A Reflection from your Buddhist Chaplain

Dear Jumbo Community,

This week the Buddhist community celebrates Buddha’s Enlightenment, the day that he broke through his inner struggle and realized that he and all other beings were not separate. Buddha’s last instructions, his gift and charge to us, is: be a light into yourself.

Buddha advised us to trust our own capability to awaken; our calling to be a light, to reflect the original light of true nature so that it is manifest in our everyday activities. Once Bishop Dusmond Tutu was asked, “How is it that South Africa avoided a race war?” Bishop Tutu replied, “There are tens of thousands of people who were God-carriers.” In other words, carriers of the light.

In this way, we are the great awakening; we are the gathering light; we are the coming dawn. Whatever light we carry is already affecting countless others. Social change occurs at the root of grass-roots. Peace is coming, step by step; one breath, one moment at a time.

Our celebration of Enlightenment Day will take place today, December 7, at 7:30 p.m. in the Interfaith Center. We are honored to welcome Vietnamese monk Thich Chánh Tri to provide encouragement for our meditation through his talk on the Buddha’s awakening. This is a day of festivity, traditionally accompanied by mangoes, persimmons, rice cakes and spirited chanting. Please join us!
And the University Chaplaincy’s annual winter concert *Pax et Lux* (peace and light) takes place this Thursday, December 8 at 7 p.m. You are most welcome to come and explore the themes of peace and light.

With best wishes and metta,

Ji Hyang Padma
Buddhist Chaplain

---

**Upcoming Signature Programs**

**Pax et Lux: A Multifaith Winter Celebration**

*Thursday, December 8, 7:00 p.m. at Goddard Chapel*

Join the University Chaplaincy and the Interfaith Ambassadors for this evening of warm celebration uplifting the themes of peace and light. It will be a night of singing, dancing, and story-telling featuring WuZee, Tufts Choir Singers, Chamber Orchestra, chaplains and student speakers, and more. A reception of warm drinks and treats will follow on the Goddard Chapel steps. We welcome you to join us! No RSVP necessary. Please email program manager [Nora Bond](mailto:nora.bond@tufts.edu) with any questions or accessibility needs.
Sign up for Generous Listening and Dialogue Center’s Books Discussion Series

Discussions in January, pick up a book today

As part of the Tufts University Rev. Dr. Martin Luther King, Jr. Celebration, the GLADC will host a discussion series of the book *Martin Luther King and the Trumpet of Conscience Today* by this year’s Celebration keynote speaker, Dr. Régine Michelle Jean-Charles. The series will launch over winter break and include opportunities for the Tufts community to sign up for a one of three small group discussion sessions (two in-person, one virtual) ahead of the January 30th celebration. Physical and electronic copies of the book are available. Hosted by the Generous Listening and Dialogue Center in collaboration with the MLK Celebration planning committee.

Register Here: https://tufts.qualtrics.com/jfe/form/SV_eKCzwDeeRuwvG4e

Copies of the book can be picked up at the GLADC’s office (ML36) in Barnum Hall or at the Africana Center; an e-book is also available via the Tufts Library. You can register for the book discussion group of your choice here.
MLK Student Voices Award

Submissions due Wednesday, January 18 at 11:59 p.m. ET

Interested undergraduates and graduate students are invited to submit creative responses for this year's Student Voices Award as part of the annual Rev. Dr. Martin Luther King, Jr. Celebration coordinated by the Africana Center, Tisch College of Civic Life, and the University Chaplaincy. We ask submissions to respond to the quote below and answer the question, "What does love and creativity look like for you in the service of action for love and justice?" We invite submissions of essays, poems, spoken word, songs, art, or performances - to be considered and join the January 30 celebration.

The 2023 guiding quote is from King's book *The Trumpet of Conscience*, and reads: "But we do not have much time. The revolutionary spirit is already world-wide. If the anger of the peoples of the world at the injustices of things is to be channeled into a revolution of love and creativity, we must begin now to work, urgently, with all peoples to shape a new world."

This year’s theme, "We Don’t Have Much Time: Raising Consciousness and Building the Future"
Now, comes from the quote, and will inform the university-wide event. You can find information about the Award, the submission process, and more here. A small committee including members of the planning team for the Celebration will choose up to three winners. The winners will be chosen based on organization, clarity, creativity, originality, and relationship to the 2023 theme. There will be a cash prize for each winner, and one of the winners will be invited to present at the Celebration on Monday, January 30, 2023. The submissions will be displayed on the Africana Center and University Chaplaincy website, with permission of the creator.

Religious and Philosophical Programs

Enlightenment Day Celebration

Wednesday, December 7, 7:30 p.m - 9:00 p.m., Interfaith Center

Tufts Mindfulness Sangha welcomes the community to join us on Enlightenment or Buddha Day. We will celebrate the birth, enlightenment, and demise of Gautama Buddha. Guest teachers will lead
mindfulness meditations, followed by reflections from diverse spiritual leaders and students about meditation, interfaith harmony, and world peace.

Chanukarnival with Chabad and Tufts Hillel
Thursday, December 8 at 8:30 p.m., Granoff Family Hillel Center

While it isn’t truly Chanukah until the very end of the semester, Tufts Hillel and Chabad wanted to celebrate while everyone is still on campus! We are collaborating to host the most amazing pre-Chanukah event of the year – the Chanukarnival! Join us in the Hillel building at 8:30 for carnival games and snacks, with a fun Jewish spin. There will be latkes, dreidels, and prizes galore! Absolutely all are welcome to come have fun, celebrate the season and eat great food!
True Colors Candle Making
Friday, December 9, 2:00 p.m., Interfaith Center

Take a break from studying to join True Colors, the LGBT Center and University Chaplaincy’s queer interfaith student group, as we make candles to celebrate the incoming winter season! All supplies will be provided and queer students of all faith backgrounds (including none at all!) are welcome, including those that have never attended before. We will also be discussing plans for True Colors for next semester, and we would love your input! Contact student leader Lee Romaker or Protestant Chaplain Dan Bell with any questions.
Christmas Comes Early: A Party!
Friday, December 9, 6 p.m. - 8 p.m., Interfaith Center 58 Winthrop St

All are welcome as gather to celebrate the Christmas season! Come for dinner, cookie decorating and festive music. Jason Evers will be DJ'ing. If you are in a position to contribute to our drive for the Harvard Square Homeless Shelter, please bring socks, underwear and period products for the shelter's guests. Please email Catholic Chaplain Lynn Cooper with any questions.
Spanish Mass
December 11, 5 p.m. - 6 p.m., Goddard Chapel

Please join the Catholic Community for our next Spanish mass! If you would like to help plan, read or sing please email student Beatitudes Coordinator Sebastian Fernandez. Starting next semester, Spanish mass will be every second Sunday of the month! Please email Catholic Chaplain Lynn Cooper with any questions.

Resources, Scholarships, and Opportunities
Global Tufts Month: Confronting Global Challenges to Human Well-being—Together

All of March 2023, Apply for Event Funding by Wednesday, February 1

The Office of the Provost and the Senior International Officer invite the entire Tufts community to host and attend events related to this year’s Global Tufts Month theme: Confronting Global Challenges to Human Well-being—Together. These events will showcase Tufts' breadth and depth of global engagement and can range from lectures, film showings, cultural events, social programs, and more! Mini-grants up to $500 are available for event funding. You can find more information about Global Tufts month here.
Tufts Asian Student Coalition Archives Gallery
Saturday, December 10, 2:00 p.m. - 5:00 p.m., Asian American Center

Join Tufts Asian Student Coalition (TASC) to look through our archives of the club's past. We are excited to explore with you all.

Upcoming Religious Celebrations and Observances

These events are drawn from the multifaith calendar maintained by the Office of Religious and Spiritual Life at Harvard Divinity School. To see more upcoming religious holidays and festivals, please follow the link to the Harvard Divinity School calendar.

Advent
Sun., Nov. 27 – Fri., Dec. 23, 2022
Tradition: Christianity-Protestant, Christianity-Roman Catholic
Period of four weeks in which Christians prepare for Christmas and meditate on the end of all time. In Western churches, the first Sunday of Advent marks the beginning of the Christian liturgical year.

Bodhi Day
Thu., Dec. 8, 2022
Tradition: Buddhism
In the northern tradition, this is the anniversary of the Buddha's Enlightenment, ca. 596 BCE. In the southern tradition, the Buddha's Enlightenment is celebrated during Wesak. The dates and names of Buddhist celebrations vary significantly among cultures and communities.

Feast of the Immaculate Conception
Thu., Dec. 8, 2022
Tradition: Christianity-Roman Catholic
A feast day that celebrates the belief that Mary, mother of Jesus, was born without sin.

**Feast of Our Lady of Guadalupe**
Mon., Dec. 12, 2022
Tradition: Christianity-Roman Catholic

**Hanukkah**
Sun., Dec. 18 – Mon., Dec. 26, 2022
Tradition: Judaism
The Feast of Lights (Feast of Dedication) is celebrated for eight days to commemorate the rededication of the Temple following the Jews’ victory over occupying forces in 165 BCE, which re-established for a time their religious and political freedom.

---

**Support the University Chaplaincy**

Supporting dynamic programs at Tufts University in religious, spiritual, ethical, and cultural life is easy and vital to our work. To donate, please click on the button below. Thank you for your generosity.

[Give Today]

---

**ABOUT US**

The University Chaplaincy is a dynamic hub supporting religious, spiritual, ethical, and cultural life for all members of the Tufts community. We provide pastoral care, support religious and philosophical communities, educate about spiritual and ethical issues in society and the world, and promote multifaith engagement.

**Tufts University Chaplaincy | Goddard Chapel, 3 The Green | Medford, MA 02155 US**
chaplaincy.tufts.edu | chaplaincy@tufts.edu | 617.627.3427

---

Subscribe to our email list.