

ACROPOLIS Mentor Applications are LIVE!

Acropolis is an emerging leadership retreat provided by the Cliff Alexander Office of Fraternity & Sorority Life at Miami University. The purpose of this leadership initiative is to immerse participants in the ACROPOLIS experience with exercises focused on personal sharing, group involvement, and open communication. The program will allow participants to identify their personal values and reflect on their current leadership skills.

2020 Acropolis Mentor Application



Looking for a study break? Some Motivation? A distraction?

Here are five great Ted Talks to give your brain a break and help add some inspiration and motivation to your day.

• Test your attention and perception - The Art of Misdirection

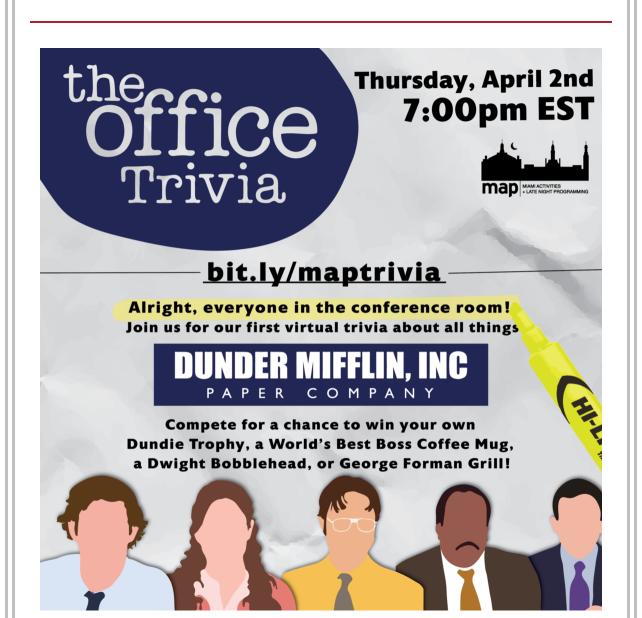
- How to use this newfound stress to your advantage <u>How to Make Stress</u>
 Your Friend
- Trying to get your family or roommates to listen? <u>How to Speak so that People Want to Listen</u>
- Feeling stressed or overwhelmed? <u>All it Takes is 10 Mindful Minutes</u>
- And...procrastinating? This one's for you <u>Inside the Mind of a Master</u> Procrastinator

Stay Engaged!

Looking for ways to maintain continuity and connection with your chapter and your members?

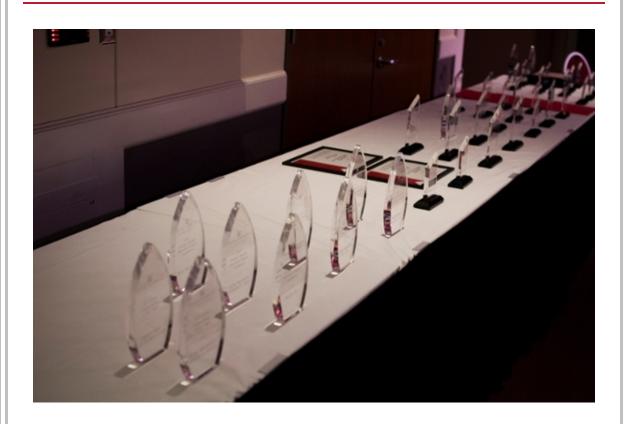
Phired Up has released a great resource with ideas on how to connect virtually.

And don't forget to follow <u>@MUGREEKS</u> on Instagram for more engagement opportunities!



IT'S HAPPENING! EVERYBODY STAY CALM!

How well do YOU know The Office? Join Miami Activities & Programming (MAP) on Thursday, April 2nd at 7pm to show off your knowledge at their first virtual trivia night to win some awesome prizes! Join virtually: bit.ly/maptrivia



SEAL Awards Save the Date!

A New Date will be Announced Soon!

Our Annual SEAL Awards Celebration will continue - just virtually. As we work on the mechanics of the program we will keep you updated once a new date and delivery method has been determined. Stay Tuned!



STUDENT ACTIVITIES AND CLIFF ALEXANDER
OFFICE OF FRATERNITY AND SORORITY LIFE









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