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# **Tufts**

#### E-NEWS 12.8.21



#### A Reflection from our Humanist Chaplain

The change of seasons is full of possibilities for us. As our bodies adapt, our senses heighten to move and visualize, and we notice the early setting sun and the dimming down of our energy. However, opportunities for visibility and reflection from our part are a must. In the upcoming weeks, Tufts communities and beyond will be celebrating the winter solstice. The winter solstice holds an important place for human beings because it serves as an indication of longer nights and the beginning of winter.

As a winter solstice baby born in La Isla del Encanto / Island of Enchantment, Puerto Rico, The concepts of light and enchantment have a very personal meaning in my life. For example, growing up I recall parrandas, eating tembleque, and gathering with neighbors who would open their houses to share in celebration during the winter season.

The Humanist Community at Tufts is preparing to celebrate the winter solstice this upcoming Friday by sharing food, lighting candles, recasting our visions, dreams, and uncertainties as a community.

Today, I invite you to consider the generations of peoples and even non-human sentient beings who have learned and adapted throughout time in order to not only survive but thrive as they experience the winter solstice. May you reflect, discover, and embrace the many processes of change.

Anthony Cruz Pantojas, M.T.S. Humanist Chaplain

#### **Celebrating Giving Tuesday 2021**

A big thank you to everyone who took part in this year's Giving Tuesday campaign! We are honored to share that we received 81 gifts with a total of \$5,409 in donations.

We are especially grateful to our first-ever challenge donor for helping us shine a light on our community and the impact of this office. This successful campaign was made possible through the support of our students, community members, and alumni of the University Chaplaincy from near and far.



**Upcoming Signature Events** 

# PAX ET LUX A Multifaith Celebration

Goddard Chapel Thursday December 9, 8:00 - 9:30 p.m.

Join the University Chaplaincy and the Interfaith Ambassadors for this evening of warm celebration uplifting the themes of peace and light. Dancing, singing, and story-telling will light up Goddard Chapel this night.

Featuring WuZee, Shir Appeal, Public Harmony, Ballroom Dance Team, Chaplain and Student Speakers, and more!



You are welcome to experience the beautiful traditions of many religions, cultures, and people around this time of year. A reception of cocoa and treats will follow on the Tisch Roof afterwards. You are most welcome, and we hope you will join us!

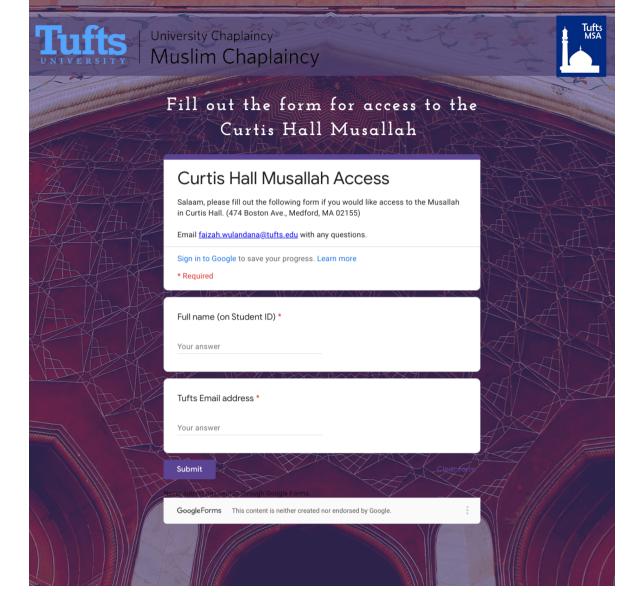


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**Religious and Philosophical Programs** 



#### Access to the Curtis Hall Musallah

If you are a Muslim student, staff, or faculty community member seeking access to the Curtis Hall Musallah, please complete this form to gain swipe access to the sacred space. If you have questions about prayer spaces on any of the Tufts campuses, please reach out to Muslim Chaplain Najiba Akbar.







### Buddha's Enlightenment Day A celebration of our innate Buddha - nature

With Venerable Vineetha and Buddhist Chaplain Ji Hyang Padma

Enlightenment Day is traditionally accompanied by stories, rice cakes, light and flower offerings. There will be the opportunity to take refuge and to witness this joyful ceremony. We will celebrate the hard work of our e-board, and welcome new e-board members! Please join us!

#### Wednesday, December 8th

7:00 p.m. - 8:15 p.m.

Interfaith Center

Tufts

University Chaplaincy Buddhist Chaplaincy

**Enlightenment Day with the Buddhist Chaplaincy and Tufts Buddhist Mindfulness Sangha** Wednesday, December 8, 7:00 p.m.

This year, join the Buddhist Chaplaincy and the Tufts Buddhist Mindfulness Sangha at the Interfaith Center to celebrate Buddha's Enlightenment--and our innate enlightened nature--with stories, rice cakes, and light and flower offerings. There will be an opportunity to uplift the hard work of our e-board, and to welcome new e-board members too. All are welcome.

#### **Partner Programs**

# Central American<sup>®</sup> Artists Call

#### Temporarily Living: Creating While Questioning 2022 exhibition, Curated by Geovani Alberto Cruz Alfaro

Temporarily Living: Creating While Questioning documents the Central American experience for artists at Tufts University. Our bodies are vessels of our histories, the documentation of our diaspora, and the future our parents and grandparents fought for – who share their stories of hope and trauma that follow us throughout our daily lives. We will never forget our past, but we can build a future where our minds don't temporarily stay, questioning our existence but create a permanent presence of belonging.

> Slideroom Submission:

Open to all Central American Tufts undergraduate and graduate students across all campuses.

#### **Submissions Due:**

Wednesday, December 1st @ 11:59 PM on Slideroom

#### Media:

2D artwork (Drawing, Painting, Photography, Print), Video Art

#### **Required:**

Artist Bio (150 Max), Artist Statement (150 max), Title, Year Made, Medium, Dimensions (in.)

#### **Exhibition Locations:**

SMFA Well Gallery and Remis Sculpture Court



#### **Central American Artists Call**

Application deadline extended to Wednesday, December 8.

Call for Art! *Temporary Living: Creating While Questioning* is a student exhibition curated by Geovani Alberto Cruz Alfaro, A23 that welcomes Central American artists to share and create visual futures of the Central American diaspora through various mediums. The call is open to all Central American Tufts undergraduate and graduate students across all campuses. The exhibition will open at the SMFA Well Gallery and Remis Sculpture Court, in January 2022. Scan the QR code or follow this link to submit to the exhibit. Email Geovani Alberto Cruz Alfaro with any questions.

# REST & RECHARGE WORKSHOP

BY DR. CANDYCE BURKE-AUGUSTE & KALO SOKOTO



#### WEDNESDAY DECEMBER 15TH 2021

**12:00 - 1:00 PM** HTTPS://TUFTS-HIPAA.ZOOM.US/J/94224608594? PWD=B2VEC3M5A0I4L3L0NHN5YMTQOEN1QT09

LET'S HIT THE RESET BUTTON TOGETHER, WITH AN EMPHASIS ON SELF-CARE, COMMUNITY CARE AND OTHER RESTORATIVE PRACTICES.

THE FIRST 10 ATTENDEES RECEIVE A \$15 GRUBHUB GIFT CARD!!

#### **Rest & Recharge Workshop**

Wednesday, December 15, 12:00 p.m. - 1:00 p.m. ET, held virtually.

Join Tufts Counseling and Mental Health Services counselors Dr. Candyce Burke-Auguste and Kalo Sokoto for a virtual Rest & Recharge workshop. The goal is to provide a space for students to connect and share some of their thoughts and feelings as well as learn a bit about stress management and self-and community care. The Zoom link for the webinar can be found here. This gathering is for Black-identifying students.

**Resources, Scholarships, and Opportunities** 



#### Harvard Square Homeless Shelter Volunteering with the Catholic Chaplaincy

Wednesday Breakfast Shift (leave campus 6 AM and return 9:30 AM); sign up today through email.

All are welcome as we rekindle our relationship with the Harvard Square Homeless Shelter. Since November 3, we have been sending 3-4 Tufts community members to help serve breakfast at the Harvard Square Homeless Shelter, located in University Lutheran Church, 66 Winthrop St. Cambridge, MA (in the middle of Harvard Square). The University Chaplaincy will provide a T Pass for transportation on the 96 bus into Harvard Square, which stops at 6:10 a.m. in front of the LGBT Center. Volunteers travel together. As a volunteer, you decide which weeks you are able to serve. We will have this shift through the spring semester. Please email Catholic Chaplain Lynn Cooper if you are interested in signing up or learning more. You do not need to be Catholic to participate.



#### Tufts with Rwanda Fellowship 2022

Application due Sunday, December 12.

The Tufts with Rwanda Fellowship centers around genocide prevention education, restorative justice, and empowering Tufts students to become global ambassadors. The class will explore the root causes of the Rwandan genocide of 1994, its long lasting impacts on Rwanda, and how future generations can apply these lessons. Participants will learn from a accomplished array of speakers, including first hand survivors and renowned researchers of the Rwandan genocide, and through a community-focused Ex-College class that is 2 SHUs and will meet in person on Tuesdays 6:30 pm - 9:00pm. The fellowship includes a highly subsidized, ten-day trip to Rwanda where participants will visit memorials and strengthen bonds with the Agahozo-Shalom Youth Village. Students of all backgrounds and majors are apply to join for a beneficial experience and to be part of an amazing cohort. You can reach out to the fellowship organizer with any questions, and find the application here.

## A Student's Search for Meaning:

A Conversation Between College Chaplains, Humanities Scholars, and Representatives of the Broader University World

Convened via Zoom by New York University Program in College Chaplaincy, the Center for Global Spiritual Life and the Steinhardt Arts & Humanities Initiative with Support from the Henry Luce Foundation

Wednesday, December 15, 2021

A Student's Search for Meaning: A Conversation Between College Chaplains, Humanities, Scholars, and Representatives of the Broader University World Wednesday, December 15, various times.

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New York University Program in College Chaplaincy, the Center for Global Spiritual Life and the Steinhardt Arts & Humanities Initiative invite you to a series of conversations about the intersections of the humanities, chaplaincy, and education. You can learn more about this virtual event here.

#### **Upcoming Religious Celebrations and Observances**

These events are drawn from the multifaith calendar maintained by the Office of Religious and Spiritual Life at Harvard Divinity School. To see more upcoming religious holidays and festivals, please follow the link to the Harvard Divinity School calendar.

#### Advent

Ongoing through Fri., Dec. 24, 2021 Tradition: Christianity-Protestant, Christianity-Roman Catholic Period of four weeks in which Christians prepare for Christmas and meditate on the end of all time. In Western churches, the first Sunday of Advent marks the beginning of the Christian liturgical year.

#### Bodhi Day

Wed., Dec. 8, 2021

Tradition: Buddhism

In the northern tradition, this is the anniversary of the Buddha's Enlightenment, ca. 596 BCE. In the southern tradition, the Buddha's Enlightenment is celebrated during Wesak. The dates and names of Buddhist celebrations vary significantly among cultures and communities.

#### Feast of the Immaculate Conception

Wed., Dec. 8, 2021 Tradition: Christianity-Roman Catholic A feast day that celebrates the belief that Mary, mother of Jesus, gave birth without sin.

#### Feast of Our Lady of Guadalupe

Sun., Dec. 12, 2021 Tradition: Christianity-Roman Catholic

#### Yule

Mon., Dec. 20, 2021 Tradition: Wicca/Paganism Winter Solstice, celebrating the longest night and the blessings of darkness as well as the rebirth of the sun god. Begins at sundown.

#### Christmas

Sat., Dec. 25, 2021 Tradition: Christianity-Protestant, Christianity-Roman Catholic Celebrates the anniversary of the birth of Jesus.

#### Feast of the Nativity of Jesus Christ

Sat., Dec. 25, 2021 Tradition: Christianity-Orthodox Celebrates the anniversary of the birth (nativity) of Jesus. December 25 is the date of this observance for Roman Catholic, Protestant, and many Orthodox Christian churches.

#### **Support the University Chaplaincy**

Supporting dynamic programs at Tufts University in religious, spiritual, ethical, and cultural life is easy and vital to our work. To donate, please click on the button below. Thank you for your generosity.



### **ABOUT US**

The University Chaplaincy is a dynamic hub supporting religious, spiritual, ethical, and cultural life for all members of the Tufts community. We provide pastoral care, support religious and philosophical communities, educate about spiritual and ethical issues in society and the world, and promote multifaith engagement.

 Tufts University Chaplaincy | Goddard Chapel, 3 The Green | Medford, MA 02155 US

 chaplaincy.tufts.edu | chaplaincy@tufts.edu | 617.627.3427



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