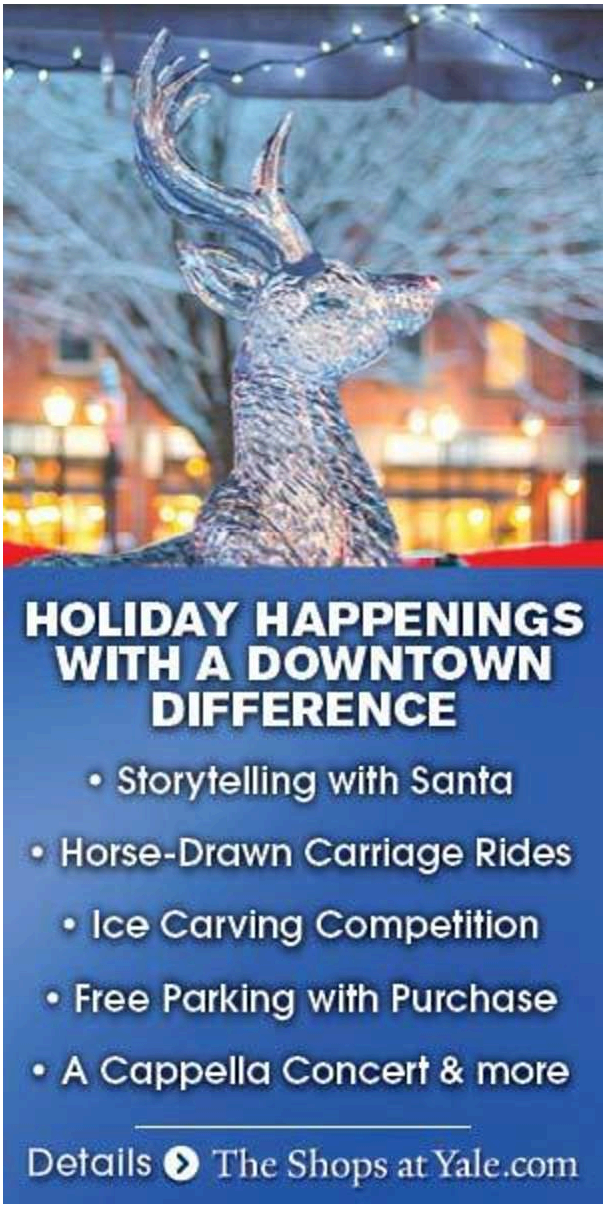
the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline



Hope you can join us for Girls' Night Out in Guilford this Thursday! It's one of our favorite events of the year and a wonderful support of the shops around The Green. Meet us at the Marketplace at Guilford Food Center for wine specials and to pick up your sticker to qualify for 20% off in all the participating shops. Grab your girlfriends and make a night of it, or come on your own. It's always fun and a great way to finish up your holiday lists. Click through below for more info and to see who's participating.

Love, Erica









Click here for a sneak peek at what's in store in Guilford.

See All Participating Shops & Details





Consider these local and online options for far-flung friends and relations.



Hope & Stetson, Old Saybrook

Hope & Stetson is known for their hip West Hartford clothing shop, but you might not know about their genius “Simple Gesture” gifts. Whether you’re on the hunt for Hannukah, Christmas, or Baby It’s Cold Outside; you’ll find something sweet here. Carefully curated treats in lovely packaging at a good price point.

Mar Floral, Old Saybrook

My favorite florist, Marlee, offers a monthly subscription service, either a vase or bouquet of her artfully arranged and bountiful blooms, delivered locally.







Send A Box of Smiles, Madison

This new subscription box service is happy all around: two Madison women dreamt up this gifting idea and based it around sourcing from like-minded, women-owned businesses. They've gathered groupings of pampering goodies to send for the holidays, or no reason at all other than sending a smile. Sweet.

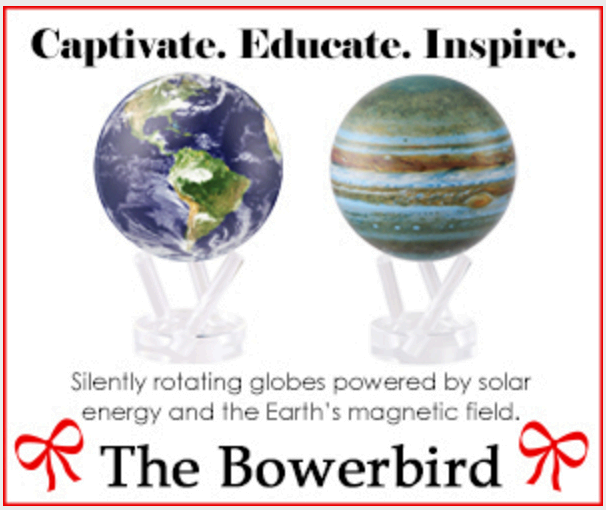




Fatstone Farm, Lyme

For me, there's something pretty fabulous about pouring syrup on my pancakes that's practically made in my own backyard. And it's nice to spread the sweetness around, too, with an online purchase of local maple deliciousness (while supporting farming efforts at the same time!). The apple ginger turmeric vinegar and elderberry syrup are strong options, too. Or, what the heck, send the whole pack!





Dagmar's Desserts, Old Saybrook

Cranberry Stollen for Christmas? Yes, please! While lots of us trek to Dagmar for her Buche de Noel, Flourless Chocolate Cake, and Linzer Tortes (among other goodies), she's happy to ship her Stollen to your friends and family. Three varieties in two sizes.



(Also good news is local delivery of all baked goods).



Farm to Loaf! Chabaso & Atticus

You're probably very familiar with Chabaso breads but what you probably don't know is their shift (with their sister company Atticus Cafe in the Atticus Bookstore in New Haven) to baking artisanal bread with LOCAL grain. And in the spirit of fostering a local grain economy in the Northeast, they launched the Farm to Loaf gift bundle, offering a glimpse into products they've been making with grains sourced from farms in Connecticut and the Northeast. This bread-lovers pack contains Northeast Wheat Ciabatta Rolls, a dense and delish Danish Rye, ready-to-bake chocolate-orange scone mix, and a jar of Connecticut Honey.

See our whole list of lots more local & online gifts and how to buy:

More Local & Online Gifts





Still need some gift ideas? Here are a few of my favorites. Order online or call the shop 860.322.3388 We can wrap and ship for you, too.



Shop These Gifts!

The E List Shop Hours:
Monday - Friday 11 - 6
Saturday 10 - 6
Sunday 10 - 4*

*Come see us during **Chester Holiday Market**!
Email us: **shop@theelist.com**
Call us: **860.322.3388**

Shop The E List Online

Sponsored Story



What is Sexual Harassment?

By Suisman Shapiro Attorneys-at-Law

This past summer, Governor Ned Lamont signed into law the Time's Up Act. This law offers more protections to victims of workplace sexual harassment. It also enforces stricter training standards and tougher penalties for noncompliant employers.

Sexual harassment is any type of unwelcome sexual advances, comments or conditions that create a hostile or offensive working environment and may involve:

• A superior's offer of promoting a subordinate in exchange for sexual favors
• A superior's threat of demotion (or some other negative outcome) if a subordinate refuses a sexual favor
• Uninvited touching in the workplace
• Inappropriate sexual comments in the workplace

• A company culture that permits sexually suggestive messaging, such as emails or posters

Attorney Ted Heiser can help if you are facing workplace harassment or discrimination. He has been named a top-rated Employment & Labor attorney by Super Lawyers since 2013. He practices at Suisman Shapiro Attorneys-at-Law, the largest law firm in eastern Connecticut.

Learn More

From The E List Events Calendar

Holiday Thrift & Gift Shopping at Ashleigh's Garden & The Pandemonium Thrift Shop, thru 12/11 - 12/20
Enjoy refreshments, special sales, free gift wrapping, and more every Wednesday and Friday until Christmas. **Read more...**

An Actor's Carol at Ivoryton Playhouse, 12/13 - 12/22
Head to Ivoryton Playhouse for this quirky and compelling ode to a holiday classic. **Read more...**

Holiday Stroll and Sip & Shop in Downtown Essex, 12/14
Enjoy storytime with Mrs. Claus and a carriage ride with Santa. Village shops open late, too. **Read more...**

Magical Elf House in Branford, 12/14 - 12/15
Take an elf guided tour that is sure to become part of your holiday "must-do" every season. **Read more...**

Eastern Connecticut Ballet presents The Nutcracker at the Garde Arts Center, 12/14 - 12/15

Come see the classic Christmas story and fairy tale ballet, showcasing members of the New York City Ballet. **Read more...**

Essex Winter Series Artistic Director Mihae Lee's 10th Anniversary Concert, 1/12/2020

Get tickets for this special evening as Mihae Lee celebrates her anniversary with a concert featuring esteemed violinist Ani Kavafian and eleven of the Series' past Emerging Artists. **Read more...**

Looking for more to do? Find shopping events, benefits, happy hours, and more on The E List events calendar:

Browse the Calendar

p.s. from Erica

In case you missed it: The best shopping and dining in Charming Chester on last week's list. **Read it here.**

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