Wake Forest<sup>®</sup> Baptist Health

Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus. **Philippians 4:6-7; NKJV** 

# The Power of Prayer for Supernatural Strength and Authority

Samaritan's Purse is committed to supporting your spiritual and mental wellbeing and we believe one of the most powerful tools at our disposal is prayer. We would like to invite you to read this article,



"The Power of Prayer for Supernatural Strength and Authority" from <u>Crosswalk.com</u>. Below is an expert, you can read the full article by clicking the link below.

"God's purpose may be thwarted or it may be accomplished depending, to one degree or another, on the obedience of His people and their willingness to use the weapons of spiritual warfare that He has provided. God is powerful enough to win any battle, but He has designed things so that the release of His power at a given moment of time often is contingent upon the decisions and the actions of His people. A principle weapon of spiritual warfare is prayer. Not just routine or mediocre prayer, but prayer powerful enough to move God's hand in order to determine the destiny of a whole nation."

C. Peter Wagner

**Do we realize the power we have available to us when we take our authority in prayer?** Most of us don't realize our authority because if we did, we would be praying far more. We would be sacrificing everything else in order to pray. Instead of worrying about the increase in evil in our land, we would be on our faces before God crying out for His intervention. Unfortunately in many churches prayer is the weakest link. It should be the strongest one because it is the key to God's blessing in the spirit realm.

### We work together with God's power when we exercise our authority in prayer.

Authoritative intercession and heartfelt repentance is key to breakthrough in America. By exercising our authority in prayer and standing strong in God's truth, we are working together with Him to determine the future of our nation. We have authority in prayer to actually see our personal lives and the lives of others change. We can pray authoritative prayers for our neighborhoods and cities. Certain things in history will happen through our intercession if we pray the way God wants us to pray. We can change nations through prayer if we choose to use this mighty weapon.

**Continue Reading** 

### Join the Wellness Committee

Are you passionate about health and wellness? Do you like fitness? Do you love to motivate others on their wellness journey?

If so, the Wellness Committee at Samaritan's Purse is looking to add members to the Charter Committee. The Wellness Committee meets once



a month for an hour and focuses on hosting 3 - 4 events per year at Samaritan's Purse. If you are interested in potentially serving, please send an email to <u>benefits@samaritan.org</u> and indicate your name and which department you work in at Samaritan's Purse.

### **BBQ Mango Chicken**

2 lbs of Chicken breast

6 to 8 Tbsp of BBQ sauce

4 oz of Mango puree

2/3 Tbsp Garlic powder

Optional: Dash of bread crumbs (for on top)

#### **Directions:**

Preheat the oven to 375 degrees.



Mix the BBQ sauce, garlic powder, and puree mango. Pour a third of the sauce into a baking dish.

Cut the chicken into 4 oz pieces and place into a baking dish.

Cover with sauce.

Sprinkle bread crumbs if desired and place in the oven for 15 to 20 minutes, or until thoroughly cooked.

Enjoy with corn or baked beans to round out the meal!

### **New Wellness Website**

In collaboration with Wake Forest Baptist Health, Samaritan's Purse has launched a Wellness Website just for you! The Wellness Website includes:

- · Link to book clinic appointments online
- Information and FAQs about the services offered at the clinic
- Meet your care team
- · General wellness resources
- Link to sign up for the monthly wellness newsletter, and past issues
- And more!

It can be found at <u>samaritanspursewellness.com</u>



### Check it out

Book An Appointment At The Clinic

Wellness Website

myWakeHealth



## Call the Clinic

Boone: 828-588-2020 N. Wilkesboro: 828-588-6262

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