the COLORADO CHAPTER

Oct. 2019

news from your local nonprofit for all bleeding disorders

PROGRAM & EVENT CALENDAR

Women's Wellness Retreat

Sunday, October 13th 2019

Washington Park Boathouse
South Franklin Street Denver, CO 80209

Registration, Breakfast and
Exhibits begin at: 9:00AM-10:00AM

REFUNDABLE REGISTRATION FEE OF $25

Are you looking for a day out of the house that is all about YOU? This is the perfect opportunity! **For ALL women** ages 18+ who are affected, carriers or caregivers this is an opportunity to connect with your local bleeding disorder community on a different level. Build stronger connections within your bleeding disorder community while we dive into how to practice mind, body and self care methods!

There will be a small continental breakfast along with an open exhibit area. Lunch will be a fun, hands on program that focuses on the importance of nutrition and what foods you choose to eat.

Dress comfortably because we will be doing yoga on the lawn! There will be a yoga mat for every participant to ***take home!***

Did I forget to mention we will be doing a succulent planting activity that you also get to take home?!

Are YOU Attending National Hemophilia Foundation BDC?

If so we want to hear from you!

We invite you to connect with the NHF Colorado Chapter and members throughout your time at the Bleeding Disorders Conference.

We invite you to join us for a Chapter Dinner on Friday, October 4th! Meet us in the lobby at 5:15pm sharp to travel together.

Let us know if we should expect you! Join our Facebook event or contact Hanna via text or email at 646-499-0684 or hbeary@hemophilia.org

Chapter BDC Dinner

Unite for Bleeding Disorders

CONGRATULATIONS!

Thank you to ALL who joined us on August 24th, 2019 at Sloans Lake for the Unite for Bleeding Disorders Walk!

Together we collectively have raised over $72,000**!** Your participation enables us to continue pushing forward with programming that supports community members. As the only organization to support individuals with bleeding disorders in Colorado, it is our responsibility to ensure our community has the resources it needs to be happy and healthy.

You don't want to miss out on the day full of fun activities!

RSVP today!

For More Info and Registration

CONGRATULATIONS

To Our Academic Scholarship Recipients!

The 2019 NHF Colorado Chapter Academic Scholarships have been awarded! On behalf of the scholarship committee and NHF Colorado thank you to all who have expressed an interest and applied. It is with great pleasure to notify the community that we have chosen two EXCELLENT recipients to represent the chapter for the 2019/2020 academic year.

The 2019 NHF Chapter Scholarship is being awarded to Alex Fish! Alex has shown strong involvement in both his bleeding disorder community and his local community. Alex just obtained his pilot's license while continuing to work full-time and is also a full-time student at the University of Colorado Boulder.

The **2019 Mary Jane Lambert Memorial Scholarship is being awarded to Malia Jackson!** Malia is attending the University of Colorado in Colorado Springs while pursuing a degree is Psychology and a minor in Women in Ethnic Studies. Malia has strong memories of attending summer camp as a child which is what prompted her to continue to volunteer and serve as a camp counselor.

It is because of the strong involvement in the chapter and local community as well as outstanding character why we are proud to help support individuals in the bleeding disorder community to the best of our abilities. We are proud to invest into the youth and a program that aids our community to pursue higher education.

Congratulations to this year's scholarship recipients!

CONTACT US

MANAGE EMAIL PREFERENCES

Infusion Clinic

Saturday, October 19, 2019

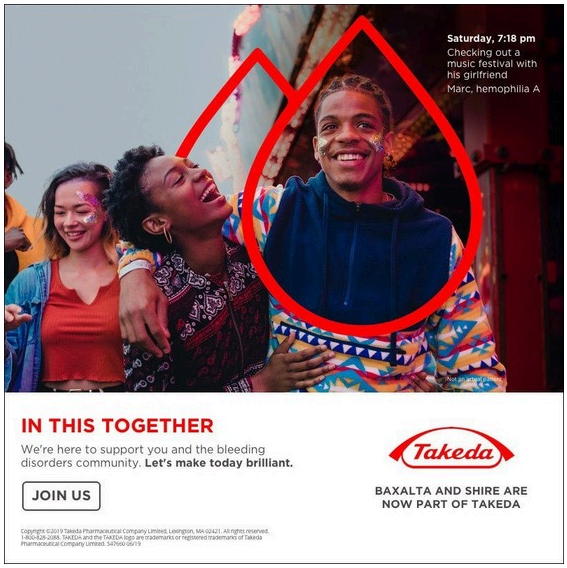
9:00 am11:00 am

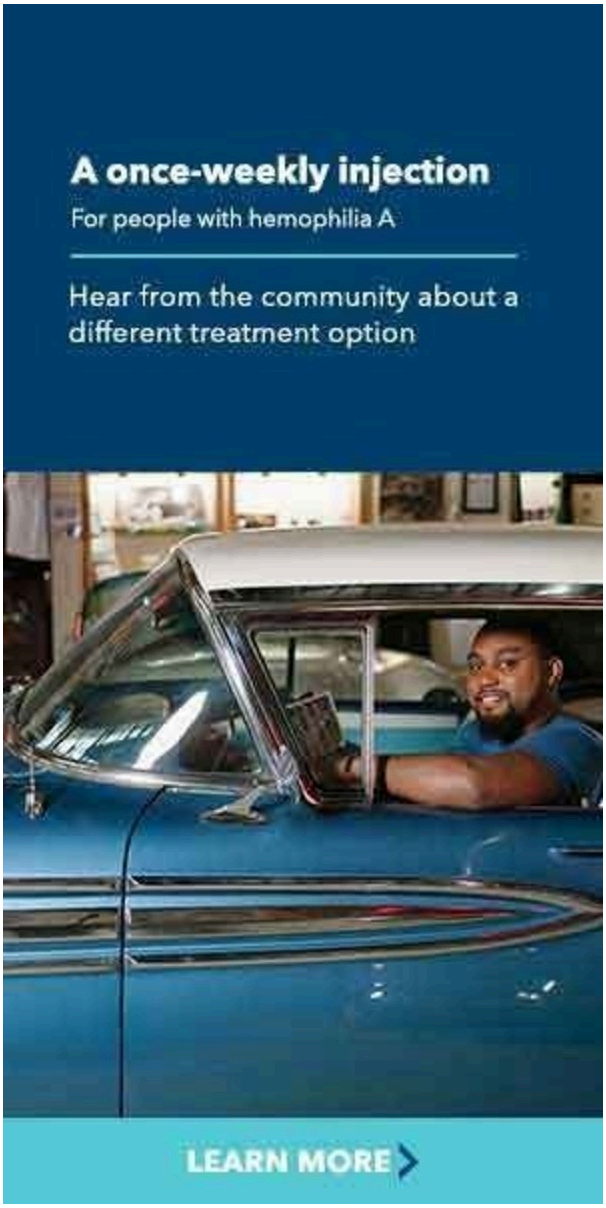
Hemophilia Treatment Center 13199 E Montview Boulevard, Suite 100 Aurora, CO 80045

Come join Chapter and HTC Nursing staff for our Self-Infusion Clinic Series!

This program is designed to give patients and parents the chance to learn or practice self-infusion skills under the medical supervision of the HTC nursing staff. Open to all who would like to learn how to self-infuse as well as those who just want to refine current skills; it is a great opportunity for mild, moderate, vWD, or any other diagnosis that often does not get the chance to try these skills. Become independent in a safe and supportive environment!

RSVP For Infusion Clinic TODAY!





COLORADO CHAPTER NATIONAL HEMOPHILIA FOUNDATION
1385 S. Colorado Boulevard, Suite #610
Denver, CO 80222
http://cohemo.org/ | info@cohemo.org | (720) 545-0755

Share this email:

Manage your preferences | Opt out using TrueRemove™
Got this as a forward? Sign up to receive our future emails.
View this email online.

1385 S. Colorado Blvd. Suite #610
Denver, CO | 80222 US

This email was sent to .
To continue receiving our emails, add us to your address book.

Subscribe to our email list.