# Travis County Medical Society

## eNews

**April 2026**

Serving over 4,700 members

# MEMBER *spotlight*



## Amy DeKerlegand, MD

### Austin Surgeons

Renowned plastic surgeon Thomas Krizek once noted, “The best surgeons are those who learn early on that surgery is a team sport. Respect and collaboration are as vital as the scalpel." One of our newer TCMS members, Dr. Amy DeKerlegand, lives by this philosophy. For her, surgical excellence isn't just about technical skill—it’s about the strength of the collective.

**Read more here.**

## In Case you Missed It...
## The March/April *TCMS Journal*

In this issue of the *TCMS Journal*, we’re turning the spotlight on the leaders of organized medicine while also exploring leadership training and TMA opportunities designed to take your medical career to the next level.

**Read the Digital Edition Here**



## Member Applicants

**View information and photos of new TCMS members.**







Each year, TCMS partners with Austin ISD to make certain that uninsured students or those without a medical home receive the physicals they need to participate in sports, march in band, or cheer. Through our collaboration with CommUnityCare, these physicals are provided in a medical facility—offering students a private, thorough, and comprehensive physical exam.

Physicians will be needed for each of the following evenings:

**NORTH CENTRAL**
**THURSDAY, APRIL 30, 2026** at 5:30 pm
CommUnityCare: North Central Health Center
*1210 W Braker Ln, Austin, TX 78758*

**SOUTHEAST**
**TUESDAY, MAY 5, 2026** at 5:30 pm
CommUnityCare: Southeast Health Center
*2901 Montopolis Dr, Austin, TX 78741*

**Volunteer for 2026 Athletic Physicals**

*Note:* GU/hernia exams on boys are not included in the physical based on current recommendations of the American Academy of Pediatrics and the American Academy of Family Physicians.

## Retired Physicians Organization (RPO) April Luncheon



## Speaker: Dr. Jo-anne Holley

Associate Professor of Practice, University of Texas at Austin

**Date**: Tuesday, April 21, 2026
**Time**: 11:30 AM
**Place**: Tarrytown Methodist Church
*2601 Exposition Blvd, Austin, TX 78703*
**Cost**: $25.00 per person
*(non-refundable)*

**Register**

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*Advertisement*




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**Tuesday, April 28, 2026 | 12:00 - 1:00 PM**

Strengthen your public speaking skills in an interactive session with a leading expert. Learn to communicate confidently with leadership, engage an audience, and prepare for testimony or deposition—with practical tips you can use right away.

Virtual - Zoom

**Speaker: Brent Annear, TMA AVP**
Media Relations & Leadership Advancement

**Course Objectives:**
At the conclusion of this educational presentation, the participant will be able to:

- Learn the steps to prepare for successfully giving a speech

- Learn and apply several tools and tips for the best speech delivery
- Overcome anxiety and fears to succeed in delivering a speech

**CME Credit**: Earn 1 *AMA PRA Category 1 Credit™*

**Register Now**

The Texas Medical Association is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The TMA designates this live activity for a maximum of *1 AMA PRA Category 1 Credit™* and 1 credit in ethics and/or professional responsibility.

## What's Your Hobby?

The *TCMS Journal* invites our member physicians to step out from behind the stethoscope and share the hobbies that help them find balance for our May/June Wellness Issue.

Whether you find your Zen on a hiking trail, at an easel, or in the kitchen, we want to celebrate the "stress-busters" that keep you resilient. Share a photo of yourself in action or a shot of your recent work and a brief note explaining why this hobby is your favorite way to unwind.

Interested in sharing?  Fill out this brief form today!




**Click Here to Share**

TEXMED 26
ADVOCATE • EDUCATE • INNOVATE
APRIL 16-18

TexMed 2026 is TMA's premier annual conference. The conference offers opportunities to connect with physician leaders, learn from informative presentations, and earn CME—including a featured keynote address. It's also where TMA annually develops and approves its policy in its 400-plus member House of Delegates. Between sessions, enjoy exploring the Expo Hall, which will feature a new Tech Village showcasing the latest innovations in augmented intelligence and other cutting-edge technology tools. This year's conference will be held in Corpus Christi.

**Reserve Your Spot**




## Friends of the Society:

The following information highlights some of our sponsors for 2026 as part of the Friends of the Society program. Their generous contributions allow us to offer networking opportunities, educational resources, family activities, and much more. We invite you to explore their services for your needs.

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San Antonio, Texas



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## Stay Connected with TCMS

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