



Carleton

PARENTS & FAMILIES

NEWSLETTER

September 19, 2025



The Class of 2029 on Day 2 of New Student Week. *Photo by Harry Pound*

Campus News

Welcome Parents and Families

Dear Parents and Families,

[Subscribe](#) to our email list.

I hope that you all had enjoyable summers, and that your student is looking forward to the year ahead! It's been a busy summer on campus, with a number of construction projects, including the beautiful new Class of 1974 Center, the new home for Student Health and Counseling (SHAC), the Office of Accessibility Resources, Title IX, Community Standards, and Human Resources. It offers more private, state-of-the-art exam rooms, additional counseling space, and spaces for supporting academic accommodations. The new townhomes along Union Street are looking terrific as well. [Read more](#)



—President Alison Byerly P '15

Carleton Traditions: Why the Cow?

You may have noticed Northfield's slogan, "Cows, Colleges, and Contentment" which comes from the city's agricultural history and as a college town with two liberal arts institutions, Carleton and St. Olaf College.

On campus, students dress up in cow costumes to greet the incoming students during New Student Week (NSW). The cow usually only appears during NSW and is a more elusive unofficial mascot.



[Explore More Traditions](#)

Carleton recognized as national leader in advancing first-generation student success

[FirstGen Forward](#) recently announced Carleton as one of only 18 higher education institutions selected to its newest class of [FirstGen Forward Network Champions](#). Network Champion institutions are an exclusive group serving as national leaders in advancing first-generation efforts and contributing to an important knowledge base of evidence-based practices, leadership engagement, and scaling student supports.

Career Center Updates

Career connections begin here

It's never never too early for students to explore future opportunities. The Career Center provides a variety of events and workshops throughout each term. Each year, there are several opportunities for students to connect with potential employers — the first event is on Monday, September 22.

The Fall Recruiting Showcase is a collaboration between Carleton and St. Olaf that provides students the opportunity to learn from industry leaders and make connections with hiring managers in a casual, low-stakes environment. This event is intended for all interest levels. [Read more](#)



Knights Sports Highlights



Knights finish 7th in loaded field at NCAA Preview

In a field that was loaded with talent and featured 13 of the top 25 teams in this week's Women's Golf Coaches Association (WGCA) poll, the Carleton women's golf team finished seventh of 15 total teams at the NCAA National Preview, which took place at Desert Willow Golf Resort. [Read more.](#)

Knights take 2nd at Hamline Invitational

The Carleton College men's cross country team finished second of nine teams at the Hamline Invitational. The Knights finished with a team score of 54, trailing Macalester College (45 points) but nearly 20 points ahead of third-place Saint John's University (73 points). [Read More.](#)



Find more [headlines, results, and the schedule for all varsity sports](#) on the Knights website. You can find streaming coverage of Carleton sports on the [MIAC Sports Network](#).

Upcoming Events



Influenza and COVID-19 campus vaccination clinics

Carleton is pleased to offer both the seasonal influenza and updated COVID-19 booster vaccination at the upcoming [campus vaccination events](#), open to all students, staff, and faculty. Participation is optional. More information and the link for scheduling can be

found on the [SHAC website](#).



Registration is open for Family Weekend

We hope you'll join us to get a taste of what your students are experiencing at Carleton. Check out the [schedule](#) of both in-person and virtual events and be sure to register so we know you're coming!

[Schedule and Registration](#)

Team up to support All Day, All Knights 2025

Carleton's third-annual All Day, All Knights fundraising challenge for the Carleton Athletic Initiative will take place during Homecoming and Family Weekend this October 17-18. Save the date to help us reach our goal of 400 donors during this all-day challenge!

Alumni Spotlight

David Best '00 named new CEO of Cub Foods

David Best '00 has been named the new CEO of Cub Foods by Cub's parent company, Rhode Island-based United Natural Foods Inc. (UNFI). Best, the former president and chief operating officer at St. Cloud-based Coborn's Inc., also will lead UNFI's Shoppers Food Warehouse stores. As CEO, he will be responsible for accelerating UNFI's retail business growth strategy. Best studied economics at Carleton.



Useful Links

- [Parent/Family Gateway](#)
- [Weekly Convocations](#)
- [Campus Calendar](#)
- [2025-2026 Academic Calendar](#)
- [Make a gift to the Parents Fund](#)



Parents & Families
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