A NOTE FROM THE PRESIDENT

Dear Students,

As we begin the Spring 2020 semester, I wanted to take a moment to encourage you to take advantage of all the opportunities LSU offers to help you achieve your academic, professional, and personal goals.

First and foremost, I encourage you to take advantage of the resources available to you on campus. Whether you need help with your coursework, want to explore new career opportunities, or simply want to connect with other students, LSU has a wealth of resources to help you succeed. I encourage you to take advantage of these resources and to reach out to faculty and staff whenever you need assistance.

I also want to encourage you to get involved in campus life. Whether you participate in student organizations, attend campus events, or simply make new friends, getting involved on campus can help you build valuable skills and connections that will serve you well in the future.

Finally, I encourage you to take care of yourself. As students, we often put our own needs last, but it is important to take care of your physical and mental health. I encourage you to make time for exercise, relaxation, and self-care, and to seek help if you need it.

I am confident that the Spring 2020 semester will be a successful one, and I look forward to seeing you all on campus.

Sincerely,

[Signature]