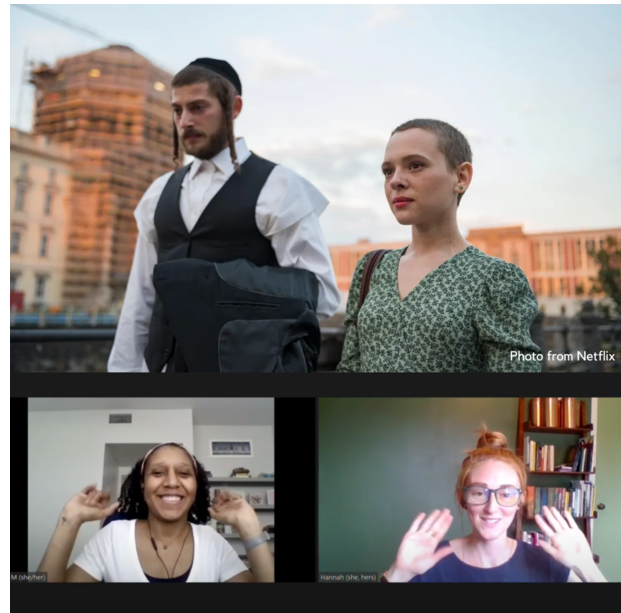




## What "Unorthodox" showed us about patriarchy, relationships, and abusive behaviors

Thanks to a suggestion from a follower, our latest media review featured the Netflix mini-series "Unorthodox." In our review, we discuss some of the similarities between what we see in domestic violence work and the main character Esty's experience of leaving her partner and community. We also consider how expectations based in patriarchal values created immense pressure, stress, and pain for Esty, *and* had negative impacts on male characters depicted in the series.



[Check out the full video here](#), and share your thoughts! Then tell us...

## What should we review next?

Let us know at [communityimpact@violencefreeco.org](mailto:communityimpact@violencefreeco.org) or in the Youtube comments!

## Learn more

In our discussion we do not weigh in on if the "Unorthodox" series is an accurate depiction of Hasidic Judaism or not. Such an analysis would be outside the scope of our knowledge, and not within our right to comment on, as our staff are not part of the community depicted in the series.



We encourage any of our viewers who may also have limited knowledge of Hasidic Judaism to read/learn widely, and not use one dramatized movie series as the basis of their understanding of Hasidism. We've included additional resources below; please [share any additional recommendations with us!](#)

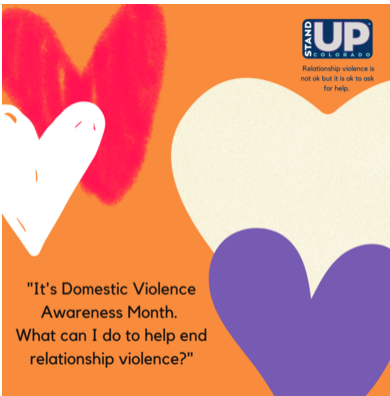
["Netflix's 'Unorthodox' paints a misleading picture of Orthodox Judaism"](#)

["What a young ex-Hasidic Jew thinks of Netflix's Unorthodox"](#)

[17 Facts Everyone Should Know About Hasidic Jews](#) By Tzvi Freeman and Menachem Posner

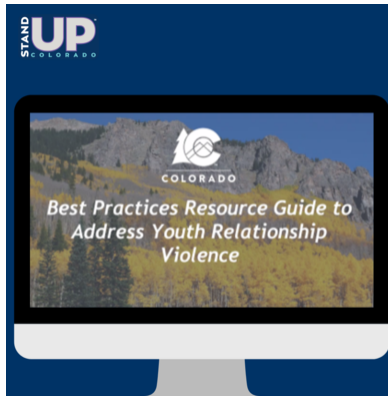
[LA Times: "Netflix's 'Unorthodox' went to remarkable lengths to get Hasidic Jewish culture right"](#)

[A Life Apart, PBS documentary on Hasidism](#)



### Domestic Violence Awareness Month

[Learn how](#) you can support domestic violence awareness and healthy relationships this month and beyond! To name a few ideas - [follow our page](#), [share our posts](#), [support your local DV organization](#), and examine your own understandings of relationships.



### Youth Practice Guide

Don't forget to [check out the best practice guidelines](#) for working with youth who use abusive behaviors in their relationships, developed in partnership with stakeholders and professionals across Colorado.



### Got a relationship question?

We're answering common relationship questions on [our Instagram page](#). Check it out! For professionals working with people who use abusive behaviors - Got a relationship question you hear often in your work? [Email us](#), and we'll work it into our upcoming posts.

Donate

**Relationship violence is not ok. It is ok to ask for help.**  
Stand Up Colorado is a project of Violence Free Colorado.

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