



# the COLORADO CHAPTER

# Oct. 2019

news from your local nonprofit for all bleeding disorders

## PROGRAM & EVENT CALENDAR



## Are YOU Attending National Hemophilia Foundation BDC?

### If so we want to hear from you!

We invite you to connect with the NHF Colorado Chapter and members throughout your time at the Bleeding Disorders Conference.

We invite you to join us for a Chapter Dinner on Friday, October 4th! Meet us in the lobby at 5:15pm sharp to travel together.

Let us know if we should expect you! Join our Facebook event or contact Hanna via text or email at 646-499-0684 or [hbeary@hemophilia.org](mailto:hbeary@hemophilia.org)

Chapter BDC Dinner

## Women's Wellness Retreat Sunday, October 13th 2019

*Washington Park Boathouse  
South Franklin Street Denver, CO 80209*

*Registration, Breakfast and  
Exhibits begin at: 9:00AM-10:00AM*

**REFUNDABLE REGISTRATION FEE OF \$25**

Are you looking for a day out of the house that is all about YOU? This is the perfect opportunity! **For ALL women** ages 18+ who are affected, carriers or caregivers this is an opportunity to connect with your local bleeding disorder community on a different level. Build stronger connections within your bleeding disorder community while we dive into how to practice mind, body and self care methods!

There will be a small continental breakfast along with an open exhibit area. Lunch will be a fun, hands on program that focuses on the importance of nutrition and what foods you choose to eat.

Dress comfortably because we will be doing yoga on the lawn! There will be a yoga mat for every participant to **take home!**

*Did I forget to mention we will be doing a succulent planting activity that you also get to take home?!*

You don't want to miss out on the day full of fun activities!



# CONGRATULATIONS!

Thank you to ALL who joined us on August 24th, 2019 at Sloans Lake for the Unite for Bleeding Disorders Walk!

Together we collectively have raised over \$72,000! Your participation enables us to continue pushing forward with programming that supports community members. As the only organization to support individuals with bleeding disorders in Colorado, it is our responsibility to ensure our community has the resources it needs to be happy and healthy.

**RSVP today!**

For More Info and Registration

## CONGRATULATIONS

### To Our Academic Scholarship Recipients!

The 2019 NHF Colorado Chapter Academic Scholarships have been awarded! On behalf of the scholarship committee and NHF Colorado thank you to all who have expressed an interest and applied. It is with great pleasure to notify the community that we have chosen two EXCELLENT recipients to represent the chapter for the 2019/2020 academic year.

**The 2019 NHF Chapter Scholarship is being awarded to Alex Fish!** Alex has shown strong involvement in both his bleeding disorder community and his local community. Alex just obtained his pilot's license while continuing to work full-time and is also a full-time student at the University of Colorado Boulder.

**The 2019 Mary Jane Lambert Memorial Scholarship is being awarded to Malia Jackson!** Malia is attending the University of Colorado in Colorado Springs while pursuing a degree in Psychology and a minor in Women in Ethnic Studies. Malia has strong memories of attending summer camp as a child which is what prompted her to continue to volunteer and serve as a camp counselor.

It is because of the strong involvement in the chapter and local community as well as outstanding character why we are proud to help support individuals in the bleeding disorder community to the best of our abilities. We are proud to invest into the youth and a program that aids our community to pursue higher education.

**Congratulations to this year's scholarship recipients!**



## Infusion Clinic

**Saturday, October 19, 2019**

**9:00 am-11:00 am**

*Hemophilia Treatment Center 13199 E  
Montview Boulevard, Suite 100 Aurora, CO  
80045*

Come join Chapter and HTC Nursing staff for our Self-Infusion Clinic Series!

This program is designed to give patients and parents the chance to learn or practice self-infusion skills under the medical supervision of the HTC nursing staff. Open to all who would like to learn how to self-infuse as well as those who just want to refine current skills; it is a great opportunity for mild, moderate, vWD, or any other diagnosis that often does not get the chance to try these skills. Become independent in a safe and supportive

CONTACT US

MANAGE EMAIL PREFERENCES

environment!

RSVP For Infusion Clinic TODAY!

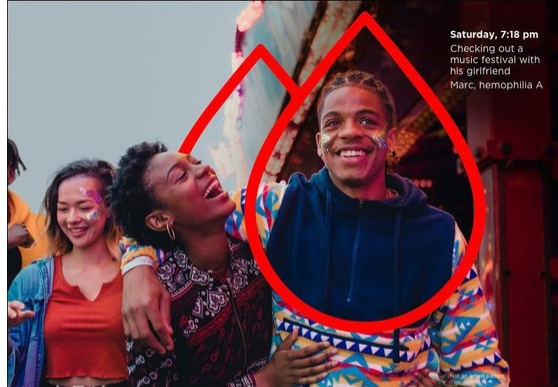
## A once-weekly injection

For people with hemophilia A

Hear from the community about a different treatment option



LEARN MORE >



Saturday, 7:18 pm  
Checking out a music festival with his girlfriend Marc, hemophilia A

### IN THIS TOGETHER

We're here to support you and the bleeding disorders community. Let's make today brilliant.



BAXALTA AND SHIRE ARE NOW PART OF TAKEDA

JOIN US

Copyright © 2019 Takeda Pharmaceutical Company Limited, Lexington, MA 02421. All rights reserved. BAXALTA, BAXALTA logo, SHIRE and the SHIRE logo are trademarks or registered trademarks of Takeda Pharmaceutical Company Limited. 046144 03/19

## FACTOR REPLACEMENT MIRRORS THE PROTECTION WITHIN



Copyright © 2019 Takeda Pharmaceutical Company Limited, 300 Shire Way, Lexington, MA 02421. 1-800-828-2088. All rights reserved. TAKEDA and the TAKEDA logo are trademarks or registered trademarks of Takeda Pharmaceutical Company Limited. 046144 03/19



COLORADO CHAPTER NATIONAL HEMOPHILIA FOUNDATION

1385 S. Colorado Boulevard, Suite #610

Denver, CO 80222

<http://cohemo.org/> | [info@cohemo.org](mailto:info@cohemo.org) | (720) 545-0755

Share this email:



[Manage](#) your preferences | [Opt out](#) using TrueRemove™

Got this as a forward? [Sign up](#) to receive our future emails.

View this email [online](#).

1385 S. Colorado Blvd. Suite #610  
Denver, CO | 80222 US

This email was sent to .

*To continue receiving our emails, add us to your address book.*

[Subscribe](#) to our email list.